

Ladies Have You Heard?

By Doris Thomas
Lancaster Home Economist



FALL '77 FASHION TRENDS

Texture steals the spotlight this Fall as fabrics are layered for warmth and mixed for impact! Challis, in border paisleys, florals, or allover paisleys on black or beige grounds, is the season's dramatic trend-setter. Synthetics feel more like natural fibers than ever, and styles are lush, drapable and feminine with the blouson the leader. In addition, the season is aglitter with metallic yarns of gold, silver, and copper worked into all sorts of fabrics.

Colors run the gamut with navy and purple pivotal. Gem tones and berry shades are well-represented. The brown spectrum - from soft beige through chocolate,

bronze, cordovan and henna - is important. Bright reds, violet, magenta, and marigold are bold contrasts.

The return of the dress this season and challis are practically synonymous! Challis, a soft, lightweight fabric, was traditionally woven of wool. Today, challis is likely to be made of machine washable acrylic, polyester, rayon or cotton. Printed with vivid floral patterns on dark grounds or with paisley designs, the challis feel and drape is also achieved in blends - triacetate/nylon, cotton/polyester, rayon/polyester.

Along with new textures, there is a marked softening of styles. Dirndls and full-of-movement pleating or bias

cuts are seen in skirts. Some pants feature drawstring waists, pleating, and tucks. Others are straight and skinny. Slouch pants are full and soft over the hips, and then hug the ankles.

The blouson look is the major shape for Fall and meant to team up with skinny pants, full skirts. Jumpers, sloppy Joe sweaters and sweatshirts, pleated skirts, boxy blazers and vests are reminiscent of the 50's. Split skirts and gauchos continue to appeal.

The newest suit looks have cropped, unconstructed jackets that match or contrast. The rugged fashions combine sturdy pants with

thick cable knit or overgrown hooded, blouson sweaters or jackets and windbreakers are coordinates. Shirts feature delicate detailing such as shirring, tucks, lace and smocking. Glitter comes into play, e.g. gold metallic stripes dramatize a mohair and acrylic cowl-necked sweater; a blouse and rustic gauze features shimmery gold mini-stripes.

NOW IS THE TIME TO FILL SPOTS CAUSING HOME HEAT LOSS

The early weeks of Fall are a good time to search for those spots in the house that cause heat loss.

We've heard a lot about "R" Values in walls, ceilings and windows. Once insulation has been added to the recommended levels, then heat loss due to air infiltration and thru the upper part of basement walls becomes more significant.

In older homes, air infiltration or air exchange can easily exceed 1-1/2 air changes per hour. In more recently built homes where flame fuels are used for heating, the level may be in the range of 3/4 to one air change per hour. In a well-built electrically heated home, it is probably closer to 1/2 air change per hour. In most homes, 3/8 to 1/2 air change per hour is about all that is needed.

In a well-insulated home, heating an air change of one per hour could represent

about 40 per cent of the fuel bill. Since this aspect of home heating is so significant, it then becomes most important to cut down on air leaks wherever possible.

Weatherstripping around doors and windows is one very important way to reduce air infiltration. Caulking around doors and windows on the outside is also very important.

In many homes, air can move freely out of basements at the point where the house framing rests on the foundation wall. Caulking at this point and insulating the upper part of the foundation wall can save considerable heat loss from the basement. There is very little on the foundation. Filling insulation into these spaces cuts down heat loss considerably.

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Town Fair celebrates 10th anniversary

LANCASTER - The Lancaster Town Fair is marking its 10th anniversary this year with a special two-day celebration on October 25 and 26 from 10 a.m. to 9 p.m. The Fair, a wonderland of crafts and displays to delight the entire family, is sponsored by the First Presbyterian Church, St. James Episcopal Church, Temple Beth El, the Lancaster YWCA, and the Lancaster County Library.

A new addition this year will be an entertainment series including a barbershop quartet, brass ensemble and string quartet, where the musicians will stroll from site to site during the evening hours.

In addition to providing fun for those who attend, Town Fair raises money for a wide variety of local organizations. Over the last 10 years, the fair raised approximately \$100,000. Last

year, the proceeds went to 14 different programs.

Town Fair tickets at \$1 each are available at all units sponsoring the fair. The tickets can be used the same as money throughout the fair area.

Following is a listing of the different activities scheduled.

The YWCA

The YWCA on 110 North Lime Street is set to house a crat show, a Christmas shop, a "Bridge to the East" exhibit, retail shops, a coffee-bake shop, and a gingerbread house. The admission charge to the Eastern exhibit is one ticket or \$1

Lancaster County Library

The Lancaster County Library at 125 North Duke Street will be the center for an Olde Lancaster Shoppe, a Pooh party, a jazz concert, and a magic show. Ad-

mission to the magic show is one ticket or \$1.

First Presbyterian Church

The first Presbyterian Church, 140 E. Orange St., will house a replica of Rock Ford, the mansion of General Edward Hand, as well as a needlecraft show, a harvest table, gift table, gallery and showcases, a garden shop, portraits, and a musical moment, as well as a luncheon. Admission to the needlecraft show is one ticket or \$1.

St. James Episcopal

Displays set up in the St. James Episcopal Church, Duke and Orange Streets, include "Here Comes Christmas", the wrinkled wreath, the toy box, the sugarplum fairy, and a Scandinavian dining room, as well as a dance program.

Temple Beth El

Temple Beth El, 25 North Lime Street, will house an

art sale, sculpture, paintings, a sanctuary, a cruise to Israel, Haifa gift shop, carmel winery, jaffa frozen foods, trifles and treasures shop, La Fleur plant stand, kitchen kettle, and a jewelry outlet, as well as the Tel Aviv cafe.

Babysitting Service

Babysitting will be provided in the St. James Parish House ground floor from 10 a.m. to 5 p.m. each day. Rates are 75 cents per hour for the first child, 25 cents per hour for each additional child. Disposable diapers should be provided by parents, who should check their children every two hours.

All day parking is available in city parking garages.

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