

Recipe Swap

Question: Is there a recipe available for the potato donuts made with potato granules as are served at the Farm Show by the Potato Growers Association?
Mrs. Donald M. Herr, Lancaster

Question: I would like to have a recipe for Sour Buckwheat pancakes, which you allow to raise overnight. My mother would put them in a crock, used potatoes for yeast and never emptied the crock.
Robert H. Peters, Easton

HONEY DROP COOKIES

1/4 cup goat butter
1 egg, beaten
3/4 cup honey
2 tablespoons goat milk
2 cups sifted flour
2 teaspoon baking powder
1/2 teaspoon salt
1 cup chopped nuts
1/2 cup chopped dates or figs
1/2 cup chopped candied pineapple

Cream the butter and honey, then add the well-beaten egg to the mixture. Add the nuts and fruits, then add the sifted flour and dry ingredients alternately, adding the goat milk a little at a time. Drop on a cookie sheet and bake in a moderate oven for about 10 minutes.

Mrs. John Gochnauer, Columbia, wrote in response to the request for goat milk recipes. She said she simply substitutes goat's milk in her regular recipes, but she included some goat milk recipes from Dairy Goat Journal.

USDA seeks comments on programs

LANCASTER — The U.S. Department of Agriculture is seeking comments from the public on seven proposals the department has made for possible changes in the nation's soil and water conservation programs.

January 28 is the beginning of a 60-day review period on those proposals and the findings of a two-year study and appraisal of the nation's soil and water that USDA conducted.

In its resource appraisal, USDA found that the nation's cropland and forestland has been decreasing at a rate of two and a half million acres a year. Those acres are being converted to housing and industrial developments, highways, and other nonagricultural uses.

The appraisal also shows that 2 billion tons of topsoil

erode from the nation's farmland each year, and that nearly half the sediment in the nation's waters is soil that has eroded from cropland.

Included in USDA's proposal for changes in the conservation programs is a possibility of federal and state laws that would require farmers to control soil erosion. Also included is a suggestion that farmers might be required to protect their land from excessive erosion before receiving crop insurance, price sup-

GOAT MILK OMELET

Three eggs separated and beaten. To the yolks, add 1 tablespoon flour, 1/2 teaspoon baking powder and salt. Then add 1/2 cup goat milk, beat well and add whites. Have pan hot and pour in omelet and place in hot oven. Bake until firm.

CORN PUDDING

2 eggs, separated
1 cup goat milk
2 cups corn
1/2 teaspoon salt
dash of pepper
2 tablespoons butter
1 teaspoon flour.

Beat together yolks, salt, pepper, butter and milk. Add corn and flour. Fold in beaten egg whites. Pour into casserole, set in hot water in oven. Bake until set, about 45 minutes.

In response to the reader request for Black Walnut Cake, we received the following from Ethel D. Zimmerman, Lancaster, who says, "I have been baking this cake for several years. We enjoy it and hope others will too."

BLACK WALNUT CAKE

1 cup butter
2 cups sugar
1 cup milk
3 cups flour
2 teaspoons baking powder
1 teaspoon vanilla
1 cup chopped nuts
1/4 teaspoon salt
6 egg whites

Cream butter and sugar lightly. Sift flour and baking powder together and add with milk to first mixture. Add nuts and vanilla. Fold in beaten egg whites, add salt. Bake in three eight or nine inch cake pans, greased and floured, in moderate oven at 350 degrees until done. It can be baked in a 10" x 13" pan.

Frosting

3 cups confectioners sugar
1/4 lb. butter
1 teaspoon vanilla

Mix together sugar, butter and vanilla. Add a small amount of milk to desired stiffness and cover with chopped nuts.

December red meat production off 8%

HARRISBURG — Commercial red meat production in Pennsylvania during December totaled 81.2 million pounds, down eight percent from a year earlier.

Cattle slaughter at 53,300 head was down 19 percent while calf slaughter at 19,000 head dropped 26 percent from last year.

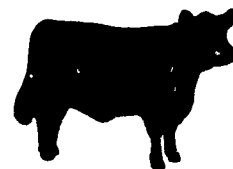
Hog slaughter at 301,000 head increased eight percent from December 1978.

Sheep and lamb slaughter at 11,800 head was up seven percent from a year ago.

Nationally, commercial red meat production during December totaled 3.08 billion pounds, down one percent from December 1978. Beef

production at 1.69 billion pounds was down 11 percent while veal output at 30 million pounds was down 25 percent.

Pork production totaled 1.33 billion pounds, up 18 percent and the 7.64 million head killed was up 19 percent. Lamb and mutton production declined four percent to 23 million pounds.



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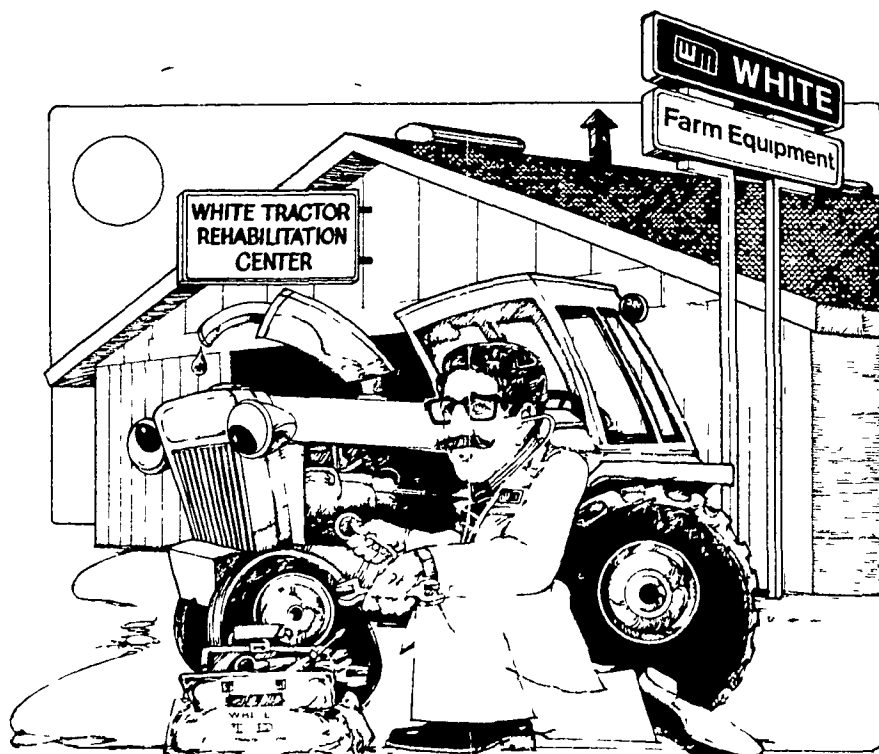
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