## Md. nat'l champ in 4-H horticulture judging

COLLEGE PARK, Md. ~ For the second time since 1972, a Maryland team has won the national championship in the 4-H division of judging competition sponsored by the National Junior Horticultural Association.

This year's contest was held at Winston-Salem N.C., during 'the forty-third annual NJHA meeting.

Members of the national

champion Maryland team were Mark Arrington, 19, of Mount Airy; Paul Kelly, 15, of Waldorf; Timothy W. Overstreet, 18, of Severn, and Joe Ianuzzi, 16, of Ellicott City.

Arrington placed fifth among all individuals competing in the national 4-H horticulture judging competition, and Kelly was fifth. The other two team members placed thirteenth

and sixteenth, respectively. The quartet had been the top four individuals in statewide competition last summer at the Maryland State Fair in Timonium.

Joyce Maryin, 18, of LaPlata placed fifth in the honors division of the NJHA contest. She had placed third last year in open class judging, and she was a member of the Maryland team which placed third in the 1974 national 4-H horticulture judging event.

Joyce's sister, Linda Marvin, 15, won a blue ribbon at this year's NJHA meeting for her marketing demonstration on "Totem Poles for Growing Plants."

A. Charles county 4-H group placed fourteenth among 21 teams competing in the open division of the girls from the Upper Bay NJHA judging contest.

Severn, a member of the earned a blue ribbon for her

national champion 4-H horticulture judging team from Maryland, also captured honors in the illustrated talk competition at this year's NJHA meeting. He earned a red ribbon for his presentation on "Pesticides Are for Pests."

Two Maryland teen-age area won similar honors. Timothy Overstreet of Anne Coleman, 17, of Elkton demonstration on "Floral Creations" in the artistic arrangement class. And Regina Smick, 17, of Jarrettsville earned a red ribbon for her production class demonstration, which was titled "Space-Available Call Propagation."

Emily Hearn, 19, of Laurel placed eighteenth among 26 individuals competing in the open class horticulture judging competition at this year's NJHA meeting.

## Now is the time for nuts in the shell

big bowls of mixed nuts are a holiday tradition in many homes.

Although nuts can be purchased throughout the year, a wider variety becomes available just before Thanksgiving. In fact, many stores feature large burlap bags full of loose walnuts, almonds, pecans, cashews, filberts and other nuts, from which customers can make their own selections.

Nuts make good between meal snacks during the holidays, or any time. Most common nuts contain 10 to 25 peanuts at the top of the list. Because of their high fat content, nuts are satisfying, and quickly ease hunger pangs.

When buying nuts in the shell, choose those that are clean and free of splits, cracks, stains, holes, and mold. They will keep well in a nut bowl at room temperature for one to two weeks. For prolonged storage, however, keep them in a cool, dry place, or in tightly closed containers in the freezer.

Hard shells are easier to crack and nutmeats less likely to break if nuts are

DOVER, Del. - Tempting per cent protein, with first soaked in warm water several hours or overnight. Spread the nutmeats out and let them dry for a few hours before storing.

Most nuts sold in the shell are not roasted, with the exception of peanuts and chestnuts. If these are roasted, the information will be given on the label.

Peanuts and chestnuts may be easily roasted in the shell at home. Spread peanuts in a shallow pan and roast at 350 degrees F. for 15 to 20 minutes, stirring occasionally. To test for doneness, remove a nut from the oven and shell it. The inner skin should slip off easily. The kernel should be lightly browned and have a roasted flavor.

To roast chestnuts, first slash through the shells on the flat side. Place chestnuts, cut sides up, on a baking sheet. Roast at 400 degrees F. until tender, about 20 minutes. Insert a fork through the cut in the shell to test for doneness.

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## Poultry prod. up again

HARRISBURG - Pennsylvania poultry production for the week ending November 12 rose slightly for the second straight week. Placements of broiler chicks in the commonwealth were 1,816,000 according to the Pennsylvania Reporting Service.

The placements were one per cent higher than the previous week and ten per cent above the corresponding week in 1976. Average placements in the commonwealth during the past ten weeks were nine per cent above a year ago.

Broiler fryers slaughtered in Pennsylvania under Federal Inspection during the week ending November 2 totaled 1,784,000 with an average weight of 3.79 pounds.

In the 21 key poultry states, placements during the week ending November 12 were 61,787,000, six per cent more than the previous week and three per cent more than the same week a year earlier.

Average placements in the 21 states during the past ten weeks were six per cent above a year ago.



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