

Beware of 'farmers lung'

FLEMINGTON, N.J. - Joseph J. Soprowski, Jr., specialist in Environmental Sciences at Cooke College, points out that there is a lung disease that primarily affects farmers. A disease

called "Farmers lung", comes from continuous breathing of the spores from moldy hay. Some are more susceptible than others. The disease is an allergic reaction. Some people develop it after long time exposure to dust from moldy hay. The worker exposed to moldy hay for several months or years, depending on the individual suscep-

tability may notice the following symptoms for to six hours after being exposed to hay mold spores; 1 - increased coughing and bringing up more mucous than usual. 2 - fever and sometimes chills. 3 - shortness of breath. 4 - Discomfort in the lungs and tightness or pains in the chest. This problem develops primarily from handling hay in an enclosed space without good

ventilation. The first preventive of course is to avoid producing moldy hay, a second would be to handle it out in the open so that the dust is not inhaled. If you notice symptoms of this sort it would be well to consult your family physician, advises Hunterdon County Extension Agent William McIntyre.

Horse show set for Lititz

LITITZ, Pa. -- The National Secretaries Association, Conestoga Chapter will be holding an Appaloosa Horse Show on May 22, at the Lower Hopewell Horse Center in Lititz, starting at 8:30 a.m. The show will include 20 halter classes and 19 performance classes. Announcer will be Bud Gochner and judge will be Sally Fackert from Indiana. The show is Keystone Appaloosa Club and Mason Dixon approved. NSA is an international organization open to experienced secretaries. The horse show is being held in benefit of the annual scholarship presentation. For more information, call Charmaine Royer, 215-267-3521.

Summer Day Camp in Reading June 27 to August 5

Beginning this June, I will be conducting a summer day camp for six to nine year old children on my farm in Northern Lancaster County. Different from most day camps, this one will have an educational purpose as well as a recreational one. The children will be given the opportunity to continue their reading development over the summer months. I hope to use each child's natural desires to be out-of-doors and to be active as motivation for maintaining and enriching his reading skills.

Facilities are available for indoor activities on rainy days making it possible for the program to be continued Monday through Thursday regardless of the weather.

If you feel your child might enjoy and benefit from this type of experience, and you would like additional information, please write to the address below.

Camp Director, Karen S. Fry, Certified Reading Specialist
RD 3, Box 430, Manheim, Pa. 17545 717-665-6458

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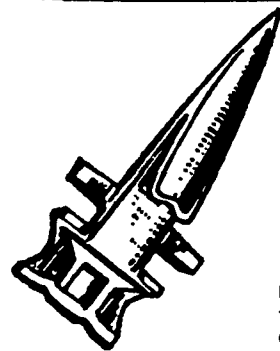
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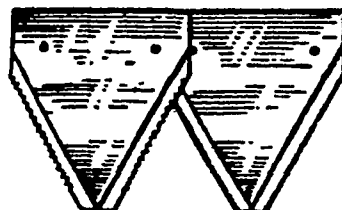
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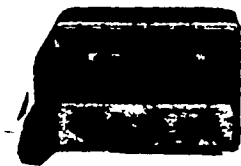
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