

Lancaster Co. woman wins state apple recipe contest

BY SHEILA MILLER

The 1979 blue ribbon winner of the Pennsylvania Apple Marketing Board's recipe contest went to Edith Kampen, of Brickerville, Lancaster County.

Her first place recipe, called Streusel 'N' Apple Cream Pie, walked away with the judges' taste buds. And, Mrs. Kampen walked away with a check for \$200.

This was the first year Mrs. Kampen entered the recipe contest, although she had entered some contests at the Ephrata Fair.

The recipe she chose for her entry was one she had tried ten years ago and it had turned out "lousy". When she heard about the AMB contest on a local radio station, she decided to dig the recipe out of her file and try to make it better.

Starting after Thanksgiving, Mrs. Kampen started experimenting. "I baked about a dozen pies until I got it right," she said. "I kept asking my husband, Nikolaus, if he was getting tired of eating them; but he said as long as I keep baking, he'll keep eating."

One day when she was in a hurry to get her pie in the oven, Mrs. Kampen did something a bit differently than she had done before. Instead of baking the cheese-filling for 20 minutes and then adding the crumb topping and baking again, she just threw all of the ingredients together.

"That's what it needed," she beamed. "The cinnamon and spices had a chance to bake through the filling and it made all the difference."

Apples are one of Mrs. Kampen's hobbies. She has Red and Yellow Delicious apple trees in her back yard, along with a Smokehaus tree in its second bearing year.

Mrs. Kampen grew up on a dairy farm near Brickerville, and was one of a family of eleven. She said there was always a lot of cooking going on.

She still continues to enjoy cooking, but now it's for her husband and five children, Rosanne, 13, Martin, 12, Loten, 9, Katrina, 5, and Anthony, 11 months.



Edith Kampen took top honors for her Streusel 'N' Apple Cream Pie recipe

Getting her recipe perfected, while taking care of her family, was sometimes hectic, she said, but it was fun.

The 1979 Apple Recipe Contest marks the fourth year for the competition which is open to any Pennsylvania resident, said Alan Gallagher, marketing representative for AMB.

This year over 500 entries were received by the Pennsylvania Department of Agriculture. In December, a

panel of three judges narrowed down the competition to the ten best recipe finalists. These people were notified and were asked to make or bake their recipe for the contest held on January 29.

This final competition was held this past week in conjunction with the State Horticultural Meetings in Hershey.

The judges tasted each of the recipes and, after much deliberation, selected the winners.

Other winners included: second place - Estrid Cosgrove's Apple and Almond Cake; third place - Bill Oransky's Candied-Brandied Apple Cheesecake; and fourth place - Shirley DeSantis' Apple Cheesecake Surprise.

The panel of judges were well qualified for their task. Patricia Huff is a home economist for the Penn State Extension Service in Dauphin County; Jana Georges is Secretary-Treasurer of Foodaction, Camp Hill and she is a gourmet cook; and Silvio Giusti is the owner of Alva Restaurant, Harrisburg.

Gallagher noted the purpose of the contest is to promote the use of Pennsylvania apples, and to get people to use apples in preparing their meals.

He said a recipe booklet will be available this summer at roadside markets, from apple growers, and from the PaDA. This booklet will contain the recipe entries for the 1979 contest.

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Shirley DeSantis accepts her prize money from Guy Donaldson, chairman of the Pa. Apple Marketing Board.



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