

Ladies Have You Heard?

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GUIDELINES FOR REFREEZING FOODS

If you are concerned about what foods can be safely refrozen, here are some guidelines to follow. Remember that while many frozen foods may be refrozen with no danger, they may be lacking in some of their original quality.

Meats-Do not refreeze if they have warmed to room temperature and have completely thawed. If complete thawing has occurred, red meats should be cooked immediately. They can then be refrozen. Partially thawed variety meats, sausages and hamburgers should be cooked immediately.

Fruits-Completely thawed fruits should be used immediately. Fruits may be refrozen, but there may be a quality loss.

Prepared Foods - (Meats in cream sauces, frozen dinners, cream pies and leftovers). These are best discarded or cooked immediately if they have thawed completely.

Frozen Juices - Orange juice that thaws should be reconstituted according to directions and used.

Fish - If it has completely thawed, it is best consumed on the spot or thrown out since it can spoil very rapidly.

Poultry-If poultry has thawed, but is still quite cold to the touch, it may be cooked and refrozen. Any stuffed poultry should be discarded.

Vegetables - Vegetables that still show ice crystals may be refrozen but should be used as soon as possible. If completely thawed, you can refreeze some vegetables - plain ones, not those with sauces... if they have not been held at room temperature too long. Vegetables may also be cooked and refrozen separately or as ingredients in a casserole or other dish.

Breads - Can be refrozen, however, the freshness may be affected.

Cakes - Can be refrozen, however, this sometimes produces dryness and affects the quality of the icing.

Pies - Can be refrozen, with the exception of cream pies. Some weeping and breaking of filling may occur, as well as loss of crust texture.

LIFESTYLES SPARK COMFORTER INNOVATIONS

The energy crisis and high fuel bills are encouraging people to find other means to beat the cold. One solution to warming up with the thermostat turned down is to wrap up in a quilted "sack" for a relaxing evening of reading, TV viewing or studying. At least seven manufacturers are now marketing versions of the

fabric with brushed nylon or brushed nylon-and acetate linings and polyester filling. Because these warmups are sure to get a lot of use this season, they should be cleaned regularly. Manufacturer's care labels should be checked for suggested washing and drying methods.

Another new leisure-time fashion designed for warmth is the quilted body suit. Basically a jumpsuit garment, some come in footed styles and others with matching booties.

Coupled with sack and jumpsuit products to combat the energy crisis, the comforter and bedspread industry has reevaluated how people live and what kind of home furnishings are needed. As more women enter the work force, lack of time has spurred the rise of the unmade and easily made bed. Innovations in bedding items reflect this changing lifestyle.

Tailored, fitted bed coverings are easy-care and quick to make up neatly. Offerings include an adjustable fitted comforter; a tailored, quilted bed skirt and fitted mattress cover; a combination fitted sheet and

Recital to be at Longwood Gardens

KENNETT SQUARE - Gordon Turk will present an evening program recital at Longwood Gardens, Kennett Square, Pa., on November 15. The conservatories open at 7:30 p.m., and the program begins at 8:30 p.m. Admission is \$2 per person.

For the recital at Longwood, Gordon Turk will perform works by Bach, Schumann, and Langlais. Highlights will be the Prelude and Fugue in G Minor by Marcel Dupre, the Fantasy in F Minor by W.A. Mozart, and an improvisation by the organist.

Members of the audience should allow ample time to view the famous chrysanthemum display in the adjacent conservatories. Fifteen thousand mums will be at their peak, with special nighttime illumination to

mattress pad; a fitted cover and comforter combination.

As long as the chill sets, there is a need for new quilted products. Consumers may be in for a number of surprises from comforter and bedding manufacturers in the season ahead!

enhance the warm Autumn colors. In the Espaliered Fruit House, a display of dried herbs and garden flowers recalls nature's harvest.

Longwood Gardens is located on U.S. Route 1, three miles northeast of

Kennett Square, Pa., and 30 miles southwest of Philadelphia. Daily hours outdoors are 9 a.m. until 5 p.m. The conservatories are open from 10 a.m. until 5 p.m.

Admission is \$2 for adults, \$1 for children ages 6 to 14, free for children under 6.

Swedish embroidery workshop set

MEDIA - Swedish Embroidery is a craft made by counting threads on huck toweling. It can be used to make attractive household items. The Penn State Extension Service has planned a workshop to teach these skills. The meeting will be held from 1 to 3 p.m. on November 27 in the Toal Building Auditorium, corner of Second and Orange Sts., Media, Pa. 19063. Name and address, should be included as well as phone number and the name of the workshop. One must register by November 17. The public is invited to attend.

Mrs. Marie Bechtel from Milmont Park will

demonstrate this unique technique. The cost of \$1.50 includes supplies. People are asked to please bring their own scissors.

To register, one can send a check for \$1.50 made payable to Home Economics Workshops to Maryetta Duffner, Extension Home Economist, Toal Building, Second and Orange Streets, Media, Pa. 19063. Name and address, should be included as well as phone number and the name of the workshop. One must register by November 17. The public is invited to attend.

PUBLIC AUCTION

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HARRY'S FURNITURE STORE

PUBLIC AUCTION

AT OUR WAREHOUSE -
33 S. HERSHEY AVE., BAREVILLE, PA

★ Due to the selling of our warehouse at 33 S. Hershey Ave., Bareville, we are having a public auction at the above location.

SALE WILL BE HELD
FRIDAY, NOVEMBER 17, 1978
STARTING AT 1:00 P.M.

★ WE WILL BE SELLING NEW FURNITURE ★

The first items to be sold will be folding chairs ... buy a chair to sit on! Then we'll offer bedroom suites, Serta box springs and mattresses (double and single), bunk beds, single beds, bed rails, chest of drawers, baby cribs and mattresses, night stands, cedar chests, platform rockers, recliners, living room chairs, Early American living room suites, love seats, sofa beds, hide-a-beds, end tables and coffee tables, hassocks, desks, bookcases, bar stools, breakfast sets, tables, chairs, hutches, mirrors, lights, metal cabinets (all sizes), 2 new Warm Morning gas space heaters

There will also be some USED FURNITURE including 2 electric and 1 treadle sewing machine.

★ COME EARLY & LOOK AROUND! ★

Auctioneer: Roy L. Martin

• Furniture does not have to be moved the day of the sale.

• Delivery is available.

• Plenty of free parking.

