

National 4-H Week is a tribute to today's farm, town, and city youth

In honor of National 4-H week, Jimmy Carter, president of the United States, addressed a letter to all 4-H'ers across the country. We have chosen to include portions of his letter for the benefit of all 4-H members, leaders and supporters across the country.

...I wish to take this opportunity to congratulate all those involved in this outstanding youth program on another year of growth and important accomplishments.

Your theme, "4-H - Expanding Horizons," is an especially appropriate one that focuses on the fine way in which 4-H programs are expanding horizons for millions of youth through achievement and self-fulfillment.

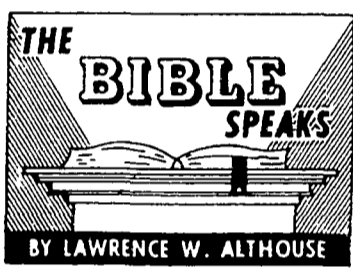
4-H is a program that is reaching out to all young Americans --rural and urban-- from every cultural,

economic and social background. Through learn-by-doing educational projects and activities, 4-H'ers are contributing to energy conservation, environmental improvement, community service, food production and many other areas vital to all of us and participating in valuable programs that aid youth employment and career decisions, health, nutrition and strong family relationships. As a result of its fine exchange programs with many countries around the world, 4-H is making important contributions to international understanding.

I commend you for your accomplishments and challenge you to continue to pursue your quest for knowledge and ways to help solve the many needs and problems of our day. By your involvement, you greatly enrich the lives of all Americans and build a stronger future for our country.



*I pledge my head to clearer thinking,
my heart to greater loyalty,
my hands to larger service,
and my health to better living
for my club, community,
country and my world*



COMMITTED TO JOY

Lesson for October 7, 1979

Background Scripture:
Philippians 1.
Devotional Reading:
Luke 12:22-31.

Many people believe that joy and happiness are something that happens to us. If we are happy, it is because something good has come our way. If we have no joy in our lives, it is because of the joyless circumstances in which we find ourselves. Lots of people seek happiness, but the "right" circumstances seem always to elude them. It seems they are always behind the door when the goodies are passed out.

According to that understanding, Paul was the last man we might expect to experience joy. When he wrote his letter to the

Philippians, he was in jail, imprisoned unjustly on trumped-up charges by his enemies. His great mission had come to a grinding halt, his work was discredited by the authorities and his enemies were gloating.

I Thank My God!

The opening of his letter, then, comes with a bit of a jolt, for he begins with these words: "I thank my God in all remembrance of you, always in every prayer of mine for you all making my prayer with joy..." (Philippians 1:3). That is hardly the testimony of a victimized, embittered man!

In the midst of all his troubles, Paul was thankful!

What for? Well, for one thing, he was thankful for the love and concern of the Philippian church. They had shared in his missionary work and after he was imprisoned they apparently sent him some tangible expressions of their concern. The more cynical might wonder what good their concern was—after all, he was still in jail! But Paul did not see it that way. I Shall Rejoice

In fact, that was the secret of his joy. He looked at the situation he was in and saw it differently than someone

else might. True, he was in jail and unjustly at that, but he was reaching people with his preaching in jail that he couldn't have reached otherwise. Furthermore, some of his enemies were preaching the Gospel just to spite him. Yet, instead of seeing that as a "minus," Paul saw it as a "plus"—"What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in that I rejoice" (1:18). Paul was looking at the same bad circumstances and he was seeing them in a different light.

And the reason for his

different point of view was his commitment to joy. Happiness didn't "just happen" to him. He was not overwhelmed with wonderful events and circumstances. No, he experienced joy because he was determined to find joy in his life. Catch the determination in his "Yes and I shall rejoice!" (1.19). Because his joy was not dependent upon circumstances and good luck, they could put him in jail but they couldn't take away his joy.

Nor can anyone take away your joy — if you're committed to it.



NOW IS THE TIME

By Max Smith, Lancaster County Agricultural Agent
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TO PREPARE FOR FREEZING WEATHER

October is a good time to winterize both buildings and farm machinery. Even though freezing weather may be several weeks ahead, it is still not too soon to be getting ready. Insulation is a big word these days and is surely very important. Not only will adequate insulation reduce fuel costs, but will also prevent condensation of walls and ceilings. Water cooled motors will be needing some anti-freeze, or

be drained. Don't store them away without some attention to prevent freezing. Exposed water pipes will freeze quickly. They may be wrapped with electric heating cable, or buried 24 to 30 inches into the ground. Get ready for winter before the weather gets cold.

