



## Junior Cooking Edition

We have a lot of desserts in this week's column, and we also have a chili con carne recipe. Everything sounds good, and hopefully all the foods will be fun to make, and as good as they sound when they are finished.

### CHILI CON CARNE

2 pounds hamburger  
1 large onion  
3 cups macaroni  
32 ounces kidney beans  
2 cups tomato juice  
2 teaspoons salt  
1 teaspoon pepper  
½ teaspoon chili powder  
Brown hamburger with onions. Season with salt and pepper; cook macaroni. Add to hamburger and tomato juice and chili powder and kidney beans. Simmer 10 minutes.

Elaine Martin  
New Holland, Pa.  
Age 14

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### APPLESAUCE CAKE

1 cup sugar, white or brown  
½ cup shortening  
1 egg  
1 cup sifted flour  
½ teaspoon salt  
½ teaspoon baking powder  
1 can applesauce  
1 teaspoon soda  
½ teaspoon cloves  
½ teaspoon cinnamon  
1 teaspoon allspice  
1 cup raisins  
¼ cup chopped nuts  
Cream shortening. Add sugar, beating until light. Add egg and beat until fluffy, pour in applesauce and mix. Sift flour, salt, baking powder, soda, cloves, cinnamon and allspice together and add raisins and chopped nuts. Combine the two mixtures. Bake in a moderate oven at 350

degrees F. for 40-45 minutes.

Etta Zimmerman  
Millmont, Pa.  
Age 6

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### CHOCOLATE ICE CREAM

3 quarts milk  
3 cups sugar  
4 eggs beaten  
4 tablespoons cocoa  
3 tablespoons flour  
1 pint cream  
3 tablespoons vanilla  
Heat all but one cup of milk and sugar until almost boiling. Combine flour, eggs, cocoa, and mix with one cup milk. Stir into the hot milk and continue stirring until it comes to a boil. Cool; then add vanilla and cream and freeze.

Leon Z. Fox,  
Martinsburg, Pa.  
Age 8

### QUEEN ELIZABETH'S CAKE

Pour one cup boiling water over one cup chopped dates. Add one teaspoon soda, let stand while the following are mixed in usual manner:  
1 cup brown sugar  
¼ cup butter  
1 beaten egg  
1 teaspoon vanilla  
1-½ cups flour  
1 teaspoon baking powder  
½ teaspoon salt  
½ cup chopped nuts  
Add these ingredients to first mixture and pour in a 9" x 12" loaf and bake 35 minutes at 350 degrees.

Icing:  
5 tablespoons brown sugar  
5 tablespoons cream  
2 tablespoons butter  
Boil three minutes and spread on cake. Sprinkle with coconut and nuts.  
Marie W. Martin  
New Holland, Pa.  
xxx

### FRESH APPLE CAKE

1 cup sugar  
¼ cup shortening, softened  
1 egg  
2 or 3 medium unpeeled apples, grated  
1 cup flour  
1 teaspoon baking soda  
½ teaspoon cinnamon  
½ teaspoon nutmeg  
½ cup coarsely chopped walnuts  
½ cup raisins

Mix all ingredients thoroughly and pour into a greased and floured loaf pan. Bake for 30 minutes at 350 degrees F. Serve warm with whipped cream.

Linda Zimmerman  
Fleetwood, Pa.  
Age 8

### Tobacco to be auctioned

ANNAPOLIS, Md. - The 1977 Maryland Tobacco Market season will open April 13th and run through June 3th according to Maryland Secretary of Agriculture Young D. Hance.

Production estimates are that Maryland tobacco farmers grew 28.8 million pounds of Type-32 tobacco in 1976 and this is the crop that will go to market in 1977. Maryland's 1975 tobacco crop, which was sold during the 1976 auction season totaled 24,150,000 pounds which brought growers approximately \$23,800,000.

TRY A  
CLASSIFIED

## Shrewsbury 4-H hears AFS speakers

SHREWSBURY, Pa. - Gail Thoman, president of the Susquehannock High School American Field Service (AFS) chapter, addressed the Shrewsbury 4-H Club this month, as well as SHS exchange students Lissette Amado from Guatemala and Liesel Guttes from East Germany.

Upcoming 4-H activities at the county 4-H Center at Bair's Station include Lock-In Feb. 25-26; Family Fun Night March 12; National 4-H Kick - Off Week March 7-12.

Other activities will include a Baby Beef banquet March 19; Rural Life Sunday May 15; and P.T. Horticulture Assns. to meet at Penn State.

April 2 will be the Shrewsbury Club's mini roundup at the Railroad Borough Building. A covered dish supper will begin at 6:30 p.m. Committee members include Megan Shaub, chairman; Amy Norek, Kay Gantz, and Melanie Azbill.

Miss Shaub, the club's national award winner, will

leave March 12 for Chicago to attend a commodity marketing symposium arranged for and announced by the National 4-H and the Commodity Marketing Symposium. The event is designed to help participants understand the principles of commodity marketing and how they apply to marketing.

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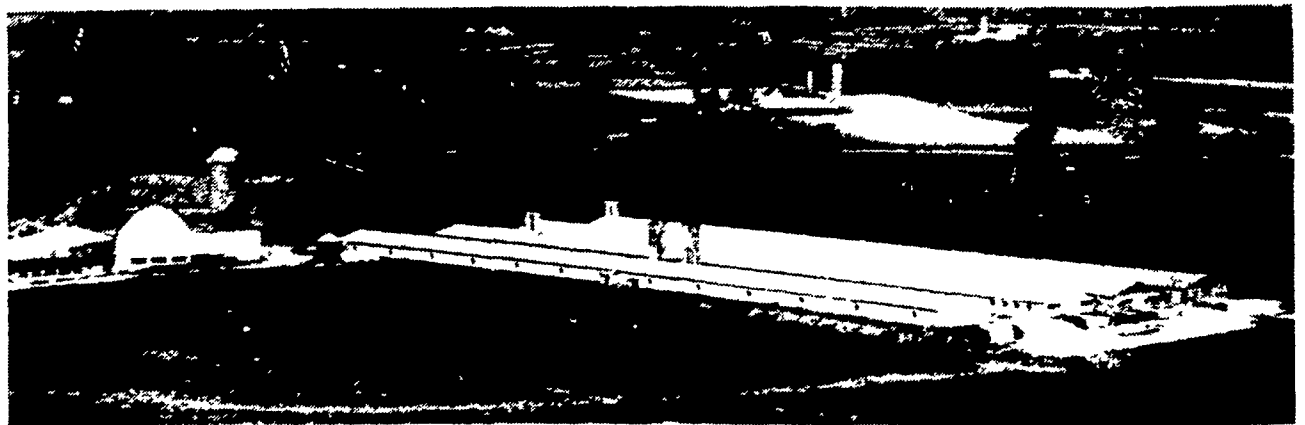
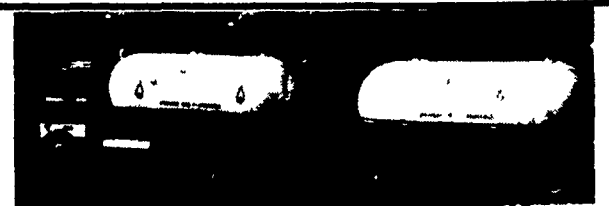
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