

Heidi is my girl



Heidi

By DIETER KRIEG

An excited squeal of delight, two little legs kicking vigorously in unison, delicate flailing arms, joyful eyes, and a big smile is what I get to come home to daily. Her name is Heidi, and she's eight months old today (Saturday).

We're the best of friends.

I'm sure that's how she wants it to be. A day doesn't go by that she doesn't reach out for me and follow me around with her big, round blue eyes. When she has her catch, her smile turns into a cute giggle and she

carries on a conversation in her own little way while running her tiny fingers over my face or grabbing a hold of one of my fingers.

Heidi shows her pleasure and excitement by kicking both legs in unison, waving her arms, smiling and "talking." And if that doesn't tell it all, one look into her eyes tells all the rest.

She's a happy and beautiful little baby, adding significantly to the happiness of her daddy.

Taking pictures of her is almost routine now. Seeing her daddy hide behind a camera used to baffle her, but not anymore. She keeps right on smiling. That's a recent picture of her, above.

When she's serious or not sure of what to make of things before her eyes, she closes her mouth and just studies the situation. Seeing cows for the first time or any new experience will bring that on. But it's only a moment or two before the squeals of delight return, and then she kicks with both her legs -- just about propelling herself right out of my arms.

Heidi is discovering the world. Why, just this morning during breakfast she perfected a way to blow bubbles with babyfood. Mommy isn't very thrilled about it, but Heidi had a big smile on her face anyway.

As for myself, I'm thrilled about the many wonderful joys of being the father of a precious little girl.

Ag Progress - good show

Penn State, in conjunction with nearly 200 agribusinesses put on another terrific agricultural show at its Rock Springs Research Farm this week. It ran for three days, and to see it all, it would have taken that long. Most visitors, however, can only afford to get away for a day, which is understandable.

There was a lot to see, and for those willing to learn, there was that part of it too. Among the activities were field trials of forage harvesters and balers. Farmers had the opportunity to watch their favorite machines in action and could subsequently ask about them at the exhibitor's booth.

Not to be left out are the various field trials Penn State offered to farmers. Ways to reduce erosion and save energy were mentioned, and what farmer can afford not to listen when those topics come up for discussion?

Visited by an estimated 50,000 people, Ag Progress is the biggest show of its kind in the East. This year it was held for the second time in a row at the University's 1525 acre research facilities. The site is being suggested as a permanent home for Ag Progress, which makes an awful lot of sense since that's where the experimental fields are. Penn State can't very well move them to other locations, and they certainly have the space and facilities to make it a good and worthwhile event.

They did just that this year, and give assurance of even bigger and better Ag Progress Days in the future.

The event offers one-stop shopping for future profits and the people who put it all together should be congratulated.

Sour story on milk

"Don't drink your milk" is the title of a new book which went onto bookshelves across the country yesterday. It's written by a medical doctor, Frank A. Oski, who believes that no one should drink milk. His reasonings include lactose intolerance, milk allergy, coronary heart disease, and activities of milk cooperatives.

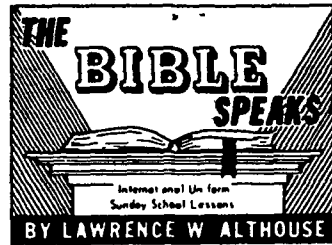
The book, which will be distributed by the Playboy Press and retail for \$9.95 per copy, may never have a serious effect on milk consumption. But it's nevertheless an insult to dairymen and dairy cooperatives. In fact, it's an insult to thousands of doctors and nutritionists who wouldn't support Dr. Oski's views.

To illustrate how ridiculous Oski's findings and opinions are, the National Dairy Council wonders how in the world the activities of dairy cooperatives could affect a person's

health. What's more, Oski had the audacity to conduct tests with raw milk and then apply the conclusions to pasteurized milk.

Such unscientific procedures should be proof enough that Oski's book is nothing more than a compilation of trash.

I'm going downstairs for breakfast to drink to that. Drink up, folks!



GIVE US A KING!

Lesson for August 28, 1977

Background Scripture:

Judges 21:25;
1 Samuel 7 through 10.
Devotional Reading:
Psalms 110.

In commenting upon the sources of authority in church life, United Methodist Bishop James M. Ault once observed that "Every church has a Bishop, regardless of what you call him." Actually, I think the same is true of governments and monarchy: every governmental system has a king of some sort, although his or her title may vary greatly. Thus, the problem and concerns that Israel encountered as the twelve tribes became a monarchy are not as remote as they may first seem. They were concerned with the issues of morality and the exercise of governmental authority...and so are we!

Perverting justice
The picture we get in 1 Samuel 8 is one with which we may well identify. Joel and Abijah, the sons of the great Prophet Samuel, had assumed their father's role as "judge" in Israel. Technically, the "judge" was not a monarch, for his power was much more limited, yet the "judge" was still the one focus of governmental authority and influence among the confederation of the twelve tribes. Whatever power there was in the Promised Land was vested in the two judges, Joel and Abijah. Although they were not called "kings," they certainly had some governing power.

Unfortunately and unlike their father, they wielded that power corruptly and unjustly. Although they were sons of the great Samuel, yet they "did not walk in his ways, but turned aside after gain; they took bribes and perverted justice" (1 Samuel 8:3).

So, dissatisfied with Samuel's corrupt sons and fearful of the growing nations around them, the elders of Israel came to Samuel and demanded a monarchy: "Give us a king!"

