

News - Nutrition

From Pa.'s Dairy Princesses

By SHERRY BISHOP
Bucks County
Dairy Princess

Since I was chosen Bucks County Dairy Princess in June, I have attended many county activities. Grange, 4-H and farmer's meetings are just a few of them.

On September 11, the Bucks County Farmers' Association held its annual Open Gate Farm Tour. This year there were many different attractions on our tour including swine, beef and horse operations, a greenhouse, an orchard, a raw milk store and a dairy farm. One dairy farm was owned by my parents, Paul and Betty Bishop.

We have a family operation, milking 60 cows, with 40 heifers. On the Saturday of the tours, we had fair weather and over 2000 people to go with it. Many visitors were surprised to see how clean a dairy really was and how we strive to produce a good quality milk for the consumer. There were many questions to be answered, but the most asked one concerned the gestation period of the cow. We sponsored a name-the-calf contest for the children. The winning name was "Teardrop." That day was great! All the youngsters had a chance to touch cows, calves, chickens, lambs, and pigs. Many were from the Philadelphia area, and their mothers were eager to try the dairy recipes I handed out.

I believe if we take a little time and help the public



better understand our situation, they will not be as eager to complain about prices. There were many people who couldn't believe the investment that a farmer has and the amount of work involved in a dairy operation. Our relationship with the public must be a two-way street. We want to know why they complain; they don't understand why the price of milk or beef rises. If each one of us speaks with one housewife, or contacts our local dairy princess to visit with interested groups, maybe then we can spread an understanding "as thick as butter."

TRY A
CLASSIFIED

COWCULATOR

New scientific dairy herd record system!

Continuous chart with plexiglass cover lets you see at a glance all the details and condition of each individual cow. You can immediately check for heat, pregnancy, service and gestation. Also gives you a permanent visible health record of treatment and other important data. Write or telephone for complete information on this inexpensive new system.

ELMER M. MARTIN
RD2 Myerstown PA
Phone [717] 949 2081

AARON S. GROFF & SON
RD3, Ephrata, PA
17522 | Hinkletown |
Phone [717] 354 4631

Put Christmas Cactus in closet for best blooming results

NEWARK, Del. - Poinsettias, Christmas Cacti, and Kalanchoes (pronounced kal-an-koy) are all favorite Christmas plants. They are perfect for this time of year because they all develop their flowers when days are short and nights are long.

To help these plants bloom, they must be kept in a room which is not used at night and where the lights are not turned on. Just walking in and out of the room and turning the lights on and off will cause a delay in flowering. If no room is available and you're

determined to flower these plants by Christmas, there is another way to give them the kind of light they need. Just put them in a dark closet at 5 p.m. every night and bring them out again at 8 the next morning.

Poinsettias are the most exacting and difficult of these three plants to flower. Still, many gardeners save last year's poinsettia, grow it through the summer and succeed in getting it to rebloom.

The plant needs a warm, draft-free area with all the natural daylight it can get

during the day. An east or south window is ideal. It must be kept moist, but the soil must drain well and never waterlog. Feed your poinsettia weekly with house plant fertilizer until the bracts are well colored.

Christmas cacti and kalanchoes are much easier to grow than poinsettias. Electric light is not as critical and both are less exacting house plants in general. Both will benefit from being placed in an unused room with good sunlight during the day, and will need less water than a poinsettia. You can sometimes encourage buds on the Christmas cactus by running the soil a little dry

and placing the plant in a cooler room.

Once plants start to bloom, they can be brought out into lighted rooms where you can enjoy their flowers at any time of day or night. The kalanchoe will flower over a long period during the winter months.

READ
LANCASTER
FARMING
FOR FULL
MARKET
REPORTS

Home Ec. leader named

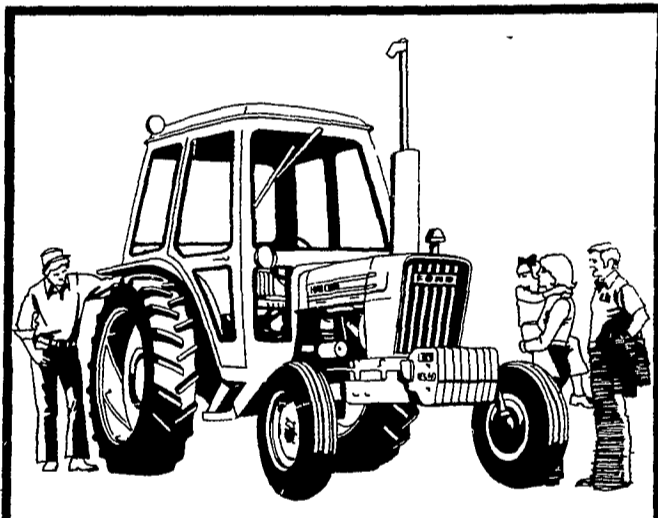
NEWARK, Del. - Mary Ann Finch, former state family and child development specialist, has been appointed the new state leader for home economics Extension, according to Dr. Samuel M. Gwinn, director of the Delaware Cooperative Extension Service.

