

# Cathy Brubaker is looking forward to Chicago



Cathy models her denim outfit which has won her much acclaim and the chance to go to Chicago in November.

By JOANNE SPAHR  
LANCASTER - Cathy Brubaker, 345 Running Pump Road, is leaving for Chicago on November 26 and she's not coming home until nine days later. During that time, she will be staying at the Conrad Hilton Inn with all expenses paid, and she may receive \$800 on top of that, to boot.

Surprisingly enough, she hasn't won the Pennsylvania lottery or made her claim to fame on a T.V. quiz show. Instead, she's worked hard for every inch of this dream-come-true.

Cathy is Lancaster County's first 4-H seamstress to win in state competition, and thus represent Pennsylvania in the National 4-H Dress Revue during the National 4-H Congress in Chicago.

"I'm so excited to see it," she says, putting the emphasis on "so." What is the biggest draw for her is meeting 49 other girls from all the states in the union who "went through the same things I did."

Not overstating the issue, Cathy does admit that the competition to get this far was tough.

"We have excellent sewers in Lancaster County," she says, while mentioning that the competition was particularly stiff on the county level, but that the stress was more severe at the state competition.

"During states, I had to look my best and be at my

best the whole time," she explains. And after a whole day's worth of being judged and standing in lines to be judged, it gets a little difficult to be perfect.

She explains her success by saying, "I just happened to be lucky. There were so many nice outfits, and I just happened to have the one that caught the judges' eyes."

Although Cathy fosters this realistic philosophy on competition and judging, she also knows that she spent countless hours perfecting her denim suit and that she did her best. So, when state competition came along, she just presented her completed project and "tried to be myself."

She obviously handled herself well, because after going through a battery of three professional judges - one for construction, one for fit, and one for modeling - and a group of 10 of her peers in "circle judging," she came out on top. Yet, she didn't believe it until she actually heard her name announced, because, although the top seamstresses had been announced on Tuesday night, their individual placings were kept a secret until Wednesday afternoon.

"I kept saying to myself, 'You are just lucky to have come this far,' and I tried not to get excited so that I wouldn't be let down," she remembers.

Now, as a result of her success at states, Cathy is preparing to go onto national competition.

But, surprisingly enough, she won't be judged on her garment at the dress revue in Chicago. Instead, she will be judged on a portfolio of herself which she has recently completed. The portfolio will consist of newsclippings of all her years in 4-H, a 2000 word essay about her 4-H experience, a completed National 4-H Report form, and three pages of correspondence.

"This is really a scholarship contest," she explains, "so we're not just judged on our projects."

The scholarships the girls in dress revue will receive are \$800, and will be sponsored by Simplicity patterns. There will be six of these doled out to the top girls.

As far as putting her portfolio together is concerned, Cathy found some parts challenging and other parts easy. One that was especially difficult for her was remembering all her 4-H activities from the time she first became involved in the program.

"I've been in 4-H for nine years," she explains. "So, things from way back can get a little vague."

She began in the Landisville Sewing Club nine years ago at the ripe old age of nine. Then, a year later, she joined the Red Rose Beef and Sheep Club and took

reserve champion honors at the southeastern district show by the time she was 11 years old. She has remained in both clubs ever since.

Last year she placed seventh in meats judging at Penn State during state competition.

"I had a different feeling during last year's competition," she says, reflecting on the past. "This year I had a project which I had already done my best on and there was little more I could do," she adds.

While she has excelled with her beef projects, she is not unfamiliar with success in the sewing field, either.

Two years ago she was an alternate in Lancaster County dress revue, and, during her senior year in high school, she took first place in the tailored division for the East Petersburg Women's Club sewing contest. After this success, she went on to county competition and took top honors in the student tailored division. The ensemble that took these top awards was a moss green-cranberry-navy cream plaid wool jacket with a coordinating solid moss green A-line skirt. She also made a purse to match.

She became involved with this competition through her home economics class at high school.

"My home ec courses have been a lot of help for me," Cathy admits. One of her

[Continued on Page 58]

## MUELLER FRE-HEATER™

### EXPLANATION OF THE REVOLUTIONARY NEW MUELLER "FRE-HEATER™" FOR THE DAIRY FARM

Bulk milk coolers on modern dairy farms remove heat from the milk promptly after it is produced. To accomplish this requires refrigeration machines and they are generally of the air-cooled type. Air-cooled condensing units literally "throw away" this valuable heat

On these same farms, large amounts of hot water are needed for "prepping" the cows, washing the milk cooler, the pipeline milker, other equipment, and the milking parlor itself. It is also advantageous to heat the cows' drinking water in winter

The Mueller Fre-Heater conserves energy and provides "free" hot water by capturing the heat now wasted!

#### HERE'S HOW IT WORKS:

Rather than using noisy, dust-creating fans with fragile, dirt collecting air-cooled condensers, the refrigerant is routed to a specially designed condenser/heat exchanger and its heat is transferred to the water.

A thermostatically controlled valve delivers 145° F water to the storage tank

In addition to the thermostatic valve, a mixing valve is provided to permit "prepping" temperature water

Thus, the Fre-Heater delivers two temperatures of water — prepping and washing

Tests indicate the Fre-Heater consumes 10% less power than an air-cooled system . . . and you get Free Hot Water!

