

Junior Cooking Edition

Spread a little fun and good taste on your bread this week with one of the sandwich spread recipes featured by our junior readers. Whip-a-waffle sandwich, chicken salad, egg tuna salad, lamberger cheese roll-up, and surprise sandwiches, can add some zip to plain slices of bread. Bar-b-que, open sandwiches and tasty tid-bit spread are also featured.

February 10 will feature hot steamy homemade soups.

The week of February 17 will be featuring homemade stews.

Meat pies will be the recipes featured for the week of February 24.

March 3rd will feature casseroles.

Recipes should be sent in one week before the recipe is to be featured. Only complete recipes which include all ingredients, instructions, baking temperatures, times, and type of pan to bake in, will be used. Include your name, age, and complete address. Send your favorite recipes to Lancaster Farming, Junior Cooking Edition, Box 366, Lititz, Pa. 17543.

A small gift will be sent to

you for letting us publish your recipe.

Recipes featured in the Junior Cooking Edition have not been tested by Lancaster Farming.

WHIP-A-WAFFLE SANDWICH

2 Bread slices
1 teaspoon Horseradish mustard
1 Slice cheese, Swiss or American
2 slices ham
¼ teaspoon poppyseed or sesame seed, optional
¼ to 1/8 teaspoon onion powder

For each sandwich, use two slices of bread. Trim the crusts from the bread. Spread one side of each slice of bread with the horseradish mustard. Top with one slice of cheese and two slices of ham (depending on thickness). Sprinkle with poppyseed or sesame seed (optional), and onion powder. Cover with second slice of bread. Butter the outsides of the sandwich. Grill two sandwiches at a time. Place the sandwiches in the front part of the waffle iron, away from the hinges. Grill until golden brown. If a waffle iron is not available,

place the sandwiches in a buttered skillet and grill until golden brown.

Elmer Stoltzfus
Age 13
Atglen, Pa.

CHICKEN SALAD

1 quart cold boiled chicken
1 pint celery
mayonnaise
salt and pepper, to taste
4 to 5 hard boiled eggs
De-bone the chicken. Put chicken, celery and eggs through the coarse blade of a food chopper. Add mayonnaise until desired consistency is reached (start with four tablespoons). Add salt and pepper to taste. Chill. Serve as a sandwich spread.

Edith Shirk
Age 13
Mifflinburg, Pa.

EGG TUNA SALAD

4 hard boiled eggs
1 small can tuna
1 small onion chopped
1 cup chopped celery
½ cup salad dressing
Slice the eggs. Put in a bowl with the tuna and salad dressing. Combine with onion and celery. Serve on bread.

Lisa Emeigh
Age 10
Dover, Del.

LAMBERGER CHEESE ROLL-UP

½ pound lamberger
¼ teaspoon salt
dash of pepper
4 ounces grated Cheddar cheese
1 tablespoon catsup
1 teaspoon chopped onions
biscuit mix

Make enough biscuit mix for four biscuits. Roll in a

rectangle, about five by seven inches. Brown lamb in skillet. Add salt and pepper. Remove from heat. Add grated cheese, catsup and onion. Mix well. Spread filling on dough. Roll like a jelly roll. Seal ends and edges. Place on a well greased sheet pan. Bake at 425°F for 20 to 25 minutes or until biscuit browns. Slice

every one inch to make four slices. Serve two slices per helping. If desired, serve with additional catsup or tomato or cheese sauce.

OPEN SANDWICHES
Cover toasted, buttered, French bread with hot scrambled eggs and chopped chives.

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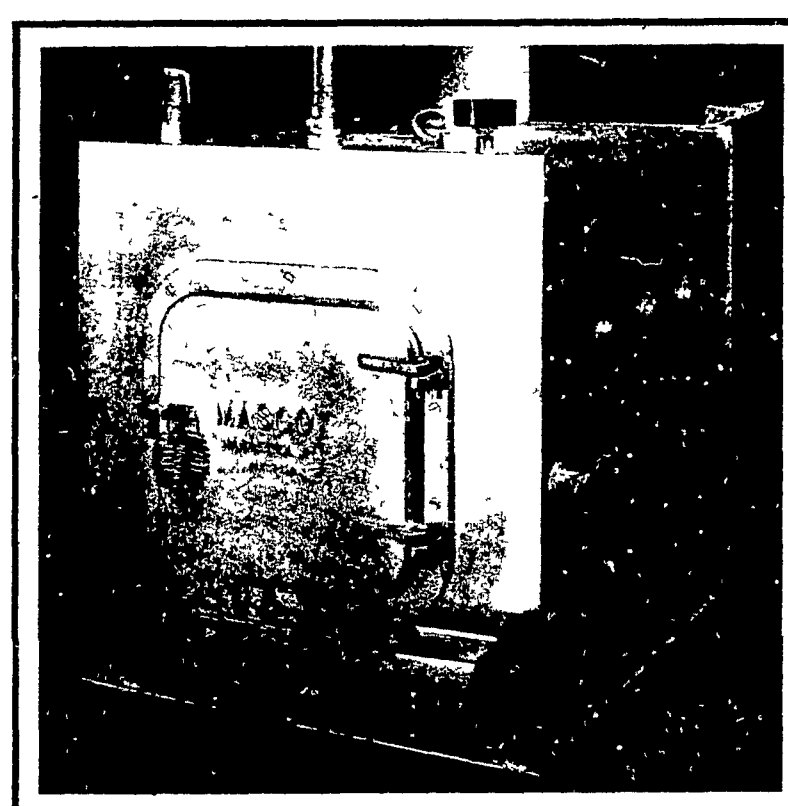
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