Ladies Have You Heard?

By Doris Thomas

· Lancaster Home Economist



ABOUT OLD

FASHIONED GOODNESS For the busy homemaker, having soup for a meal usually means opening a can. Condensed soups offer speed and convenience, but homemade soups can be just as convenient with a lot more to offer. When time permits, most cooks prefer a soup that starts with fresh ingredients that cook slowly, filling the kitchen with delectable aromas.

For all their goodness, homemade soups are a bargain, since they can be made from leftovers, with the cost per serving approximately half that of condensed soups. And, the variety is endless. Besides being economical, soup as a main dish is nutritious.

By preparing several batches at one time, the convenience of homemade soups is greatly enhanced. Save some for the following day, and freeze the rest. Then, soups can go from freezer to range to table with a minimum of preparation and cleanup.

Homemade goodness is really at its best when the foundation of soups is beef stock or broth. For those of you who like to experiment

in the kitchen, a pinch of i's and a dab of that can lead to a perfect combination for creating unique soups. The secret is to add just enough of any one seasoning when using several. The mingling of lots or flavors, when done on a small scale, will produce the full-bodied flavor that makes homemade soups so special.

One way to make a good hearty main dish soup is in your electric blender or food processor. Begin with cooked meats and leftover vegetables. If a creamy soup is desired, add a little cooked potato, rice, or macaroni as a thickener with no further cooking required. Simply blend, heat, and serve.

Remember the importance of garnishes. That finishing touch should not be forgotten when serving soups. Try crumbled cheese, avocado slices, thin radish slices, thinly sliced celery rings, sauteed mushrooms, thinly sliced olive rings, crumbled hard-cooked egg, sour cream or grated

TIPS TO MAKE FALL HOUSECLEANING **ABREEZE**

Are you planning to turn your house inside out this Fall? Help speed up your cleaning by organizing Supplies and equipment - the key to faster completion of any job! Save steps by preparing a well-stocked carrying caddy of needed items for a given area. Use a basket or carton lined with soft towels to carry bric-abrac to the sink for washing.

Have a double-sided pail or two separate pails, so both cleaning solution and rinse water are at the job site. An ample supply of sponges and cloths for washing, dusting, rinsing, and polishing is helpful. A sturdy stepstool or ladder is a must for reaching high places. Brooms, mops, scrub brushes, steel wool pads and pads for kneeling should be gathered together before beginning any cleanup project. Also include an old toothbrush, cotton swabs or pipe cleaners. They are invaluable aids in working lather into crevices and hard-to-reach areas.

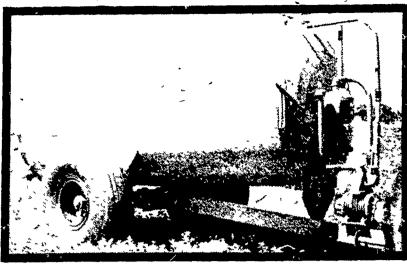
Besides the necessary detergents, soaps, and cleansers, check your supply of polishes and waxes for floors, furniture, silver and other metals. Be sure to have on hand any special cleaners for tile, rug or toilet bowl. For safety's sake and best results, read labels on all cleaning products before using.

When your housecleaning is finished, store all supplies and equipment in a convenient place. There are numerous space savers available which can be attached to closet walls or doors to air storage of cleaning products and tools. Make a list of household cleaners which need to be replaced prior to future cleaning projects. Launder cloths and sponges. Wash, rinse and dry brooms, mops vacuums cleaner attachments, even the caddy, before storing.

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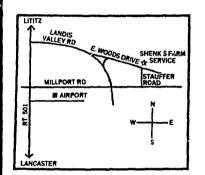
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