



## On being a farm wife

—And other hazards

By  
**JOYCE BUPP**

Dear Cow (or steer, pig, sheep, horse, etc.):

Yes, it's true. Show time is here again.

And you've become star-struck with proud visions of parading around a ring with a grand champion rosette or

a shiny silver trophy. In your dreams, scores of admirers cluster near your stall and dicker for a chance at owning you.

Being a beauty symbol means hard work in a hot and dusty show ring, long

hours of enduring tickling clippers at your ears, soap in your eyes and a cold hose aimed at a tender flank. Are you ready for the poking fingers and prying eyes of a professional judge scrutinizing your physical attributes?

If, after a careful self-examination, you still aim at the fame of a winner's career, learning a few simple rules will provide you an immediate success with your peers on the tanbark circuit.

Devote every hour to becoming the dirtiest, most mud-caked being in the barnyard. A full-length cover of grit will assure you of receiving the hours of undivided attention deserved by a star. You'll be treated to soothing back scratches with a currycomb and dainty manicures beneath a mallet and chisel.

Jogging is great for maintaining your figure. It can be done in the safety of the home pasture, but is much more enjoyable performed at the exhibit area. Practice making a quick getaway as they unload you from the truck. This will guarantee you an audience - and what's a star without an audience, anyway?

Kicking your heels high into the air adds flair to the jogging display, as does the ability to turn on a dime, thus escaping any would-be catcher who has gotten to within six inches of grabbing your halter.

Practice swatting at flies until you have developed deadly aim with your tail. You will be assured of smacking the groomer directly in the eyes after he has soaked and lathered your tail during the bathing process.

Learn a few simple dance routines to expand your talent - nothing fancy, of course. Basic foot movements will help you land a foot square in the middle of the bucket of fresh, cold drinking water. Be sure that the contents then spill throughout the shiny dry straw carpeting your pen.

Demonstrate your appreciation of being fed. Greet the person delivering your dinner with a powerful shove into the corner.

Bellow loudly and frequently throughout the night before the show. If you can't sleep from nervousness, why should anyone else?

Keep the showman awake and alert throughout the judging. Step on his foot from time to time.

Remember at all times that a star is temperamental: fight the halter, step in a manure pile on the way to the show ring, throw hay at your stallmate and kick at the judge.

Master all the above techniques, and you'll be ready to head out on the exhibition tour with some reluctant farm wife.

Insincerely yours,  
Black and blue,  
You know who...

## Ladies Have You Heard?

By Doris Thomas

Lancaster Home Economist



### NEW GOURMET CANNING IDEA

If you are planning to take advantage of the fresh fruit season with a favorite home canning recipe, why not try a slightly exotic change of pace - chutney. Pear or peach chutney is a delicious diversion with chicken, cold meats and curries.

inch head space. Adjust caps. Process 10 minutes in boiling water bath. Yield: about 7 pints. Note: for a milder chutney, remove seed from hot pepper. Use rubber gloves to prevent burning hands.

### HOW TO PERFORM SOME BLOUSON MAGIC

Chutneys are a wonderful idea we picked up from India in the 18th century. The word comes from Hindu and the condiment comes to us from the tables of the princes and potentates of India, who regarded chutney as the aristocrat of condiments. Though we Westerners are willing to bestow the chutney name on almost any acid fruit mixture with raisins, onions, and spices, the Indians see mango as a primary ingredient in the dish. No mango, no chutney. They also insist on preparing their chutney fresh for each meal.

If you can sew, you can turn some of your last fall's wardrobe into this year's blousons with hardly any expenditure of time! As you take stock of your old clothes before they go into the discard pile, think blouson. This applies to blouses, shirts, dresses and even some jumpers. If your bustline is ample, the blouson will work well for you in soft fabrics.

Cultures vary, and what we share with each other we often adapt to suit our own tastes and needs. Here then is a delicious can-ahead update for chutney.

Here are directions to help you perform blouson magic in your sewing room. Try the garment on. Tie a tape measure or string around your waist. Measure 6" below the tape and place a pin in your garment. Take it off, and cut off the extra fabric below the pin. Be sure you measure the same amount all the way around the garment. Make a casing at cut edge of garment. Press cut edge under ¼". Next press up turned edge ½" and pin in place. Machine-stitch the casing along the inside fold, leaving an opening of one inch. Measure a piece of ¼" elastic the length of your waistline. Draw the elastic through the opening and the casing with a safety pin. Machine-stitch the ends of elastic together. Slip-stitch the opening closed, and admire your new creation.

### PEAR OR PEACH CHUTNEY

- 4 quarts finely chopped, peeled peaches or pears
- 1 cup seedless raisins
- 1 cup chopped onions
- 2 to 3 cups brown sugar
- ¼ cup mustard seed
- 2 tablespoons ground ginger
- 2 teaspoons salt
- 1 clove garlic, minced
- 1 hot red pepper
- 5 cups vinegar

Combine all ingredients and cook slowly until thick, about 40 minutes. Stir frequently to prevent sticking. Pour, boiling hot, into hot pint jars, leaving ¼

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