on the Cheffel Action

1 1 15 15 2 2 .

Junior Cooking Edition

4 tablespoons sugar

Combine first

ingredients in salad bowl.

Then boil together the

pineapple juice, beaten egg,

sugar, and flour. Cool and

pour over marshmallow

Lehigh 4-H'ers

garner awards

UNIVERSITY PARK, Pa.

- Lehigh County garnered four awards at the 4-H Field

Day held on June 18 at Penn

Senior winners in judging

and showing beef within the

state were: Ardith Wetzel,

New Tripoli, third; Grant

Grim, Breinigsville R1,

fourth; and Brian Ruch, Jr.,

Other 4-H members who

participated were: Sarah

Fretz, Joe and Jane Sikorski,

Willia Wilson, Ruth Grim,

Theresa Fink, Gail Snyder,

and Diane Krause.

Breinigsville R2, fourth.

State University.

Lydia Smucker

Age 13

New Holland, Pa.

1 tablespoon flour

mixture.

There's no doubt about it. when school is out and Summer is in, the time to perfect baking and cooking skills arrives as well. This week we have two cakes, two pies, and two fruit salads for all the budding cooks out there to practice on. Why not try them all and have some

CHOCOLATE PUDDING

- 1 cup shortening
- 2 cups sugar
- 2 eggs
- 1 teaspoon vanilla 1 cup buttermilk or sour milk 1-3 cup corn syrup
- 3 cups flour
- 2 teaspoons salt two-third cup cocoa
- 1 cup hot water
- 1-1/2 cups sugar
- 2 tablespoons cocoa
- 2 cups hot water

Mix together shortening, two cups sugar, eggs, yanilla, buttermilk or sour milk, flour, salt and twothird cup cocoa. Then add one cup hot water and pour batter into 13 by 9 inch pan. Next, mix together 1-1/2 cups sugar, 2 tablespoons cocoa, and two cups hot water. Pour over cake batter and bake in a 350 degree F. oven for 50 to 60 minutes

Mary Ann Martin Selinsgrove, Pa. **BUSY DAY**

CHOCOLATE CAKE

- 34 cup cocoa 2 cups sugar
- 2 cups flour
- 2 teaspoons baking soda
- 1 teaspoon baking powder
- 1 egg
- 1 cup milk 1 cup boiling water
- ½ cup butter, melted Combine all ingredients

and mix well. Place in a 9 by 13 inch pan and bake for 30 to 35 minutes at 350 degrees F. Shirley Wenger Manheim, Pa.

Age 8 FRENCH RHUBARB PIE

- Filling:
- 1 cup granulated sugar
- 1 tablespoon flour
- 1 teaspoon vanilla
- 3 cups diced rhubarb
- Crumbs:
- 34 cup flour 52 cup pineappone-third cup margarine 1 egg, beaten

½ cup brown sugar

together Mix granulated sugar, flour, and vanilla. Then add diced rhubarb. Place in a nine-inch pie shell. Next, combine 34 cup flour, one-third cup margarine, and ½ cup brown sugar for crumbs. Place on top of filling and bake at 400 degrees F. for 10 minutes. Reduce heat to 350

degrees F. for 40 minutes. Alma Burkholder Kutztown, Pa. Age 13

RICE KRISPIE PIE

1-3 cup peanut butter 2 cups rice krispies

Mix ingredients together and press into pie plate. Fill with approximately one quart of ice cream, and then pour one can of cherry pie filling over top.

Thelma Martin Pine Grove, Pa. Age 10

PEACH BANANA WHIP 1 envelope plain gelatin

34 cup cold water ½ cup syrup from canned

peaches Few grains salt

¼ cup fresh lemon juice 6 tablespoons sugar 1 banana

1 cup canned peach slices ½ cup whipping cream

Soften gelatin in 1/4 cup cold water. Heat peach syrup, add softened gelatin and stir until gelatin is dissolved. Blend in remaining water, salt, lemon juice, and sugar, Cool until slightly thickened. Mash banana and fold into gelatin mixture. Fold in peaches and stiffly beaten cream. Pour into mold and chill until firm. Makes six to eight servings.

Doris Sauder East Earl, Pa. **LEAH FISHER'S MARSHMALLOW SALAD**

- 2 cups miniature marshmallows
- 2 pounds grapes 2 cups pinapple tidbits -
- ½ cup nuts
- 1 cup whipping cream, whipped ½ cup pineapple juice



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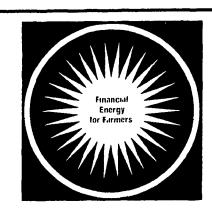
WASHINGTON, D.C. -Henrietta Duncan McArthur, 32, former assistant vice president of Cititzens Southern (C&S) National Bank in Atlanta, Ga., recently was named deputy assistant secretary of agriculture for rural development.

She is deputy to Assistant Secretary Alex P. Mercure, who directs the operations of the Farmers Home Administration, Rural Development Service, Rural Electrification Administration, and Rural Telephone Bank. The Farmers Home Administration is the largest federal credit agency serving rural people with \$7.5 billion a year in funds for farming, businessindustrial development, housing and community facilities. The Rural Electrification Administration and Rural Telephone Bank provide about \$4.8 billion a year for electric and telephone service in rural areas. Rural Development Service coordinates the rural development programs.

Born in Vidalia, Ga., Jan. 17, 1945, Ms. McArthur is a 1967 graduate of the University of Georgia.



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Carter taps lady for USDA post

assistant training officer. In her ten-year tenure at C&S, she moved up as a marketing officer, corporate financial named an assistant vice cultural groups. president of the bank.

Most recently, Ms. McArthur worked on the Carter-Mondale transition team, helping to establish a talent bank for the presidential personnel of-McArthur was

recognized in Who's Who in Young Women in America in 1976, as one of 10 Leading Ladies of Atlanta in 1976, and as one of 10 Outstanding Young People of Atlanta in

She has been a working member of the University of Georgia Alumni Society, serving on the board of trustees of the University's

In 1967, she joined the C&S Foundation as an ex on National Bank as an member, as a chairman committee member various University Georgia Alumni Semi committees, and has analyst, and in 1975 was active in Atlanta civic

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