

Two to receive distinguished service awards

UNIVERSITY PARK — Rebecca J. Drick, Montoursville R1, and Ruth M. Hand, Pine Grove, will receive a Distinguished Service Award from the National Association of Extension Home Economists at their 44th annual meeting in Omaha, Nebraska, October 16 to 19.

Lycoming County Extension home economist on Penn State staff, Mrs. Drick will be cited for her educational programs in the Expanded Foods and Nutrition Education Program, food preservation, clothing construction, and 4-H youth and adult leader work.

Mrs. Drick has been in charge of EFNEP in Lycoming County since the program began in Pennsylvania in 1969. Over 2,000 homemakers in both rural and urban areas are assisted by seven para-professionals under her direction.

Keeping Lycoming County residents up-to-date on food preservation techniques is another of Mrs. Drick's major program responsibilities. She uses radio programs, newsletters, demonstrations and workshops to teach proper food preservation by canning, freezing and drying.

The Extension home economist has also served as chairperson of the Lycoming County Nutrition Education Committee which has given her the opportunity to coordinate the efforts of many professional workers presenting nutrition education programs.

Mrs. Drick's work with the 4-H program includes training sessions for 4-H food and nutrition and 4-H clothing club leaders, recruiting and training new 4-H leaders and training judging teams. She has also served as regional chairman for various 4-H events.

Clothing construction from simple techniques to tailoring have highlighted her adult and 4-H clothing programs. In addition, she teaches wardrobe planning and care.

Mrs. Drick is a member of both the American and Pennsylvania Home Economics Associations; the National and Pennsylvania Associations of Extension Home Economists; Epsilon Sigma Phi, Extension honorary; and Business and Professional Women. She has served the Pennsylvania Association of the Extension Home Economists on numerous committees. As a member of the Grange, she has served as secretary and Lady Assistant Steward.

Schuylkill County Extension home economist on Penn State University staff, Mrs. Hand will be cited for her unique educational programs stressing self-improvement, expertise in clothing construction, programs for the working woman and foods and health programs.

Mrs. Hand's self-improvement-type program, supplemented by reading lists and study sheets, are designed to encourage individuals to reach their full potential. A course, "For Women Over Forty-The Look You Like," was completed by 76 homemakers. The programs have been presented to numerous professional, social service, civic, church and homemaker's groups and help make Extension more visible in Schuylkill County.

Her indepth clothing programs have been conducted for homemakers and professionals alike. Adult leaders taking the training have gained greater confidence in teaching clothing to others.

"Mini-lessons for the Working Woman," including topics ranging from money management to cleaning furniture, have been presented at manufacturing plants to workers during their breaks and lunch hours.

Mrs. Hand is concerned

with the health of Schuylkill County residents and has, within the Extension framework, conducted with cooperating agencies, workshops on obesity and diabetes.

Mrs. Hand is a member of the American Home Economics Association and is past president of the

Pennsylvania Home Economics Association. She is also a member of both the National and Pennsylvania Associations of Extension Home Economists, Epsilon Sigma Phi, Extension honorary, Federation of Women's Clubs, Order of Eastern Star, and Pottsville Garden Society.

Farm Calendar

(Continued from Page 10)

Tuesday, Sept. 26

Morrison Cove Community Fair begins at Martinsburg. Continues through the 29th.

Ephrata Fair begins, continues through the 30th. See page 119 for details.

Annual dinner meeting for District 6 of Inter-State Milk Producers, 7 p.m. at the Blue Ball Fire Hall.

Beekeepers meeting for Schuylkill Countians who are interested in keeping bees. Room C-119, PSU Schuylkill Campus, 7:30 p.m.

Eastern National Brown Swiss Show, 9 a.m. at the Farm Show Complex, Harrisburg.

Pennsylvania 4-H and FFA Dairy Judging Forum, Farm Show Complex, Harrisburg, 10 a.m.

National Milking Shorthorn Show, through dry cow classes, 1 p.m. at the Farm Show Complex, Harrisburg.

Invitational Milking Shorthorn Sale, Farm Show Complex, Harrisburg, 7 p.m.

The study Advisory Committee of the Department of Environmental Resources' Comprehensive Water Management Plan

(COWAMP) for Study Area 3 will meet at 7 p.m. at the Swatara Township Municipal Building, 599 Eisenhower Blvd., Harrisburg, Pa. All interested citizens are invited to attend.

Wednesday, Sept. 27
National Milking Shorthorn Show, milking classes, Farm Show Complex, 8 a.m.