A solemn warning
The writer of 1 Samuel makes it clear that neither Samuel nor God were pleased with this demand. However, God agrees to a king providing that the people are warned about what they are asking for. The reason behind this reluctance may well be, not that a monarchy is



NOW IS THE TIME...

Max Smith
County Agr. Agent
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TO CHECK TOUGH HAY

Barn fires at this time of year often result from spontaneous ignition of tough (damp) hay. If hay is stored in this condition it should be checked frequently for any rise in temperature. You can make a tester by drilling a few holes in the bottom six inches of a ½ inch by eight feet steel pipe. Place a sharpened plug in the end of the pipe and force it down through the stack and into the bales. Then, lower a veterinary-type thermometer down the pipe on a string.

If the temperature is 160 degrees F, check it every four hours. If the temperature has reached 175 degrees F, fire pockets may be expected. Call the fire department to have the hay wetted down, then remove the hay.

At temperatures higher than 175 degrees F., hay will burst into flames on contact with air. DO NOT attempt to remove the hay from the mow without first wetting it down.

TO FILL BUNKER SILOS SAFELY

Many farmers take advantage of slopes and hillsides to make horizontal silos. This type silo is much safer in some respects when compared to vertical or "tower" silos. (The latter collect poisonous gases), but is still not without its problems. Because it is essentially an open air silo, the accumulation of toxic gases does not occur. Rather, the danger comes from the filling and packing of the horizontal silos.

The biggest danger is tractor roll-over. It is common to run a tractor over the silage as it is unloaded to pack it down. The best tractor for this is the crawler type. They have more weight, a lower center of gravity and are more stable. However, most farmers don't own a crawler and have to use whatever is available.

A tricycle type tractor has the least stability and is more likely to upset if gotten too near an edge which can

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Farm Calendar

Sunday, Aug. 28
Maryland State Fair begins in Timonium, continues through Sept. 3.

Monday, Aug. 29
Elizabethtown Area Young Farmers take trip to Phillies game.

Conrad Weiser Adult Farmers tour Agway Research Farms, Fabius, N.Y.

Manheim Area Young Farmers hold "crop evening" at the Landisville Research Farm maintained by Penn State University.

Tuesday, Aug. 30
Flemington Fair opens in

Flemington, N.J. Children's Day.

Ephrata Area Young Farmers officers and Ephrata Fair committees meeting, 8 p.m. at the Ephrata Junior High School.

Southcentral District 4-H Dairy Show at the Farm Show Building, Harrisburg.

Wednesday, Aug. 31
Farmers' Day at Flemington Fair; tractor and horse pulling contests, dairy princess selection.

Pennsylvania vegetable growers tour, to be held in Union, Lycoming, Snyder, Northumberland, and Juniata region.

Berks County Conservation District board of directors meeting, at the Ag Center, 2 p.m.

Lehigh County 4-H Swine Show and Sale, 10 a.m., Quakertown Livestock Market.

Friday, Sept. 2
Fireman's Day at the Flemington Fair.

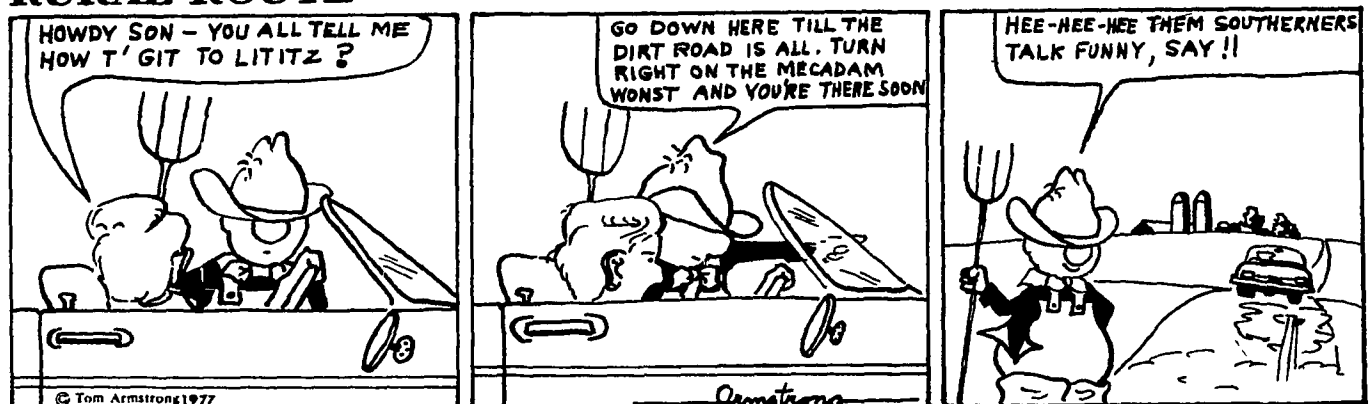
Southeast Pennsylvania 4-H Dairy Show at the Allentown Fairgrounds. Judging begins at 10 a.m., cattle released at 2 p.m.

Saturday, Sept. 3
Peachilicious Labor Day Weekend, three-day celebration at Maple Lawn Farms, New Park, Pa.

inherently bad, but that our expectations are unrealistic. In other words, if the elders of Israel thought that a king was going to solve all of their problems, they were wrong.

This is no less a problem for us today for we too have a tendency to believe that if we can have the "right man" as our President, our nation's ills will be cured. Yet, important as it is to have the "right man" as President - a man who does not seek personal gain and does not pervert justice - it matters little unless we the people are willing to give to our citizenship the same qualities we seek and expect in our leaders.

RURAL ROUTE



By Tom Armstrong