# Spring Rally features latest fashions for farm women

BY JOYCE BUPP Staff Correspondent

YORK — A thousand women from across the state converged here last Thursday for the Spring Rally of the Pennsylvania Society of Farm Women. York County hosted the annual luncheon event at the spacious Memorial Hall on the York Fairgrounds Highlighting the morning program was a lighthearted fashion show staged by Group 9 of Franklin County Original creations featured designs like the Spring dress accented with assorted size metal springs, the (feed) sack dress, a tea dress dangling with dry tea bags, and the cotton dress done in dozens of balls of fluffy,

white puffs. Then there was the nylon dress styled of recycled pantyhose, and accented with a "cow" neckline, that won approval

from the audience of women A kitchen dress came complete with matching colander hat and the flowered dress was a

## Soy oil - the common ingredient in many foods

ST LOUIS, Mo — As a homemaker, you're concerned about your family's diet and, of course, you want to know what you're eating. What 8 out of 10 people don't know is that they eat soy oil just about every day.

Go to the cupboard and read the labels on salad dressing, soup cans, cooking oils, or shortening. The odds are that soy oil will be listed as one of the ingredients

Most people have the impression that almost all vegetable oils are made from corn or sunflowerseeds But the truth is, soy oil stands alone at the top of the market for all edible fats and oils in the U S More than 95 percent of the total U S production of soy oil is utilized by food processors. From soy oil comes three-quarters of all margarine, two-thirds of the salad and cooking oils, and half the frying and baking oils.

Soy oil is a nutritious, light, economical product. This vegetable oil is favored for its high smoke point (which means the oil can be heated to a temperature of about 450°F) and for versatility Soy oil works well in any recipes in which an oil is needed for frying, baking, or in salads

This year the USDA predicts the US farmers will produce 67 percent of the world's total supply of soy oil. With such a large supply available domestically, the price of soy oil remains one of the best buys at the supermarket.

Soy oil, like other vegetable oils, can be recommended for people who are on reduced cholesterol diets since it contains absolutely no cholesterol. And soy oil is low in saturated fats and high in polyunsaturates.

With the value of many foods under close scrutiny today, homemakers can be reassured by the fact that nutritionists and cooks alike agree soy oil has genuine benefit in the kitchen. walking garden of brilliant plastic blooms

Models who took part in the hiliarious fashion display were Margaret Burkholder, Pat Van Scyor, Betty Wingert, Betty Rosenberry, Margaret Christman, Grace Reed, Janet Newman, Catherine Knoll, Delores Black, Edna Noll, Marie Dice, Helen Dice, Fay Bricker and Janet Newman

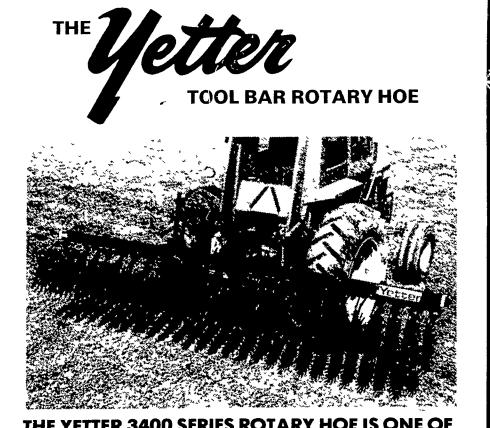
Mabel Rishel, founder of the host York County Farm Women, and a former state president, welcomed the assemblage of society members Also included in the morning program were past state presidents Mary Carman, with a series of readings, and Martee Mentzer, who presented a brief skit and talk. Other participants in the program were Helena Stover, Mrs. Everett Herbst and Mrs. Aaron Denlinger. Afternoon entertainment featured the Helen and Billy Scott show.

Luncheon was prepared by the York County 4-H and included top round that had been deep-pit roasted by the beef club. Mrs. Richard Smyser, president of the York County societies, headed the arrangements for the rally. Other York County officers who helped arrange and host the



Appropriate for a leisurely breakfast might be this year's fashion color: toast. Stella Bricker accessorized her toast dress with a butter handbag.

meeting were Treva Whorl, first vice-president, Sara Eisenhart, secretary, Lizzie Myers, assistant, Sara Richardson, treasurer, Mrs. Clair Heindel, historian and Mrs William Hake, scrapbook chairman.



### Salute to Agriculture essay contest announced

HESSTON, KS — A 'Salute to Agriculture'' essay contest for members of the Future Farmers of America is being sponsored by the Hesston Corporation.

FFA members are being asked to submit a message in 50 words or less on the importance of agriculture to the economy and standard of living in North America, including Canada. A total of \$1500 in prize money will be awarded winning entries. First place winner will receive \$500; two second place winners will receive \$250 each and five third place winners, \$100 each. Winners will be announced at the National FFA Convention in Kansas City on November 12.

The first place entry will be developed into a 30second public service message to be aired over a special Hesston Rodeo television network of approximately 200 stations in the United States and Canada that are scheduled to carry the final performance of the National Finals Rodeo in Oklahoma City in early December.

Last year's winning message submitted by Mike Stewart, Aqua Fria FFA Chapter, Avondale, Arizona, was selected from more than 2500 entires received from FFA members around the U.S.A.

The contest is open to any of the 500,000 bonafide, duespaying members of the FFA. Entry forms and complete rules are available from Hesston Corporation or from the National and State FFA offices

Entries must be submitted no later than September 30, 1980, directly to Hesston Corporation, Hesston, Kansas 67062, Attn: Salute to Agriculture Contest.

Each entry must contain the name, date of submission, address, phone number of the entrant and the name of his FFA Chapter. The entries will be judged by a panel of agriindustry executives.

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