

# **Ladies** Have You Heard?

By Doris Thomas

Lancaster Home Economist



### CAN CONFLICT BE HELPFUL

Newly married couples soon find it sometimes takes a good fight to let each other know you don't exactly see eye-to-eye on everything all the time.

With differences out in the open, it's often easier to clear the issues that are upsetting the relationship. We often say things in anger that we hesitate to say otherwise. Of course, this has both positive and negative results.

If you're expressing genuine feelings when you're angry, the other person will gain understanding of just how you feel. But angry words can hurt if accusations are made that undermine confidence in yourself, your partner or your marriage

Constructive disagreement is based on two rules -(1) attack the issue rather than each other and (2) state your case clearly without trying to analyze or accuse the other person. Each

person needs to be able to understand how the situation looks to the other.

Open warfare is dangerous in marriage or on the job. Actual fighting settles nothing and often makes things worse. Pretending the problem doesn't exist is harmful, too. Angry feelings don't go away because you ignore them. They can lead to serious health problems.

Recognize your ferences. Face each problem calmly. Talk it over and really listen to each other. Discuss the causes of your disagreements and together consider the alternatives and plan a course of action. Make your conflicts helpful instead of harmful.

### SUIT TOYS TO KIDS,

NOT MOM OR DAD Everyone usually enjoys buying toys.

But the toy that appeals to an aunt, uncle or parent may not be appropriate for the child.

It is common phenomenon that adults buy toys which essentially meet their own needs or they buy toys because they are realistic. They look for toys that do everything and those which resemble articles from "the real world.'

hand, are not always operating in the real world. They need to use their imagination and need toys which allow them to do this. A toy should allow a child to write his own program by allowing him to be creative. A child can't be creative with a battery-operated toy that performs one function.

Parents may do best by giving considerable thought

to appropriate toys for their children and then making a list before going on a toybuying trip.

Don't go shopping for Children, on the other specific items. First look around to see what may meet the child's needs. Ask

- yourself: • Is this the right toy for the child whatever his or her
  - Is it appropriate?
- Is it going to make the child passive?
- Is it too simple or too complicated?
- Is it possible to be hurt

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