

Home On The Range

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CREAMY OLD-FASHIONED PEA SOUP

1 pound split peas
6 cups water
2 pounds ham shank with meat
¼ teaspoon pepper
3 tablespoons butter
¾ cup finely chopped onion
3 cups milk

Wash peas and drain. Place in large covered saucepot with water, ham shank and pepper. Heat to boiling, cover and reduce heat. Simmer 2-2½ hours or until peas are tender and meat falls off bone.

Meanwhile, in a small saucepan, melt butter, saute onion until tender. Remove bone from broth, cut meat from bone. Return meat to broth along with onion. Gradually stir in milk. Heat to serving temperature.

Esther Burkholder, Kutztown

DOGGY STEW

4 large potatoes
6 hot dogs
1 small onion
½ quart tomato juice

Wash and peel potatoes. Chop up potatoes and onion. Slice hot dogs. Cook potatoes, onion and hot dogs until soft. Add tomato juice and season to taste. Parsley flakes and a little sugar can be added if desired. Serves 4.

Mrs. Charles Rosenberry, Chambersburg

CHICKEN OR TURKEY STEW

4 pounds chicken or turkey drumsticks
salt
1 1 pound can whole tomatoes
1 large onion, thinly sliced
4 cups potatoes, peeled and sliced
1 10 ounce package frozen lima beans
pepper
1 8½ ounce can cut okra (drained)
1 17 ounce can whole kernel corn
1 small red pepper (chopped)

Simmer turkey or chicken in water to cover until meat is tender. Remove meat from broth. Measure the broth and add water to make 7 cups. Combine broth and other ingredients except meat. Cook until vegetables are soft. Add meat, cook about 5 minutes.

Anna Stoltzfus, Harrington, De.

GOOD AND EASY BEAN SOUP

3 pounds ham with bone
broth
1 pound pea beans
2 carrots, thinly sliced
¼ green pepper, diced
3 pieces celery
1 onion
1 quart red tomatoes

Soak dried pea beans 2 hours then drain. Cook ham until tender in 6 quart stock pot. Take out meat and cool. Strain broth through a colander.

Place chopped ham, broth and pea beans in pot over heat and boil. Add carrots, pepper, celery, onion and tomatoes. Salt and pepper to taste. Cook on medium heat about 3 hours.

Mrs. Ralph Waldo Emerson III

Lancaster Farming, Saturday, March 15, 1980—C7

VEGETABLE SOUP

2 quarts of peas
1 quart of corn
2 quarts of carrots
1 quart of lima beans
1 quart of string beans
2 quarts of celery
4 quarts of tomato juice
sugar and salt to taste
7 onions, finely cut

Cook all together. If desired, vary by adding several cans pork and beans or soybeans to the pot. Cook 1 hour. Cool, mix, and put into freezer containers.

Martha Smucker, Lancaster

VIRGINIA STEW

2 smoked ham hocks
2 cups dry navy or lima beans (soaked overnight)
1 quart diced potatoes
2 cups tomatoes
2 onions, chopped

Boil in 3 quarts of water for 1 hour. Add:

2 cups corn
2 tablespoons sugar
2 tablespoons butter
salt and pepper to taste

Boil 20 minutes and then add 1 cup milk before serving.

Mrs. Moses M. Beiler

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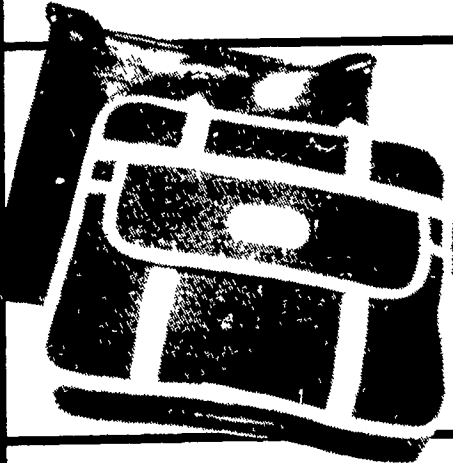
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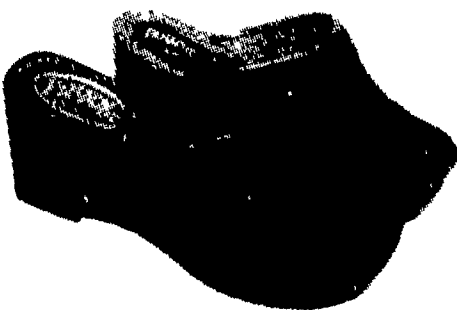


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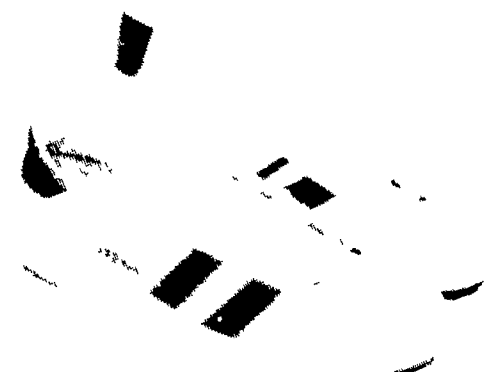
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