

Winning recipes listed

Pa. chicken cook chosen at Norlebc

FREDERICKSBURG — After trying for three years, Judy Reynolds, a full-time student and housewife from Edinboro, will represent Pennsylvania in the National Chicken Cooking Contest which will be held later this year in Florida. Judy won the honor on May 20 after competing with seven other contestants in the Pennsylvania Chicken "Cook Off" contest held at Northern Lebanon High School, Frederickburg.

The contest is sponsored annually by the Pennsylvania Poultry Federation which awards an all expense paid trip to the national contest and an additional 50 dollar cash prize to the first place entrant. Contestants in the competition were selected by judges for the National Broiler Council as the best 10 recipes entered from Pennsylvania.

The recipes were judged for simplicity, interest, appearance, cost, and flavor, explained John Hoffman, executive director of the Pennsylvania Poultry Federation. The council does

not want the flavor of the chicken to be hidden, especially since the contests are held to promote the product.

This year's state winner is an active mother of two children, Amy, 10, and Mike 9, and is also a student at Edinboro State College studying physical education. Judy enjoys entering cooking contests because she "likes to meet other people and enjoys cooking," she said. Her winning recipe was "Cream Puff Topped

Chicken Pie." The recipe follows:

CREAM PUFF TOPPED CHICKEN PIE
 2 whole broiler-fryer chicken breasts, halved, boned, skinned, cut in 1-inch chunks
 1 teaspoon salt
 ¼ teaspoon white pepper

3 tablespoons butter
 1 cup chicken broth
 1½ cups frozen mixed vegetables
 ¼ cup water
 2 tablespoons cornstarch
 3 tablespoons cooking sherry
 ½ cup sour cream
 ¼ cup shredded Cheddar cheese

Cream Puff Topping (Recipe follows)
 Sprinkle salt and pepper on chicken. In fry pan place butter and melt over heat. Add chicken and saute, stirring, about eight minutes or until chicken is opaque and fork can be inserted in

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Elaine Cara, left, coordinator for the Pennsylvania Poultry Federation, awards Judy Reynolds, Edinboro, as the winner of the Pa. chicken cook - off.

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