TO PREVENT CATTLE STRESS

This is the time of the year when "bold" cattle feeders are trying to fill their feedlots. Even though feeder prices are high, the outlook for fat cattle is favorable and feeders should be alert for their particular kind of cattle and keep the barn busy. When these new cattle arrive one of the most important things is to keep them quiet

for several days and permit them to rest. The less stress and excitement the better for the first two weeks. Segregating new cattle from the rest of the herd is strongly suggested. Many diseases and health outbreaks are brought to the farm and given to acclimated cattle. The investment is too great to handle with careless management.

TO UTILIZE CORN FODDER

Last fall we noticed that more farmers harvested their corn stalks for bedding than in recent years. This is a good practice and we encourage other livestock and dairy producers to use shredded corn stalks for bedding purposes. The organic

matter is still returned to the land when the stalks are used to keep livestock clean and warm. The price of bedding has been high in recent years and shredded corn stalks can fill this need. After the corn is picked, the stalks can be shredded, and when dry can be baled and brought to the barn. The use of corn stalks in this manner that are infested with European Corn Borer, might be one way to help control this insect.

TO SOW A COVER CROP THIS FALL

A number of office inquires recently concerned the planting of a cover crop following tobacco, tomatoes, or

another row crop. This is an excellent practice and we encourage all farmers to keep their land covered with some vegetation during the winter months. The sowing of any winter grain crop can serve as a cover crop; also, both domestic ryegrass and field brome grass can be used to

establish a sod and good winter cover. Next spring the growth can be pastured early and then plowed down or used in a no-till grain operation. Cover crops not only add organic matter but help to hold the topsoil during the winter months. They are well worth the investment.

Farm Calendar

Today, October 6
Eastern National Livestock Show at Timonium, Md.
State 4-H Horse Show at the Farm Show Arena, today and Sunday.
Apple Harvest Festival, South Mountain Fairgrounds, today and Sunday.

Sunday, October 7
"Agriculture in Action Day" tours in Clover Hill area of Flemington, N.J.

Monday, October 8
Lebanon Co. Holstein Banquet at Zoar's Educational Center.
Manheim Community Farm Show opens and continues through Friday.

Tuesday, October 9
Adams Co. Beef Producers Association meeting at Extension office, 7:30 p.m.

Wednesday, October 10
Manheim Community Farm Show parade beginning at 7 p.m.

Md. Cooperative Milk Producers annual meeting at 7 p.m. at the Centre Presbyterian Church.

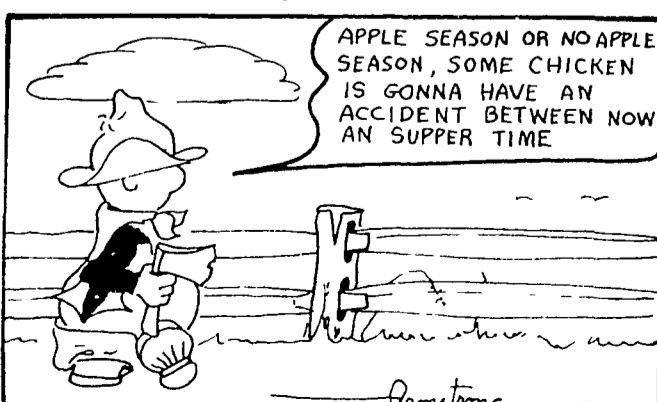
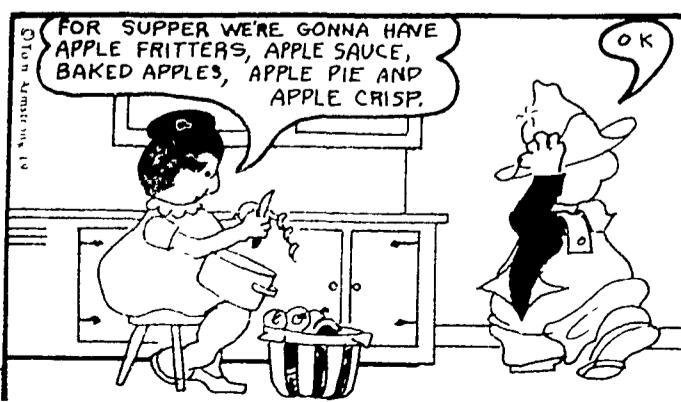
Thursday, October 11
Chester-Delaware County P.F.A. meeting at the Upper Octorara Presbyterian Church near Parkersburg.

Public meeting on Soil and Water Conservation is planned at the Hinkletown Alternate School at 7:30 p.m.

Friday, October 12
P.E.M.A. meeting at the Sheraton-Conestoga.

Saturday, October 13
Pa National Horse Show opens at the Farm Show Complex

RURAL ROUTE



By Tom Armstrong