

Junior Cooking Edition

Two unusual recipes are included today. One for modeling clay should come in handy during the summer vacation. The other is equally at home in summer weather, Frozen Banana Pops.

An unusual stroganoff with yogurt was sent in by Norleen Zimmerman, and Linda Poole writes, this recipe for Hot Fudge Sauce makes "the best hog fudge sundae you'll ever eat."

Our junior cooks have been busy submitting their recipes, why don't you take some time from your busy schedule to try something new?

MODELING CLAY

- 1 cup flour
- 1 teaspoon salt
- ½ teaspoon cream of tartar
- 1 cup water
- 1 tablespoon cooking oil
- food coloring

Cook in a saucepan over low heat until a dough forms. Cover tightly when not in use.

Levi E. Zook, Age 8, Lititz

GOLDEN BUTTER CAKE

- ¾ cup soft butter
- 1¾ cup sugar
- 3 cups cake flour
- 2½ teaspoons baking powder
- 2 eggs
- 1½ teaspoons vanilla
- 1 teaspoon salt
- 1¼ cup milk

Mix together with a fork and bake at 350° F. until the center springs back when touched lightly.

Sallie Stoltzfus, Age 9, Christiana

SCOTCH TREATS

- 1 6-ounce package of butterscotch morsels (1 cup)
- ½ cup peanut butter
- 3 cups Rice Krispies

Melt butterscotch morsels and peanut butter together in a large saucepan over very low heat, stirring constantly. Remove from heat. Add cereal. Stir until well-coated. Press mixture into a buttered 9x9x2 inch pan. Chill until firm. Makes 24 1½x1½ inch squares.

Nancy Hoover, Reinholds

FEATHER CAKE

- ¾ cup lard
- 2 cups sugar
- 3 eggs
- 1 cup milk
- 3 cups flour
- 2 teaspoons baking soda

Cream sugar and lard together, add eggs and milk and beat until light and fluffy. Add flour and soda and mix until thoroughly blended. Bake at 350° F. until the top springs back when touched lightly.

Emma King, Age 13, Willow Street

SHOO FLY PIE

- 1 cup flour
- 1 rounded tablespoon Crisco
- ¾ cup brown sugar

Mix the above ingredients and reserve ½ cup for the topping. Sprinkle the crumbs in an unbaked pie crust. In a separate bowl mix:

- 1 cup molasses
- ¾ cup water
- 1 egg, beaten

Mix all and add 1 teaspoon soda to ¼ cup hot water. Add to the liquid mixture and promptly pour over the crumb mixture in the pie crust. Put the reserved crumbs onto the top.

Elvin Menno Yoder, Age 9, Meyersdale

PEANUT BUTTER MARSHMALLOW TREAT

- ¼ cup margarine or butter
- 1 10-ounce package regular marshmallows
- ¼ cup peanut butter
- 5 cups Rice Krispies cereal

Melt margarine in large saucepan over low heat. Add marshmallows and stir until completely melted. Cook 3 to 4 minutes longer, stirring constantly. Remove from heat.

Stir peanut butter into marshmallow mixture. Add Rice Krispies cereal. Stir until well coated. Using a buttered spatula or waxed paper, press mixture evenly into buttered 13x9x2 inch pan. Cut into squares when cool. Yields 24 squares 2x2 inches.

Mary Nolt, Age 13, Ephrata

BEEF POTATO YOGURT STROGANOFF

- 3 pounds (4½ cups) sliced potatoes
- ¼ cup onion, chopped
- 4 tablespoons oil
- 1 cup beef stock
- ½ cup yogurt
- 1 pound of hamburger

Brown hamburger and onions in oil. Add potatoes and beef stock. Cook until tender and add yogurt. Serve.

Norleen Zimmerman, Denver

SOUR CREAM PEACH TART

- 12-14 peach halves
- ¾ cup sugar
- 2 eggs
- 1 cup sour cream or yogurt
- pastry for one 9-inch crust

Place peach halves tightly together in an unbaked crust. Beat eggs, add sugar and sour cream. Mix thoroughly. Pour mixture over peaches and bake at 425° F. for 15 minutes. Reduce heat to 375° F. and continue to bake for 35 minutes. Makes one 9-inch pie.

Norleen Zimmerman, Denver

CANDIED APPLE PIE

- 2 cups sliced apples
- 1½ cups brown sugar
- ½ cup butter
- 1 cup flour
- 1 cup whipped cream

Grease a 9-inch pie plate. Cover bottom with a layer of sliced apples. Add ½ cup brown sugar. Mix together butter, flour and remaining sugar. Sprinkle mixture over apples and bake for 45 minutes at 375° F. Serve with whipped cream. Serves six.

Kathryn M. Brubaker, Age 12, Ephrata

HOT FUDGE SAUCE

- ¾ cup sugar
- ¼ cup margarine or butter
- 2 squares chocolate
- 2 tablespoons corn syrup
- dash of salt
- ¼ cup milk
- 2 teaspoons vanilla

Cook sugar, margarine, chocolate, corn syrup and salt over moderate heat, stirring until blended. Add milk and bring to a boil, stirring constantly until thickened. Remove from heat and stir in the vanilla. Makes about 1 cup of sauce. This sauce may be reheated. Serve over ice cream.

Linda Poole, Age 13, Jarrettsville, MD

FROZEN BANANA POPS

- 3 tablespoons margarine or butter
- ½ cup semi-sweet chocolate morsels
- 4 firm bananas
- 8 wooden skewers
- 1½ cups frosted rice cereal

Melt margarine and chocolate morsels together in small saucepan over low heat, stirring constantly. Pour chocolate mixture into shallow dish or pan. Set aside.


Peel bananas. Cut in half crosswise. Insert skewer into cut end of each half. Immediately dip each banana in melted chocolate, spreading to coat evenly. Roll in frosted rice cereal, pressing cereal gently into chocolate. Place on waxed paper-lined trays. Freeze until firm, about 2 hours. Serve frozen. To store, wrap individually in aluminum foil. Return to freezer. Makes 8 servings.

Helen Hoover, Age 15, Reinholds

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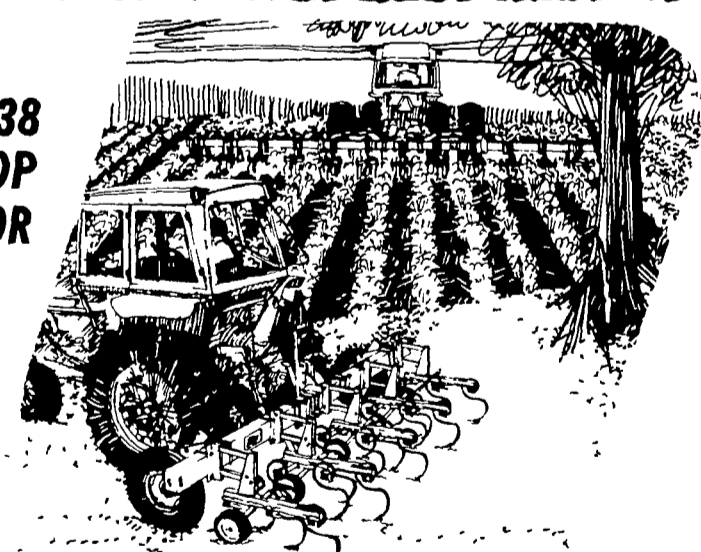


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