

Handicapped 4-H'ers learn food preparation

By JOYCE BUPP
Staff Correspondent

YORK — The national 4-H program has matured from the small rural organization founded many years ago to a modern voluntary system of education that offers training in an almost unlimited variety of project areas.

In keeping with the policies of broadening 4-H horizons to all who need and want to learn, York Extension 4-H specialist, Roxanne Price, laid the groundwork this Spring for the county's first handicapped 4-H club.

She had seen the handicapped 4-H program working in other counties, and Mrs. Price felt there was a need to make it available in the York area. Several active 4-H teens and adults offered to serve as leaders for the new club and invitations to join went out among the surrounding communities.

The response was enthusiastic, and early in May the first meeting was held in the kitchens of the 4-H Center.

"Tasty Snacks" was the initial project selected for the eleven handicapped members, who represent areas of the county and city.

Quick, nutritious food items are prepared and served at each weekly meeting. Members all take part in the mixing and cooking of the snack-type foods, with the program

designed to teach each one how to provide himself with a fast, easy-to-fix lunch.

During this past week's meeting, toasted cheese sandwiches and a tossed green salad were on the menu. Other favorites from the project recipes include cookies and brownies, homemade ice cream, and a variety of other sandwich combinations.

Table setting and nutrition information are also taught within the course and a period of recreation is a regular part of the meetings. The success of this first project and the interest shown by the members and their families already have leaders looking ahead to the next project.

"We're trying to avoid strictly a 'crafts' type project," Roxanne relates, "because so many other groups work with the handicapped in that field. Parents of the members say that this is the first real opportunity they've had to learn useful, self-help skills in an organized setting."

Age of the members ranges from nine to 32. Very affectionate and friendly with one another and with their leaders, they joke with and tease each other as they work. Older members help the younger ones, reinforcing their sense of accomplishment. Some have had previous experience

(Turn to Page 67)



Ready to taste test the final results are, from left: Beverly Jamison, Rodney Wire, teen leader Charla Janney, Ernest Jamison, Jr., Linda Zerbe,

Ernestine Jamison, Melissa Ferree, and Jeff Ausherman.

Groundskeepers, Nurserymen, Landscapers...

Now you can mow, till, landscape...

perform dozens of other jobs with the new 'little-big' tractors from John Deere



Introducing the new 22- and 27-PTO-hp diesels with big-tractor features, small tractor prices

The new John Deere 850 and 950 Tractors are an invaluable addition to any operation. Powered by hard-working 3-cylinder diesel engines (22 PTO horsepower on the 850 27 PTO horsepower on the 950) these tractors are priced so economically that you can own a new one for about the same as a comparably equipped used tractor.

These full-service tractors are built with many of the same features you'd expect in tractors twice their size. Category 1 3-point hitch, 8-speed Hi-Lo transmission, 540-rpm PTO, differential lock, hand and foot-operated throttle controls, adjustable wheel track. The list goes on and on.

And there's a variety of implements available including four different types of mowers, posthole digger, tillage box scraper, rear blade, and front loader. See us soon for a demonstration. The all-new 850 and 950 Tractors from John Deere.



ADAMSTOWN EQUIPMENT INC.

Mohnton, RD2, PA 19540 (near Adamstown)
Phone (215) 484 4391

A. B. C. GROFF, INC.
New Holland, PA
Phone (717) 354-4191

LANDIS BROS. INC.
Lancaster, PA
Phone (717) 393 3906

FLEMINGTON, NEW JERSEY

TRACTOR PULL

FLEMINGTON FAIRGROUNDS

\$2400⁰⁰
PURSE

★ FRIDAY, JUNE 2, 7:30 P.M.

★ FRIDAY, JULY 21, 7:30 P.M.

★ WED., AUGUST 30, 7:30 P.M.

FLEMINGTON FAIRGROUNDS, RT. 31, NORTH OF FLEMINGTON



CLASS A PTPA

(PENNA. TRACTOR PULLERS ASSOC.)

Sanction Pull

All NTPA & PTPA rules will be enforced. Contestants must be PTPA Competing member.

Classes

9,500 Super Stock
5,000 Super Stock
7,000 Modified
7,000 Super Stock
5,000 Modified
9,000 Open Class

WRITE: MORE INFORMATION

Flemington Fairgrounds

RT. 31

Flemington, NJ 08822

201-782-2413

201-782-5696

NOTICE

PULLERS WHO ARE RESIDENTS OF NEW JERSEY
Special Trophy Will Be Awarded To Top Points
Winner In Each Class For Total Points
Of Three Pulls.

(Special Award open to NJ Residents only)