

# Home on the Range

(Continued from Page 87)

layers of noodles and meat sauce in large medium-deep casserole; top with Parmesan cheese. Bake at 350 degrees F. for 15 minutes. Yields six and eight servings.

xxx  
**TAGLIARINI**

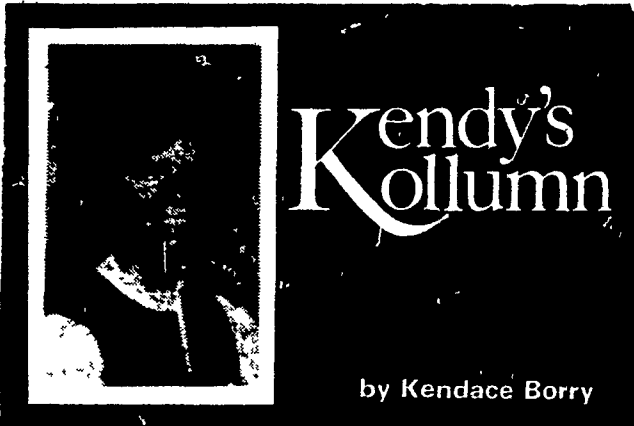
- 1½ pounds ground beef
- 1 large onion
- 1 chopped green pepper
- 2 cans tomato paste
- ½ package cooked egg noodles
- 1 can cream-style corn
- 1 can mushrooms and juice
- Cheddar cheese

Layer ingredients in baking dish in order given, placing a large portion of cheddar cheese on top. Bake at 350 degrees F. for one hour. Yields six servings.

xxx  
**MOUSSAKA (ISRAEL)**

- 1 pound ground lamb, mutton or beef, or mixture
- Salt and pepper to taste
- 1 eggplant
- ¾ cup tomato paste
- ½ cup dry bread crumbs or browned grits

Season meat to taste with salt and pepper; press into the bottom of a greased casserole or baking dish. Slice unpared eggplant into thin rounds and arrange over meat. Top with tomato paste; cover with bread crumbs or grits. Cover tightly and bake at 350 degrees F. for 30 minutes. Remove cover and let bread crumbs brown for about 10 minutes. Yields four servings.



If you want to feel conspicuous, try being the only girl who shows up at a meeting designed just for farmers. All too often, as part of my job as roving reporter, I open a door and suddenly discover that I am the only female present.

The result is I suddenly get an attack of "instant

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shyness", an acute self-conscious disorder that makes me suddenly feel two inches tall and want to fall through the floor. My feet quickly turn to stone, my face goes beet red, and I stupidly stand there while everyone stares at me

I'm always sure that all those big rough and tough farmers are wondering what in tarnation I am doing there, and resent the intrusion. Farmers always seem so capable to me, and I guess, I just get scared that, as a girl, I look a fool. It takes all my courage and willpower to shuffle in the doorway, and flop into the nearest seat, trying to fade into the wallpaper.

Usually, wherever I sit, the conversation of the men near me dies down to a low hush and I feel eyes staring at me. Then somebody will reach over, tap me on the shoulder, and ask, "Aren't you from Lancaster Farming?"

And suddenly my world feels all right again.

## Berks Co. horse expo set for March 4

READING — The general public is invited to attend Berks County's 1978 Horse Expo which will be held in the Berks County Agricultural Center (just north of the Reading Airport off Route 183, opposite the Berks Heim) on March 4th from 10 a.m. to 10 p.m. Included in the day-long event will be displays, exhibits, movies, and speakers. The Expo is sponsored through the efforts of the Berks County Cooperative Extension Service and 4-H horse clubs, horse breed

associations, local horse clubs, and commercial horse business.

Approximately 35 horse breed associations, horse clubs, and businesses will have displays and exhibits. Ten movies will be shown continuously throughout the day, and Speakers will address the participants on various equine subjects.

Speakers for the day include Dr. Homer S. Forney, Pa. Bureau of Animal Industries, on "Equine Infectious Anemia;" Dr. James P. Gallagher,

Cooperative Extension equine specialist, "Equine Feeding and Nutrition;" Mrs. Valerie Kanavy, trail trotters, "Competitive Trail Riding;" Dr. Todd Eddes, Chester County Fox Hunters Association, "Fox Hunting;" Dr. James G. Eagleman, Willow Creek

Animal Hospital, "Foaling and Post Care Management;" and Dr. Herbert C. Weaver, farrier, "Corrective Shoeing;" and Dr. John E. Baylor, Cooperative Extension agronomy specialist, "Pasture Management."