All-American Guernsey Show, Farm Show Complex, Harrisburg, 9 a.m.

All-American Ayrshire Show, Harrisburg, 11 a.m.

Dairy Show Recognition Banquet and Coronation of Pennsylvania Dairy Princess, 6:30 p.m. at the Penn Harris Motor Inn, hospitality hour at 5:30 p.m.

West Lampeter Community Fair, Lampeter, through the 29th.

Thursday, Sept. 28
Herdsman Breakfast, Pennsylvania All-American, Dairy Show 6:30 a.m. to 8 a.m.

Pennsylvania All-American Jersey Show, through dry cow classes, 9 a.m. at the Farm Show Complex, Harrisburg.

Eastern National Holstein Show, Harrisburg, 9 a.m.

through dry cow classes only.

All-American Holstein Sale, at the Pennsylvania Holstein Farm, Middletown, 7 p.m.

Jr. Market Hog Sale at the Ephrata Fair, 6 p.m.

Friday, Sept. 29
Eastern National Holstein Show, milking and group classes only, 8 a.m. at the Farm Show Building, Harrisburg.

Parade of Champions - the winning dairy animals of the Pennsylvania All-American, 12 noon, Harrisburg, at the Farm Show Building.

York County Farmers Association annual meeting, Wisheaven Hall, 7 p.m., with dinner.

Saturday, Sept. 30
Third Annual Trappers Education Course, Middlecreek Wildlife Refuge, 10 a.m. to 4 p.m. \$2 registration fee.

MANAGE to prevent farm and ranch accidents





Service... on the button.

Service you can depend on. You'll find it wherever you find Q-buttons. Because Q-buttons stand for quality. And quality is what we're all about.

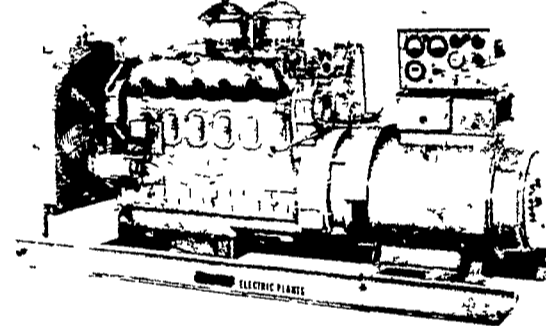
Look for the Q-button Only at Commonwealth



Member FDIC

ELECTRIC GENERATING SYSTEMS

Built to Your Specifications
Manual or Automatic
L.P. Gas - Diesel - Gasoline



We Also Carry G.M. & Detroit Engine Parts.
Sales - Service

MARTIN ELECTRIC PLANTS

Isaac W. Martin, Owner
Pleasant Valley Rd., RD2
Ephrata, PA (717) 733-7968

ECONOMY POWERKING sets a fast pace on tough jobs



Big acreage heavy loads rough going—Power King carries through without missing a beat. The reason? 12 14 and 18 hp engines applied through Power King's all-gear drive deliver almost 100% power to the big drive wheels. That's why you move right along with a 60" mower, load fast with a 1/2 ton bucket bulldoze clear a 48" path of snow in a hurry.

American-built Power King is a machine not a toy! Automatic clutch transmission differential 1 1/2" axles for example.

OBERHOLTZER'S

RD #4, Box 260, Fairview Road
Lititz, PA 17543 Phone: 717-733-8506

HOURS:
Mon., Thurs., Fri. 9:00 to 2:00 and 4:00 to 9:00
Tues., Sat. 9:00 to 12:00

FOR FALL SEEDING

ALFALFAS

Due to shortage of Alfalfas we have a limited supply of WL 311 - Thor - Buffalo

WESTERN WINTER RYE

CERTIFIED SPELTZ

CERTIFIED BARLEY

Pennrad - Barsoy

CERTIFIED WHEAT

Red Coat - Abe - Arthur 71
Timothy - Common & Climax

FARMERS SUPPLY

215 EAST FULTON ST.
Lancaster, PA 717-394-7128



CUSTOM MADE FEED BINS

- Made of 14 Gauge Steel
- Longer Taper for Easier Flow
- All welded seams which make it water proof and rodent proof
- Can be installed inside or outside building
- Most installations can be made without auger.

WILL DELIVER AND INSTALL ANYWHERE

FOR FREE ESTIMATE CALL

STOLTZFUS WELDING

717-345-4854
We Sell, Service & Install
Bucket Elevators, Grain Augers, M-C Grain Dryers,
Distributors, Pipes & Accessories.