#### ELIMINATES REFRIGERATION SERVICE PROBLEMS!

The most common causes of slow cooling in bulk milk cooling systems are related to the air-cooled condenser

Three things which frequently reduce the efficiency are

1. Poor air circulation and recirculation
2. Fan motor failures
3. Dirty or clogged condenser fins

Air-cooled condensing units are generally installed out of doors in order to assure adequate air supply to the condenser. This exposes the compressor to extreme ambient temperatures. Starting problems and compressor failures have resulted and air-cooled condenser units are always noisy

The Fre-Heater eliminates these problems because:

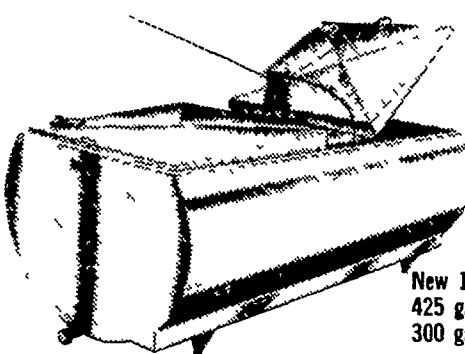
- There is no air-cooled condenser.
- The Fre-Heater is installed indoors
- There are no fans to generate noise.
- The head pressure is very stable — assuring longer compressor life.
- There are no cold weather starting problems, plus . . . the Fre-Heater conserves energy and produces Free Hot Water!

Save Energy and get

FREE HOT WATER...

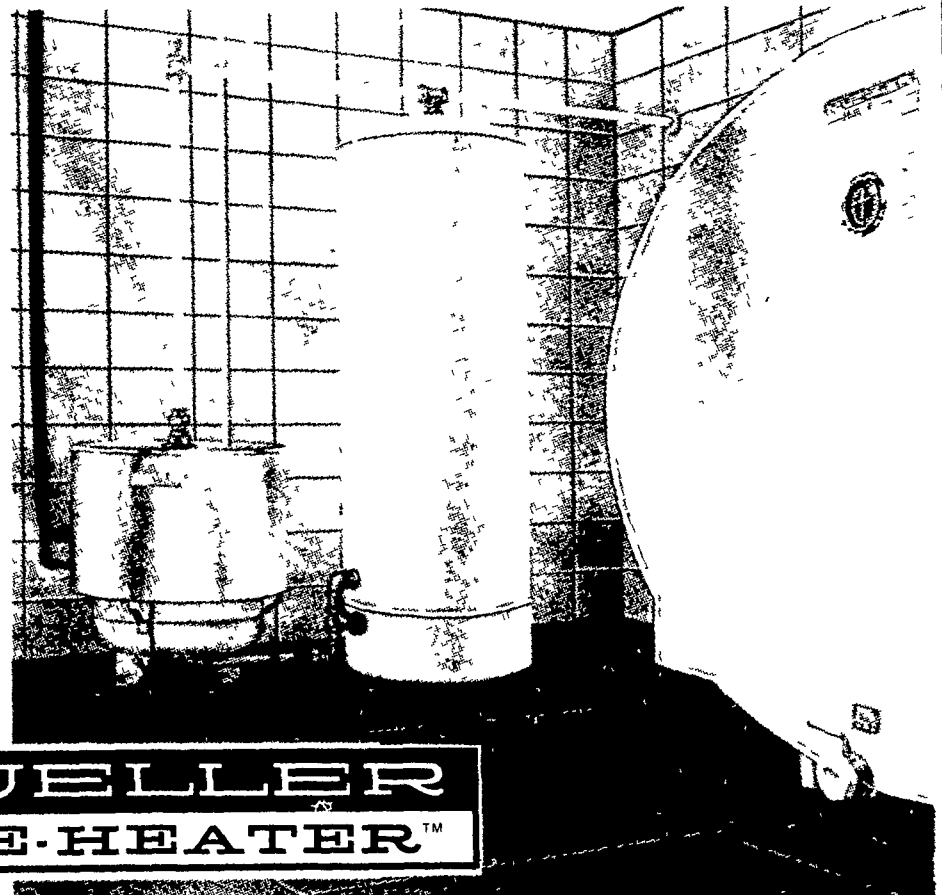
with the revolutionary...

## MUELLER FRE-HEATER™



FRE-HEATERS WILL WORK ON BELT DRIVEN COMPRESSORS

### SPECIAL OF THE WEEK - 1500 GAL. DARI-KOOL



### FRE-HEATER SYSTEM WORKS ON MUELLER NEW MODEL "MW"

The "MW" is one of the Lowest pouring Height Bulk tanks. Check with us about all the added new features of the "MW" bulk tank.

#### USED BULK TANKS

New 18 can [Can Coolers]	300 gal. Sunset	300 gal. Jamesway
425 gal. Esco	300 gal. Esco	300 gal. Girtton
300 gal. Dari-Kool	500 gal. Dari Kool	300 gal. Mojonner
	Ice Bank	600 gal. Mueller

USED DIESELS  
SRI - 6 H.P.

## QUEEN ROAD REPAIR

Box 67, Intercourse, Pa. 17534

After 5 P.M.

JOHN D WEAVER 656-9982

GID DIENNER 768-8521

SAM STOLTZFUS 768-3594

Phone 717-768-7111

OR Answering Service 354-4374

24 Hour Service

We Stock Hess' Farm Supplies, Check Our Prices on Animal Medications