

## EDITORIAL COMMENTS

By Dieter Krieg, Editor

### Eggs aren't all they're cracked up to be

Eggs aren't all they're cracked up to be. That is, they're not detrimental to your health, as the makers of imitation egg products would have you believe.

At hearings earlier this year which questioned food advertising in general and alleged cholesterol effects in particular, not a single doctor was able to categorically state that a person's health would improve if he kept cholesterol down. It's pointed out that not all witnesses volunteered that information, but one way or another it got onto the record.

The fact that eggs aren't detrimental to health certainly isn't startling. But it's interesting to note that the massive anti-egg campaign poultrymen were faced with its beginning to subside. It's especially noteworthy when one considers that

the government supported and coaxed its witnesses. In some instances, the government even polished up presentations in order to give more clout to their side of the campaign - which, incidentally, worked out to favor the manufacturers of "artificial eggs."

Good news came to the poultrymen this week when the Senate Select Committee on Human Nutrition and Needs confirmed that egg producers will be heard in regards to recommendations the Committee made early this year on nutrition. The poultry, meat, and dairy industries found fault with the study.

Apparently, some of the folks in Washington, as well as consumers all across the country, are waking up to the fact that eggs aren't all that the government originally had them cracked up to be.

### The decision is yours

Should owners of dairy and beef cattle support the upcoming referendum for promotion and advertising? It's a question each producer should study carefully, for the outcome will effect him either way.

It's a fact that advertising and promotion hasn't done other industries any harm, be the agricultural and non-agricultural. It's also a fact that the meat industry is

low on the totem pole in the ranks of advertising programs

The object of any advertising program is to increase profits. That's what the Beef Taskforce has in mind behind the effort to "Keep Beef King." Increased profits, most anyone selling cattle will agree, could come in handy. Research, new products, public relations, foreign markets, are being considered, among other

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## LETTERS TO THE EDITOR

### Beef referendum supported

Editor, Lancaster Farming:

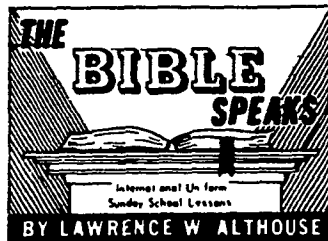
Cattlemen throughout the U.S. are about to vote on the most bold, most far-reaching self-help program in the history of our industry - a national, uniform collection plan for beef research, education, promotion and market development. This program can improve the economic position of every

cattlemen. And it will help consumers - our customers - at the same time.

Cattlemen have suffered the past three years from devastating price swings, unprecedented economic losses, government price controls, beef boycotts, new government regulations, blizzards, droughts and a diminishing share of the consumer's food dollar. Yet

cattlemen are not asking for government price support. Instead, they are pursuing this self-help plan that will permit all cattlemen to participate fairly and equitably in stabilizing our industry.

This plan is known as the Beef Research and Information Program. If two-thirds of the cattlemen voting approve it, there will



### THOSE WE CALL "HAPPY"

Lesson for May 29, 1977

Background Scripture: James 5:17-20

Devotional Reading: Psalms 57.

Someone gave me a sign for my study. It reads in large letters: LORD, GIVE ME PATIENCE BUT I WANT IT RIGHT NOW!

In the school of life, "patience" may well be one of our poorest "subjects."

We are often even impatient at the slowness with which we learn patience! So there is nothing outdated about James' admonition: "Be patient, therefore, brethren, until the coming of the Lord" (James 5:7).

Behold, the farmer waits

One of the reasons we are often impatient is that we have a very limited vision. We see only superficially, assuming that whatever is not obvious must be nonexistent. We forget that often the fulfillment of that for which we are waiting takes place, for the most part, quite unseen. "Behold, the farmer waits for the precious fruit of the earth," says James, "being patient over it until it receives the early and the late rain" (5:7). It is a good analogy, for much of that for which the farmer waits is unseen. He plants the seed and from the ground level it appears as if nothing is happening. Yet, beneath the surface inside the seed something is happening. Germination is taking place and even after the seed begins to sprout its growth is not visible above ground until the very latest stages.

The same thing is often true as our daily lives. Many of the things we do are not blessed with immediated evidence that something desired is happening. If we limited our efforts only to

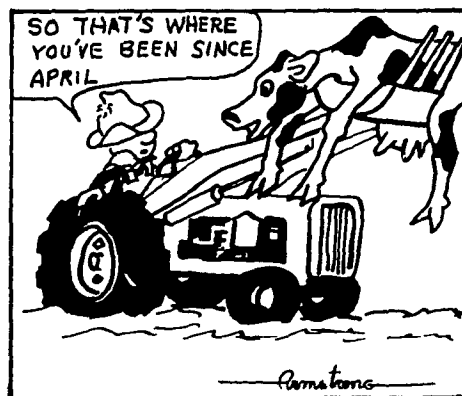
be a collection of 3-10 of one per cent of the sales value (30 cents per \$100 of value) on each animal sold. But it is voluntary in that any cattleman not wishing to participate may promptly receive a refund.