A native of Tennessee, Ms. Finch holds a B.S. degree (1964) from Tennessee Technological University in the field of home economics education and an M.S. degree (1968) from the University of Missouri at Columbia in child and family development. Prior to coming to Delaware she worked for seven years as an Extension child development area specialist out of an office in Benton Mo.

As an extension specialist

she has been active in establishing family planning sessions for the Division of Social Service. She has conducted workshops for day care providers and set up training sessions for the licensing of family day care workers. She has also worked with the Division of Aging on special contracts to train workers for many types of geriatric programs, including a joint program with the Division of Social Services and the Division of Aging, to train geriatric homemaker aides.

One of her responsibilities as state leader will be to coordinate extension educational efforts with those of state agencies working with family and community programs.



The Better Idea Purchase Plan

Select any Ford ag tractor or any of a long list of farm implements. Take delivery now. If your trade-in covers the down payment, there'll be no installment payments until May, subject to prior credit approval.

After May 1, 1977, the credit plan you had selected goes into effect. You may pay monthly, semi-annually or by the crop, depending on the plan that meets your needs.

We'll show you lots of other good reasons to buy now. Like great new Ford tractors with the Ford-built cab. Plus new plows! New discs! New planters, and other new Ford implements soon to be announced.

If you buy now you can take your investment tax credit deduction from your 1976 income tax. And start your depreciation schedule. You may earn substantial savings while increasing productivity with Ford products.

Come in today! Get full details on the Better Idea Purchase Plan.



**KELLER BROS.
TRACTOR CO.**

Buffalo Springs 717-949-6502

Route 415 Jweell Schaefferstown & Cornwall
Lebanon County

FISHER SPRAY PAINTERS

(Henry K. Fisher)

SANDBLASTING and SPRAY PAINTING

INTERIOR and EXTERIOR
Aerial Ladder Equipment

Office & Shop - 667 Hartman Station Rd.
Residence - 2322 Old Philadelphia Pike
Lancaster, Penna

For FREE Estimates Call 717-393-6530

White announces five timely ways to save thousands of dollars on your next machinery purchase.

Pre-Season Allowance
Make your best deal with your local White dealer on a new White tractor tractor tillage tool combination, planter or combine - and we'll send directly to you a check for \$200 to \$1,850

White Bucks
When you buy a new 4 wheel-drive 4-150 or 4-180 Field Boss - White will allow you up to \$3,000 toward the purchase price of a job matched tillage tool or planter to go with it

Waiver of Finance Charges
Buy now and White will waive finance charges until March 31, 1977 on all new White tractors tillage equipment purchased with tractors and planters Financing charges on combines will be waived to you prior to January 1 1977, the IRS sponsored investment tax credit program allows you to deduct up to 10 % of the purchase price from your net income tax

1st Year Bonus Depreciation
An additional 20% of the purchase price of equipment purchased and delivered before January 1, 1977 can be deducted from your 1976 taxable income under the IRS-sponsored 1st year bonus depreciation plan

Save up to \$7,000
Here's a golden opportunity to save thousands of dollars If you were to take advantage of White's exclusive Pre-Season Allowance, White Bucks (both expire December 30, 1976) as well as our Waiver of Finance Charges and the IRS-sponsored Investment Tax Credit and 1st Year Bonus Depreciation plans - you could save up to \$7,000 on your next major machinery purchase See us for the full details We can work out a special deal for you now before December 30 1976

White Farm Equipment Company

Product must be delivered prior to December 30, 1976 to qualify for Pre Season Allowance and White Bucks programs Product delivery prior to December 31, 1976 subject to available inventory

S HUEY'S SALES SERVICE

Ono, Pa. 17077
717-865-4915

Hours - Weekdays 6:30 AM - 8:00 PM
Saturday 6:30 AM - 5:00 PM