



For Halloween, why not give a surprise party with these bewitching treats. A menu may include hearty pizza burgers tucked between two delicious kinds of dairy cheese, golden cling peach halves filled with relish and for dessert - chocolate ice cream faces smiling out of orange shells.

Junior Cooking Edition

(Continued from Page 103)

HALLOWEEN PIZZA BURGERS

- 2 pounds ground beef
- ½ cup minced onion
- 1 teaspoon salt
- ½ teaspoon oregano
- ¼ teaspoon pepper
- 1 can (8oz.) pizza sauce
- 6 slices Mozzarella cheese
- 3 large English muffins, slit butter, softened
- 6 slices Cheddar cheese

In bowl lightly mix ground beef, onion, salt, oregano, pepper and ½ cup pizza sauce. Shape into six patties. Broil one side; turn and broil other side to desired degree of doneness. Spoon remaining pizza sauce over patties. Top patties with slices of Mozzarella cheese; return to broiler just until cheese begins to melt. Meanwhile toast and butter muffins. Place a slice of cheese on each muffin; top each with a beef patty. Serve.

PEACH RELISH

- 1 can cling peach halves
- 2 tablespoons pickle relish

In saucepan heat peaches in syrup. Remove from syrup and serve, cut side up. Place one teaspoon relish in center of each peach.

Halloween is for fun and nutritious treats

SOUTHAMPTON - It's time for Halloween and one of the most popular nights of the year as far as youngsters go, says Dairy Council Inc.

Parents can make the night even better by offering nutritious treats to youngsters in place of the usual candy and chewing gum. It's also important to make sure these treats are individually wrapped for the sake of freshness and even safety.

Nutritious treats are easy to offer when the Four Food Groups are kept in mind, says Dairy Council. Apples-on-a-stick—a favorite with youngsters—can be purchased already wrapped at a food store or supermarket.

Other "goodies" may include raisins purchased in their own packs, pre-wrapped bite-sized pieces of cheese, small bags of nuts or dried fruit. The very popular granola bars also pre-

wrapped, make a fine addition to any youngster's grab bag.

For those mothers with the time and inclination, it might benefit them economically to bake their own cookies and wrap them in cellophane or foil for trick or treat offerings. A supply of extra cookies could be frozen and kept on hand for the upcoming holidays. A bran muffin, whole grain or granola cookie containing dried fruits and nuts will satisfy any youngster's need for a nutritious snack.

Halloween is an exciting time for children as they anticipate ghosts and skeletons to materialize around every corner. It can also be a time for fond memories, says Dairy Council, of good and nutritious snacks for tired goblins when they finally return home.

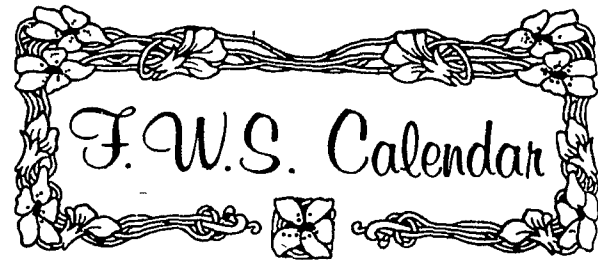
SCS office hours

HARRISBURG - According to Joel Myers of the Soil Conservation Service in Dauphin County, the Harrisburg Field Office will now be open Monday thru Friday from 7 a.m. until 5:30 p.m. The new office hours are a part of a new compressed work schedule designed to reduce energy consumption and to provide expanded service to Dauphin County farmers.

Myers explained the compressed work schedule is being used for a two-year trial period so that its benefits can be fully evaluated. Benefits in addition to expanded service hours should include savings in travel time and reduced mileage.

Also Field Office Per-

sonnel and individuals calling the field office can take advantage of reduced toll calls prior to 8 a.m.



Today, October 27
Lancaster Co. Society 4 meeting at the home of Flossie Garber's, featuring a "Re-Uzit" Shop program
Lancaster Co. Society 5 bus trip

Monday, October 29
"Christmas in October" at the Farm and Home Center

Wednesday, October 31
Lancaster Co. Society 24 square dance at the Wittenburg Studio

Berks Co. Society 7 halloween party
Thursday, November 1
Lancaster Co. Society 17 meeting at 1 p.m. at the home of Ella Ecklin

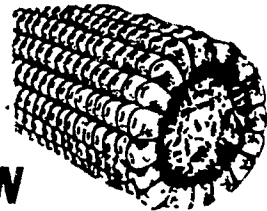
Lancaster Co. Society 21 craft night at the home of Abby Bradley beginning at 7:30 p.m.

York Co. Convention at St Matthews Lutheran Church

Saturday, November 3
Lancaster Co. Farm Women Convention at the Farm and Home Center

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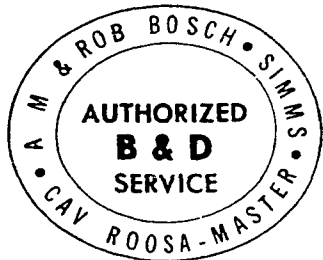


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