

# Life on the Farm

by Dieter Krieg, Editor

Like anyone else, I began my life with one mother. She cared for me for many years and still does, in thought at least, since a thousand miles have separated us for the past decade.

Then, at age 26, I acquired two more mothers. One is Lisa, my wife, and the other is my mother-in-law, who is a source of encouragement and love in her own right. Lisa waits on me hand and foot in any kind of situation. Few men are as lucky as I am, I dare say.

And just in case three mothers aren't enough, I have a fourth one coming along very rapidly. Her name is Heidi, my 2-year old daughter. She also takes good care of me. If I happen to be walking around the house without shoes, for example, she'll take me by a finger and lead me to the bedroom where she'll locate my shoes and hand them to me with a bright smile. What's more, she makes sure I get to the table on time when meals are prepared.

"E, Da, wanna e?" she inquires lovingly as she tugs on a finger. "Come on," she coaxes, until I put down my paper and follow her to the table.

Lisa says I have Heidi spoiled, but, to reveal a carefully kept secret, it's actually the other way around.

I'm a happy, lucky man because of the four mothers that love and take care of me.

Since my real mother has been the subject of my previous Mother's Day writings, I'll concentrate this year on the girl who has faithfully kept her promise to take care of me for better or worse. Lisa has been devoted to my needs and ambitions for every day of our marriage and has also been a loving mother to our three children, as well as to me.

Kind, patient, trusting, thoughtful, understanding, pretty, and loving are a few of the words that describe my wife. To have married a farmer, or worse yet a newspaperman, she needs all of the above qualities to make the marriage work. My hours are often erratic, and my time at home is sometimes very brief and hurried.

Once, for example, she prepared a special birthday dinner for me, complete with all the delicious trimmings. When I came home, I had just enough time to take a couple fast bites on the run. Dessert was left untouched. I know Lisa must have been very disappointed, but she accepted it, and she keeps right on trying to make the best of things. She's a girl who doesn't ask for much, but gives a lot.

She's a mother in the most complimentary definition of the word.

She's very feminine, but not a feminist. She has me believing that

she needs me as much as I need her, and that's a good feeling.

Over the years, we've had our share of problems and troubles, but Lisa has always maintained a positive outlook. She comforts the family with her words and examples. A gentle

woman, Mother Lisa nourishes us in thought, as well as with food.

Life has been very good to me throughout all my years.

It has been best since I've had the love and devotion of my wife, and the family she made possible.

I'm in love because she makes it easy for it to be so.

## Nutritional scientists elected

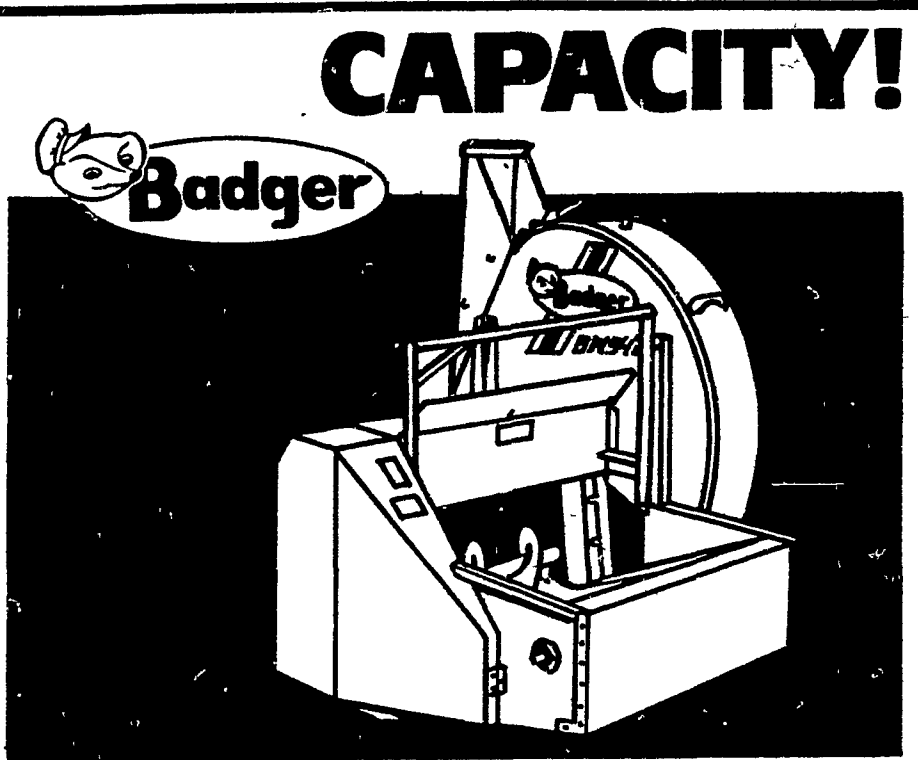
ROSEMONT, ILL.—Three members of National Dairy Council's Nutrition Research staff were elected to membership in The American Institute of Nutrition (AIN) at that organization's annual meeting in Dallas, Texas last month.

They are: Emerita N. Alcantara, who received her doctorate in nutritional science at the University of Wisconsin in 1970; Philip A. Lofgren, who holds a 1971 doctor's degree in nutrition from Cornell University;

and Robert S. Katz, whose Ph.D. in nutrition was received at the University of Illinois in 1975. All three are assistant directors of NDC's Division of Nutrition Research, which is headed by Elwood W. Speckmann, Ph.D., also a member of the AIN. The fifth member of NDC's professional staff in nutrition research, Blanca Calanog, Ph.D., literature scientist, is likewise an AIN member as is NDC President M.F. Brink, Ph.D.

The AIN is the only professional society of

nutritional scientists in the United States. Its purpose is to develop and extend knowledge of nutrition and to facilitate personal contact among investigators in nutrition and related fields. Its members are elected by their fellow scientists on the basis of demonstrated research competence and productivity in the field of experimental nutrition. A prerequisite for membership is the conducting and publishing of "meritorious original investigations in some phase of nutrition."



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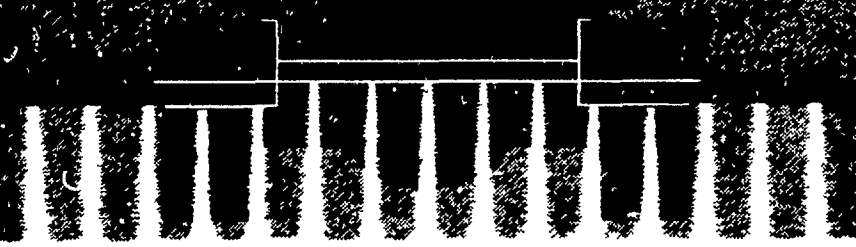
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