This rate will raise \$30 million to \$40 million a year. The funds will be administered by a 68-member Beef Board, comprised of cattlemen nominated by existing cattlemen's organizations.

The Beef Board will invest the funds in needed projects, such as human nutrition research; consumer

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By Tom Armstrong



### NOW IS THE TIME...

Max Smith  
County Agr. Agent  
Telephone 394-6851

### TO CONSIDER LIVESTOCK COMFORT

Hot weather is equally as hard on livestock as on human beings; in many cases, where cattle or hogs, are being fattened, they are more susceptible to hot weather than the rest of us. Producers should be sure that the animals have fresh water at all times, plus good ventilation. Windows need to be removed and doors kept open in many barns. In some cases electric fans can be used to keep the air moving over the animals. In the case of hogs, sprinkler systems can be used to make a mist out over the fattening pens. Animals on pasture should be allowed access to shade and to fresh water at all times. Livestock and poultry losses are quite possible from the heat and the high humidity in this part of the country.

### TO BE CAREFUL WITH LEFT-OVER SEEDS

Again I would like to remind farmers and gardeners of the danger of feeding left-over farm and garden seeds. Most of these seeds have been treated with either or both insecticides or fungicides and are unfit for livestock or human consumption. The left-over seeds should be kept in a special storage area away from other feeds and away from children, pets, or livestock. In many cases the seeds can be planted later this year or next Spring, if stored in a dry place away from rodents and insects. Don't be careless with left-over seeds.

### TO BE ALERT FOR ALFALFA INSECTS

The alfalfa weevil was not

those that gave immediate evidence, we would likely do very little. So it is with our prayer life. We continue to pray with confidence, knowing that we do not have to see immediate evidence in order to trust that our prayer is being answered.

Behold, we call those happy

James says, "Behold, we call those happy who were steadfast" (5:11). We usually think of happiness as the result of things working out the way we want. But James is saying that happiness is something that we can know, long before we get our hearts desire. True happiness, he suggests, is something we experience in the midst of steadfastness. If we learn to be patient, we will experience happiness, not at the end of, but in the midst of our waiting.

That really is the secret, isn't it? To be happy while we are waiting! Happiness consists in being able to "taste" in advance the fruits that are still to come. And that's what the Bible means, by "faith": not just believing the promise, but living on them. It means we enjoy the fruits even before they are ripened.

Happy are those who are steadfast, for they shall taste the ripened fruit before it appears.

a serious problem in this part of the state this Spring; no doubt the severe winter weather helped reduce the local population; however, leaf hoppers can be a serious problem on both the second and third cuttings of alfalfa; in recent years the leaf hoppers have been most harmful to our alfalfa crop. We suggest that sweeps be made over the plants when the new growth is 3 to 6 inches high; if any hoppers are caught, then the field should be sprayed; Cygon is one of the good insecticides to use for hopper control. Don't wait until the plants show stunting and yellow leaves to do the spraying; then it will be too late for that particular cutting.

### TO CONTROL WEEDS

Already we are receiving phone calls at our Extension office relating to the control of weeds on vacant lots or land not being cropped. The purpose is to attempt to get the land owner to do something to keep the weeds from maturing. At this time of the year they can be mowed, or sprayed with a chemical weed killer. Either method will keep them from maturing and spreading more seeds over the neighborhood. Many townships and boroughs have weed control ordinances. We urge that they be enforced without further delay. Also, property owners should keep the respect of their neighbors by mowing or spraying the weeds several times each season. Don't be a weed spreader.

## Farm Calendar

- Monday, May 30  
Have a Happy Holiday
- Wednesday, June 1  
Monthly board meeting of the Lancaster County Conservation District, at the Farm and Home Center, 7:30 p.m.
- Red Rose 4-H Club recreation night and ice cream party, West Lampeter Fairgrounds, 7 p.m.
- Executive Committee Board of Agriculture meets at 8 p.m. in the Hunterdon County, N.J. Extension Center.
- All blueforms from Lancaster County 4-H'ers are due today at the Extension Office.
- Thursday, June 2  
Swine marketing meeting, Cumberland County Agricultural Extension Building, 1100 Claremont Rd., Carlisle, 8 p.m.
- Friday, June 3  
Tractor Pull sponsored by the Lebanon Valley Tractor Pullers, at Lebanon Area Fairgrounds.
- Saturday, June 4  
Pennsylvania Sheep Field Day, Penn State University. See page 61 for details
- Ephrata Area Young Farmers have ice cream social, 6:30 p.m. at Woodcrest.