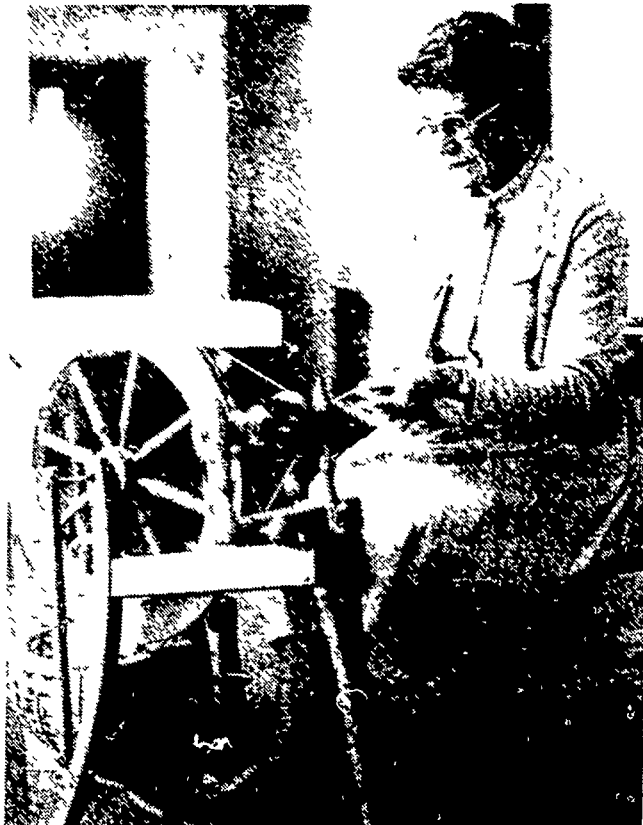


Ladies gather for Lebanon County Day Out

By KENDACE BERRY
LEBANON — Ladies from Lebanon and Berks County gathered on Wednesday for the Lebanon County Farmers Association Lady's Day Out, held at the Zoar Lutheran Church, Mt. Zion.
 Ann Guyton, from Hopewell, Bedford Co., whose husband worked at Andros, Bahamas on a USAID project, was the

main speaker for the day. She told the ladies of her experiences while living on the island for 4½ years.

She described the Bahamian villages and families, relating that the cost of living there is extremely high, with food costing about twice as much as it does here. She told her enjoyment of the sea, in-



The art of spinning was taught by Connie Ziegler, who showed the process step by step, starting with raw wool from a sheep.

a spinning wheel and explained the differences in types of wool.

The afternoon's program also included some demonstrations. Grumbine's Flower Shop, Myerstown, showed a variety of fresh flower arrangements and

how to make them. Mrs. Ada Ruth Leminger, Denver, brought burlap and dried flowers and creatively showed how arrangements using them could be made.

Remarks from the Pa.

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Ann Guyton shows some of the items she acquired while staying at the Bahamas with her husband. She lived there 4½ years while her husband taught agricultural skills.

cluding snorkeling, scuba diving, and beachcombing.


One aspect of the island life she touched upon was the gardening. "In the Bahamas, you can garden 12 months a year," she told her audience. "Winter is the main season for raising crops with Summer becoming too hot for some vegetables such as tomatoes."

Her husband's job in the Bahamas was mainly to teach modern farming

techniques to the natives of that country. She and her husband returned to the U.S. at the beginning of this year.

Another speaker for the group was Mrs. Connie Ziegler, Elizabethtown, who brought her spinning wheel along and demonstrated the process of taking raw wool and spinning it. She noted that the spinning of the fibers is done to strengthen them. She showed the use of a drop spindle, carders, and

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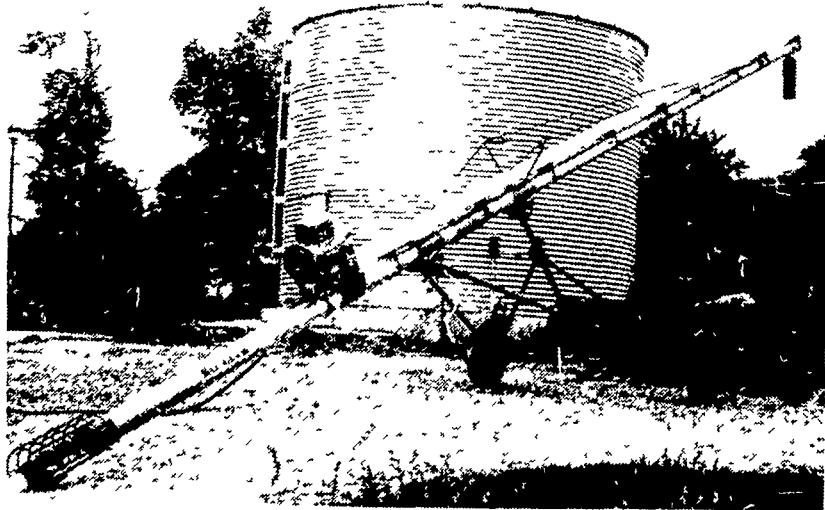
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