

Dairy main

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3 tablespoons green pepper (optional)
 ½ stick butter
 2-½ tablespoons flour
 2 cups milk
 ¾ cup shredded cheese
 Salt and pepper to taste
 Cook onion and pepper in butter for five minutes. Add flour and stir. Add milk and cook until thickened. Season and add potatoes and ham. Put in two quart casserole and top with shredded cheese and bake at 350 degrees F. for 25 to 30 minutes. This is also good made with weiners.

Mrs. Merle S. Mishler
 Hollsopple, Pa.

MACARONI CHEESE DELUXE
 1 (7 ounce) package elbow macaroni
 2 cups small curd cream style cottage cheese
 1 cup dairy sour cream
 1 slightly beaten egg
 ¾ teaspoon salt
 Dash Pepper
 8 ounces sharp processed American cheese, shredded (2 cups)

Paprika
 Cook macaroni according to package directions; drain well. Combine cottage cheese, sour cream, egg, salt and pepper. Add shredded cheese, mixing well; stir in cooked macaroni. Turn into greased 9 x 9 x 2 inch baking dish. Sprinkle with paprika. Bake in moderate oven (350 degrees F.) for 45 minutes. Serves six to eight.

Lois J. Reed
 Lykens, Pa.

MEATBALLS IN BUTTERMILK
 1 pound hamburger
 ¼ cup chopped onion
 1 teaspoon salt
 3 tablespoons butter
 ½ cup bread crumbs
 ½ cup whole milk
 ½ teaspoon pepper
 Combine ingredients except butter and shape into balls. Brown in the butter. Remove from skillet. Keep warm. Pour most of grease from skillet.
 Sauce:
 ¼ cup butter
 2¼ cups buttermilk
 2 tablespoons sugar

1 egg beaten
 ¼ cup flour
 ¼ teaspoon salt
 1-½ teaspoons dry mustard
 ½ teaspoon pepper
 Combine ingredients to make gravy. When thick, add meatballs and simmer until flavors are blended.

Mrs. James Coombs
 Gardners, Pa.

Ice cream

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2 cups sugar
 2 tablespoons vanilla
 1 quart milk
 18 large marshmallows
 ½ gallon milk
 ½ teaspoon salt
 6 junket tablets
 ¼ cup lukewarm water
 Mix together eggs, sugar, and vanilla. Then, heat one quart milk and large marshmallows until the marshmallows are melted. Do not boil. Then, add eggs and sugar mixture to this. Next, add milk and salt. Put junket tablets in lukewarm water. Add the junket after pouring the ice cream into the can and let set for 20 minutes before freezing.

Lena Zimmerman
 East Earl, Pa.

VANILLA ICE CREAM
 3 packages unflavored gelatin
 ½ cup cold water
 3 quarts milk
 25 marshmallows
 5 cups sugar
 15 beaten eggs
 3 tablespoons vanilla
 1 quart cream or three cans evaporated milk
 Soak three packages gelatin in ½ cup cold water. Bring milk and marshmallows to a scalding point. Add gelatin and sugar. Cool. When ready to freeze, add beaten eggs, vanilla, cream or evaporated milk.

When you wish to make fruit ice cream, use just one pint cream or one can evaporated milk and one tablespoon vanilla. Add two cups fruit.

Mrs. Abram Ebersol
 Bellefonte, Pa.

QUICK LASAGNA
 1 pound ground beef
 ¾ teaspoon salt
 ½ teaspoon pepper
 1 teaspoon basil
 ½ teaspoon oregano
 1 onion, diced
 2 (8 oz.) cans tomato sauce
 1 cup water
 1 (8 oz.) package lasagna noodles
 ¼ cup parmesan cheese
 1 pound cottage cheese
 4 slices Mozzarella cheese
 Combine first six ingredients and brown in skillet. Add tomato sauce and water. Simmer 20 minutes. Cook lasagna according to package directions. Then, starting with lasagna noodles, alternate layers of beef mixture, Parmesan cheese, and cottage cheese in a 9 x 13 inch baking dish, ending with beef. Bake in 375 degree F. oven for 20 minutes. During last five minutes baking time, cut Mozzarella cheese in half diagonally, arrange on top. Makes six to eight servings.

Joanne Priest
 Hagerstown, Maryland

Junk cars towed free

HARRISBURG - The state has set up a trial program that will allow residents of seven counties to have junk cars towed from their property free.

The only cost to the state is for a public information campaign in Adams, Dauphin, Cumberland, Lancaster Lebanon, Perry and York counties. Towing service will be provided at no charge by members of the Pennsylvania Auto and Truck Salvage Association.

Under the program, persons who want to dispose of vehicles on their property can call a toll-free state telephone number (the Governor's Action Line, 800-932-0784) for referral to a participating salvager in their area. The only requirement is that the caller prove that he or she owns the car. Residents calling about cars

abandoned on their property without permission will be advised to call the police.

The program, administered by the state Department of Community Affairs, is based on an earlier successful effort in

Erie County. If the seven-county drive successful, the free-tow program will be expanded to other areas of the state. Junk cars serve breeding grounds for snakes and insects and dangerous to children might play near them.

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