## Talent and art winners named at Grange meet

DENVER, Colo. - Talent contestants representing State Granges from all across the country competed for national recognition during the 112th Annual Session of the National Grange held November 13-20 in Denver, Colo.

First place winners in each division were (vocal) G.M.L. Gems, a female trio, Nampa, Idaho, (instrumental) Randall Wolfe, pianist, Circleville, Ohio, and (variety) Honnore Kerbert, humorous

monologue, Constantine Mich.

Winners in the family musical competition were (vocal) The Johnson Three. Lewiston, Idaho, and (instrumental) The Arellano Family, Yakima, Wash.

Best of show winners in the art and photography contests were (adult, art) Donna Kern, Cuba, N.Y., (junior, art) Mark Mincey, Seymour, Tenn., (adult, photo) Frances Doyle, Northboro, Mass., and (junior,photo) Mike Copeland, Knoxville,

## Congress looks at nutrition labeling

several National Heart, Lung & Blood Institute regarding the pilot nutrition education program, "Foods for Health."

Gamble presented the in- consumers do want

WASHINGTON, D.C. - dustry viewpoint on nutrition Senator George McGovern labeling, stressing the need (D-S.D.), chairman of the for maximum flexibility in Senate Agriculture Sub-labeling regulations. Witcommittee on Nutrition, held nesses called for a label that oversight hearings recently would be useful to connutrition labeling. sumers, simple and at the Testimony was heard from same time able to convey industry meaningful information. representatives, and also They also emphasized that from representatives of regulations should be cost-Giant Foods and the effective, so that continuing analytical costs could be minimized. Witnesses also pointed out that the label would have to be adaptable to small labels, and that During the first half of the allowance would have to be hearing, representatives made for natural variations from Pillsbury, Gerber, in nutritional components. Ocean Spray, and Proctor & While recognizing that

cholesterol information, one witness questioned its usefulness, since new research has left the cholesterol question "wide

open." During the second half of the hearing, testimony was heard concerning the pilot nutrition education program being conducted here in Washington by Giant Food in cooperation with the National Heart, Lung & Blood Institute. Gerson Barnett and O'Donna Matthews of Giant Food, and the NHLBI representative Dr. Steve Zifferblatt presented background information on the program. In a carefully orchestrated

presentation including slides and posters, Zifferblatt and Matthews outlined the program and the rationale behind it.

Zifferblatt conceded that nutrition information, especially in the area of heart disease, was still controversial. He pointed out that the federal government had been "silent for a long time...supposedly because there has been nothing definitive to say." He stated that NHLBI had been given a mandate by Congress to disseminate information and education, and said, "it doesn't charge us with saying something only when there's definitive evidence. We should say something regardless of the level of agreement on the evidence." He went on to say that scientists do have a role to play in trying to help people with nutrition information "even if all the evidence isn't m." That role, according to Zifferblatt, is to try to convey "what we know, and what we don't know," so that consumers can make an informed choice themselves.

Another hearing will be held in February, and at that time producers will have an opportunity to make their views known.

## Computerized rations coming for cows

NEWARK, Del. - A computer program to help Delaware dairymen calculate feed rations for their cows is now in the works, report representatives of the Delaware Cooperative Extension Service. When it is ready for use, the service should mean sizable savings for the state's dairy industry.

The program which was developed by a University of California extension dairy nutritionist, Dr. Donald Bath, was demonstrated at the recent Five-State Holstem Breeders Seminar at Rehoboth, Delaware. Dairy farmers present at that meeting were highly enthusiastic over the idea.

Basically a technique for least-cost feed formulation,

the program takes bovine nutrient requirements, the cost of available feeds, and the price farmers are getting for milk and from this data determines the optimum feed rations for a cow or group of cows. It can be accessed by remote computer 'terminals over regualar telephone lines.

Savings from use of the program will depend on the

production level of each Delaware computer. Tests farm and each cow. Dr. Bath reports savings in California in the neighborhood of \$5 per ton of feed for low milkers in a herd, and around \$20 a ton Delaware dairy farmers. of feed for high milkers. Over a year this can repre- coordinated by Dr. George sent a considerable Haenlein, state Extension economy.

The California program by has already been converted Cooperative Extension Serfor use on the University of vice.

it is working properly. Once these are completed, it will be made available to The new service is being dairy specialist, and funded the Delaware

are now being run to be sure

## Energy saver kits available

RONKS - Pennsylvania Power & Light Co. is part of a project to make available a kit which can help its customers plug up energy "leaks" in their homes.

The mail-order "Energy Saver Kit" includes 10 receptacle plug-in covers, seven electric outlet draft eliminators, three electric light switch draft eliminators and yourself instructions.

Also included are two shower head flow restrictors and an energy meter developed by PP&L to help customers determine insulation levels.

Special tests conducted by a Texas electric utility outlet openings are among the kits by sending a check the biggest culprits in or money order to Energy allowing outside air to enter Saver Kit, P.O. Box 2000, the home. Draft eliminator Ronks, Pa. 17572. The \$2.35 the outlet leakage about profit for PP..L. seven per cent of its original amount.

Flow restrictors, which are placed inside the shower head, are designed to save water. By using the energy meter, the homeowner can judge the effectiveness of present wall and ceiling insulation and decide whether or not to add more.

The kits have been advertised throughout PP&L's 10,000-square-mile service

showed that electrical wall area. Consumers can order gaskets were found to reduce purchase price includes no

A thick wad of plastic credit cards carried in the hip pocket has given rise to a new medical malady called "wallet sciatica." The wallet puts extreme pressure on the sciatic nerve, causing thigh and lower back pains. The cure? A walletectomy removing the offending bundle from the sensitive





