Enliven

[Continued from Page 31]

4 cups pumpkin or winter squash, cut in 1 inch squares

2 ears corn, cut cross into 1 inch pieces

Thaw fish if frozen. Cut fish into one-inch cubes. In a $1\frac{1}{2}$ large saucepan melt butter. Add onion and garlic and cook until vegetables are tender. Add tomatoes, water, basil,thyme, red pepper, salt, pumpkin, and corn. Cover and bring to boil; simmer for 10 or 15 minutes or until pumpkin and corn are done. Add fish

and continue to cook for five or ten minutes or until fish flakes easily when tested. Makes 12 cups.

NEW BEDFORD WALNUT FRIED FLOUNDER

2 lbs. flounder fillets or other fish fillets 1 teaspoon salt

¼ teaspoon pepper 1½ cups fresh bread crumbs 1½ cups walnuts

teaspoon crushed rosemary 1 teaspoon marjoram leaves

½ teaspoon leaf thyme 1 cup flour 2 eggs, beaten

One-third cup margarine or butter One-third cup cooking oil

Lemon wedges Thaw fish if frozen.

Sprinkle with salt and pepper. Combine bread crumbs, walnuts, rosemary, marjoram, and thyme. Roll fillets in flour dip in egg, and roll in crumb mixture. Heat margarine and oil in a fry pan until hot, but not smoking. Place fish in pan and fry at a moderate heat for four or five minutes or until browned. Turn carefully and fry four or five minutes longer or until fish is browned and flakes easily. Drain on paper. Serve with lemon wedges. Makes six servings.

PILGRIMS CLAM PIE 3 doz. shell clams or

3 cans (8 oz. size) minced clams

1½ cups water 4 cup margarine or butter cup sliced fresh mushrooms

2 tablespoons minced onions ¼ cup flour 1/2 teaspoon liquid hot pepper

sauce ¼ teaspoon dry mustard ¼ teaspoon salt

1/2 teaspoon white pepper 1 cup reserved clam liquor 1 cup half and half

1 tablespoon lemon juice tablespoons chopped

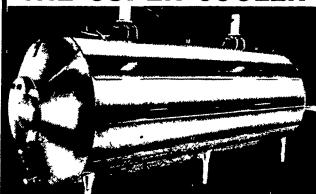
parsley tablespoons chopped

pimiento Pastry for 1-crust 9 in. pie

1 egg, beaten Wash clam shells

thoroughly. Place clams in a large pot with water. Bring to a boil and simmer for eight to 10 min. or until clams open. Remove clams from shell and cut into 1/4's. Reserve one cup clam liquor. (OR: if using canned clams, drain and reserve one cup liquor). In skillet melt margarine. Add mushrooms and onion and cook until tender. Stir in flour, mustard, hot pepper sauce, salt and pepper. Gradually add clam liquor and half and half. Cook, stirring constantly, until thick. Stir in lemon juice, parsley, pimiento, and clams. Pour mixture into a nine in. round deep-dish pie plate. Roll out pastry dough and place on top of mixture in pie dish; secure dough to the rim of the pie plate. Vent pastry. Brush with beaten egg. Bake at 375 degrees F., for 25 or 30 minutes. Makes six servings.

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Two or three will speak at a meeting.

Le-Hi

members that to buy pesticides they will need to be certified by October 1.

He also explained the proposed beef promotion program, saying that many dairymen should be interested because of raising dairy - beef animals or selling cull animals. Interested farmers can register with Agricultural Stabilization and Conservation Service. He said he would like a large amount of people to vote and express their feelings on the referendum.

Directors for the Mount Joy Farmers Cooperative were recognized. It was noted that the Mount Joy Coop was formed in 1930, and now has just under 100 producers. In 1974 they began shipping milk to Le-Hi and are now a block member with members receiving the same prices as Le-Hi members.

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PDT +0.91 57% Rpt. Wis Apollo was bred by J. Z. Nolt, Leola, Pa. Wis Apollo is sired by Hipptop Apollo Ivanhoe VG-GM Wis Apollo's Dam is a VG[88] daughter of Wis Tradewind. Her best record 6y 7m 346d 24,977m 3.31% 826BF

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Eric Heinsohn

Darvin Yoder

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