## Ladies Have You Heard?

By Doris Thomas

Lancaster Home Economist


## HOW TO CARE FOR BAKEWARE

 Most everyone takes creative pride in turning out quality baked goods in their quality baked goods in their temperature is critical to the temperature is critical to the esults of our efforts However, do you know that plays a very important role in how your recipe will turn out.Bakeware is made of luminum, heat-resistant glass and ceramics, stainless steel, cast iron or earthenware. The selection of a utensil for baking should it the recipe. In too small a pan the batter of dough will overflow. If the pan is too large, contents will bake too hard and fast.

Shiny metal pans reflect heat and produce products with a light crust. Dull or darkened bakeware, glass utensils, and those with a colored exterior finish absorb heat and generally produce baked goods with a darker crust. You should
reduce the oven temperature care. Tho rough drying is by 25 degrees $F$ when baking in any of these pans. Áluminum utensils may develop stains and discolorations. These can be removed by bonling a solution of two to three tablespoons of lemon juice vinegar or cream of tartar to a quart of water in the utensil for five to 10 minutes. Then scour, rinse, and dry. A commercial stainless steel cleaner will help marks stubborn burn stainless steel bakeware of will also help rid the utensil of "heat tint", the rainbow like discoloration caused by high heat.
Cast iron pans should be pre-seasoned before use. Wash the utensil, rinse and dry. Coat the inside surface with cooking oil or shortening. Heat in a moderate oven for about two hours. After removing the bakeware, wipe away the excess grease with a paper towel. Hot sudsy water is all that is needed for subsequent
important to prevent rusting. To re-season cast iron, scour the utensil and repeat the seasoning procedure. Cast iron utensis teriors do not need seasoning.
Tin darkens with use and age; the process is irreversible. Therefore, the baking qualities of tin will change. A dark pan will yield a much browner produc than a shiny tinned pan. Tin does have a tendency to warp if subjected to sudden emperature changes and a warped pan will not bake evenly.
Many bakeware interiors are coated with a non-stick inish. Generally, beside washing, these should be conditioned before initial use by rubbing whth cooking oil; be sure to follow the manufacturer's instruction Do not oil a tubed angel food cake pan. Angel food batte must cling to the sides of th an during baking Most manufacturers

ecommend using nylon, hard rubber, plastic or wooden kitchen tools on nonstick finishes, glass and aluminum to prevent scratching the surface. A nylon or plastic scrubber and suds can be used to help remove burned-on foods. Scratching or bakeware finshes can also be limited by storing the pans sungly in vertical slots or by placing paper towels between them. bakeware most out of your bakeware. Choose durable your baking needs. Be sure your baking needs. Be sure you use recommended that your bakeware will last that your bakeware will last longer with proper care, for many a homemade treat.

PAINT BRUSHES AND
ROLIERS AND

## Your paint brushes and

 rollers represent an investment, if you are a do-it-yourself decorator. These tools will survive a number or "overhaulings" if you clean and store them Avety atter each use. Avoid letting paint harden Use a on the implements. serape rounded stick to ewse off excess paint onto paint or minean in brush cleaner wash brus spirits. Then detergent or or rollers in you use latex soap suds. In wash tools in puintsy simply Work bristles bater. humb and forefinger to coen paint from the heel of a rush. Suds the nap of a oller with both hands. Rinse. Comb brush bristles with a metal comb to revent matting, Handle brushes by the handles; place rollers on pegs or upright to dry. When completely dry, wiap in foll to eep them dust-free.

Beef ball set
LITTLESTOWN -Schottue's Restaurant, near here, will be the site of the next Friday night during which a parade of bulls, dinner, and a dance will be among the highlights.
The evening program will get•underway at 6:30 p.m with tickets priced at $\$ 18.50$ per couple. Organizing and presenting the program is the Adams County Beef Producers Association.

Ever wonder how much Maryland farmers spend yearly to run their Maryland farm In 1967, expenses totaled $\$ 290$ million This rose to million. by 1072 to kyrocketed to $\$ 616$ million in 1976!


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