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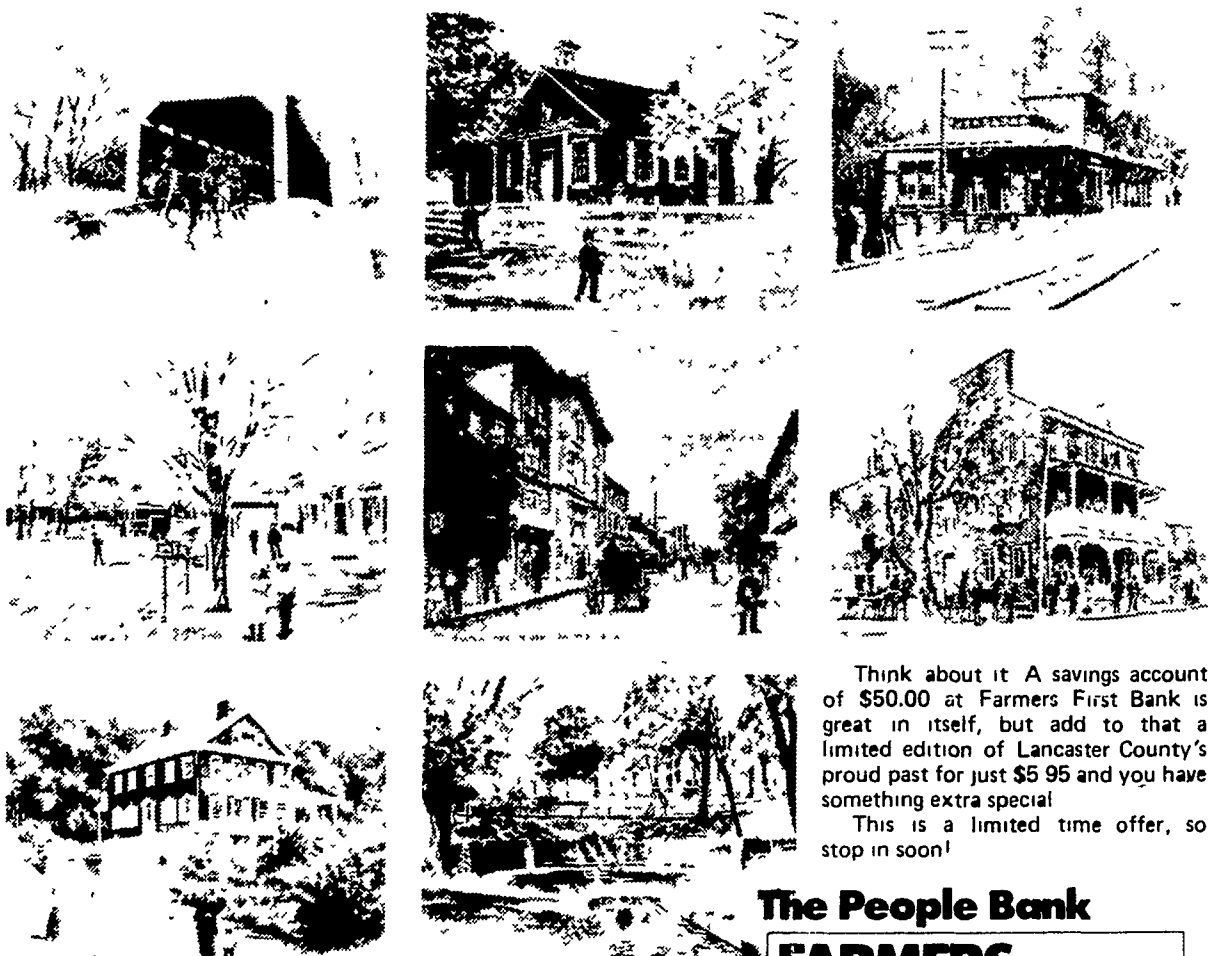
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