

Schlei speaks

NEW YORK, N.Y. — Barbara Lindemann Schlei, an official of the U.S. Department of Agriculture, told over 400 members of farmer cooperatives this week that the Department is

an aggressive advocate of agricultural transportation before decision-making bodies.

Schlei is the recently-appointed administrator of USDA's Agricultural Marketing Service

In speeches before the Utah and Idaho Councils of

Farmer Cooperatives, Schlei said the current 15-per cent restriction on hauling non-cooperative-member tonnage not only limits backhaul possibilities, but also results in poor use of equipment and wasted energy.

She said USDA favors raising that restriction from 15 per cent to the 50 per cent level that applied before 1968

Schlei also discussed Secretary of Agriculture Bob Bergland's endorsement of farmer cooperatives earlier this month, and said that

USDA vigorously supports milk, fruit and vegetable marketing orders. She pointed out that marketing orders are one example of limited government intervention that promoted free competition.

In her talks, Schlei commented on other issues that fall within the jurisdiction of AMS, including the Perishable Agricultural Commodities Act, commodity research and promotion programs, and the nationwide federal-state market news system.

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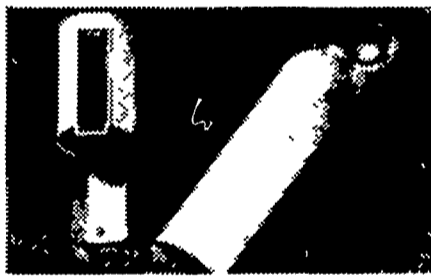
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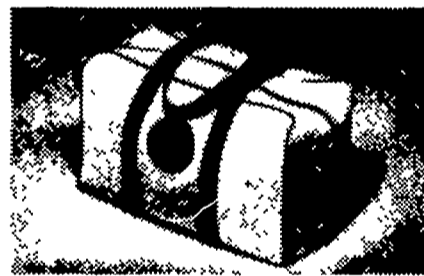
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Yearbook published

WASHINGTON, D.C. - "Gardening for Food and Fun," the 1977 Yearbook of Agriculture, was published recently.

Secretary of Agriculture Bob Bergland described it as "a practical book for gardeners of all types - from the beginner to the proficient, from young people to retired persons."

The new Yearbook has 400 pages of gardening text plus 32 pages of color photos. It is organized into four sections: "Introduction to Gardening," "Home Garden Vegetables," "Fruits and Nuts" and "Home Food Preservation." The last section tells how to preserve and store garden produce at peak quality.

A copy of the Yearbook may be purchased at government bookstores for \$6.50 or may be obtained by sending a check or money order for that amount to Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402. One can order by stock number 001-000-03679-3. In addition to the copies on sale, each member of Congress gets a limited number of the books for free distribution to constituents who write their Representative or Senator requesting a copy. The U.S. Department of Agriculture has no copies for public distribution or sale.

Nutritious Snacks

Do your family a favor and keep nutritious snacks available at all times. Try fresh, raw vegetables. And, have various fresh fruits available and handy. Serve apple rings with peanut butter for snacks or have cheese and fruit kabobs on toothpicks ready to eat. Celery stuffed with peanut butter or cheese also makes for a good, quick snack.

Don't Skip Breakfast

Approximately 16 per cent of America's adults skip or skimp on breakfast—and only one out of five children go to school with an adequate breakfast. Breakfast eaters turn out more work during the late morning hours, are quicker in their reactions and do not tire as easily, specialists say.

Easy Access

For easy access in the kitchen, alphabetize spices on a storage turntable and store canned goods together according to category of food group.

Removing Rings

Wet or hot dishes or glasses leave white rings on tables. To remove those, make a thin paste of salad oil and salt in equal proportions. Rub it on the spot with your fingers, let it stand an hour or two, then rub off. The rings should vanish.