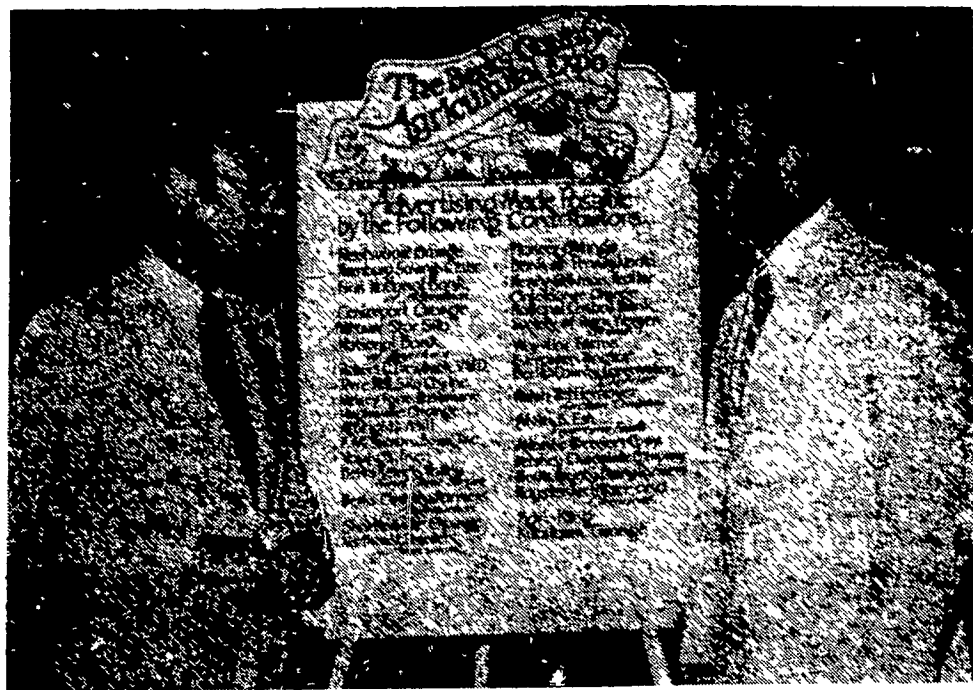


Food preservation course offered



Jack Kooker, president of the Berks County Farmers Association, left, and Berks County Grange Master Feryl Treichler helped to organize the Berks County Agricultural Expo.

Berks County

(Continued from Page 1) felt not just in dollar volume, but also in jobs, Heim emphasized more than once that "agriculture keeps Pennsylvania going." He added that Governor Thornburgh is aware of that fact and there is an orchestrated effort in Harrisburg to insure high priority for farming. Heim also repeatedly stressed the need for more promotional efforts, mixing

those remarks with congratulatory comments to the groups and individuals who were responsible for the Agricultural Exposition. "We have a good product, we need to promote," the deputy agriculture secretary concluded. Mrs. Robert Kopfer of Fleetwood, speaking for the Farmers' Association, reviewed the activities with obvious delight when she was interviewed by Lan-

caster Farming later in the week. She said the crafts were very well received and both adults and children were interested in the numerous displays. About a dozen groups took part in the educational program. The Expo wasn't strictly geared to agriculture, however. Special en-

UNIVERSITY PARK - Food preservation spells food economy - especially when you grow or pick your own produce and preserve it yourself. Or, you may be able to buy when the price is right and can, freeze, store, dry, preserve or "pickle" your purchases. A correspondence course, Canning and Food Preservation, from The Pennsylvania State University, gives detailed directions for all methods of food preservation.

The course gives directions on canning - with timetables - and information on which foods need to be processed with the pressure canner and which with the boiling water bath. Lessons on freezing fruits and vegetables and freezing meats and prepared foods emphasize efficient use of the freezer and list foods that are suitable for freezing.

entertainment included a marionette puppet show and square dancing. "The interest is just wonderful," a delighted Mrs. Kopfer concluded.

Drying and storing foods may sound old fashioned, but methods have been updated for the consumer of the 70's. Pickles, both quick-and-easy and the old-fashioned brined varieties, are discussed in one lesson. Jams, jellies and preserves complete the nine-lesson cookbook-in-one-course. The correspondence course is not designed just for the reader who wants to complete question papers

and return them to Penn State for a completion certificate, but also for the consumer who wants a valuable and handy reference guide.

To get a copy of the Canning and Food Preservation course, send \$5 plus 25 cents postage, to Food Preservation, Box 5000, University Park, Pa 16802. Make check payable to Penn State.

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