



Junior Cooking Edition

Lancaster Farming is getting some really delicious-sounding vegetable recipes in now from the Junior Cooks. However, until a few more arrive, the late-coming picnic recipes from last month will be printed. They are still good and can be tried out at family reunions and other August picnics.

Looking ahead to September, some good recipe ideas would be those which have apples in them. If you get these recipes in early, you have a better chance of getting them printed, although recipes are appreciated any time.

Have a nice day.

Hamburger Casserole
2 lb. ground beef browned in butter

1 onion, chopped
Salt and pepper to taste
1 can cream of chicken soup
1 can cream of celery soup
2 soup cans of milk
6 slices bread, cubed

Mix together and put in 2 quart greased casserole. Bake at 350F for 50 minutes.

Ruth Elaine Burkholder
Cochranville, Pa.
Age 10

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Vegetable Meat Dish

Peel and slice potatoes, onions, and carrots very thin. In a buttered casserole, place a layer of potatoes, a layer of onions, a layer of raw ground beef, and a layer of carrots. Over this, pour some tomato soup. (To get the mixture, combine one can of tomato soup with 1/4 cup water.) Then, repeat the procedure until the casserole is full. Pour remaining soup mixture over the casserole and bake at 350F.

Rachel Fisher
Ronks, Pa.
Age 12

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Chicken Salad

3 cups diced cooked chicken
1 1/2 cups celery
3 hard boiled eggs
3 sweet pickles
1 teaspoon salt
1/2 teaspoon pepper
two-thirds cup mayonnaise
3 tablespoons cream

Anna M. Nolt
Leola, Pa.

Frozen Cole Slaw

1 medium head cabbage
1 large carrot
1 green pepper
1 small onion

Shred together, then add one teaspoon salt and let stand for one hour.

SYRUP:

1 cup vinegar
1/4 cup water
2 cups sugar
1 teaspoon celery seed
1 teaspoon mustard seed

Boil for one minute and cool. Drain off water from cabbage and add syrup. Mix all together. Mixture can be frozen and refrozen.

Elaine Newschwager
Morgantown, Pa.
Age 8

Pineapple Cream Cheese Salad

1 can crushed pineapples (drained)
2 boxes lime jello
2 packs instant whipped topping

1 (8 oz.) cream cheese
3 cups liquid (pineapple juice or water)

1 cup sugar
4 tablespoons flour
4 egg yolks

First combine pineapples and jello and let set. Next, combine whipped topping and cream cheese. Then cook until thick, liquid, sugar, flour, and egg yolks. Place three layers on top of each other and serve.

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Quick Root Beer

2 cups white sugar
1 gallon luke warm water
4 teaspoons root beer extract
1 teaspoon dry yeast

Put in jars, cover, and set in sun for four hours. Chill before serving. Ready to drink next day.

Susie L. Zimmerman
East Earl, Pa.
Age 10

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Root Beer

5 cups sugar
1 bottle root beer extract
1 gallon warm water
1 teaspoon yeast
2 gallons warm water

Combine sugar, root beer extract, 1 gallon warm water, and yeast. Mix well.

Keep in warm place for one day. Chill.

Stevie M. Zimmerman
Fleetwood, Pa.
Age 10

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Eggnog

4 eggs
4 tablespoons lemon juice or diluted vinegar

4 cups milk
1/2 cup cream
1/8 teaspoon nutmeg
1/8 teaspoon salt
one-third cup sugar

Beat eggs until thick and lemon colored. Add sugar, nutmeg, and lemon juice. Add ice cold milk and cream. Beat with a rotary beater until frothy. Makes 6 large glasses.

Mary Peachey
Newmanstown, Pa.
xxx

The United States is an excellent example of this direct relationship between agricultural productivity and affluence. We require only 4 percent of our population to grow our food; 96 percent of the people can use their time to produce something else. Only about 17 percent of our disposable income is spent for food; 83 percent of our income is available to spend on other things.

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4-H members set drive for voter registration

COLLEGE PARK, Md. - August has been proclaimed as voter registration month by Governor Marvin Mandel on behalf of an ambitious "Get Maryland United" campaign being conducted by 4-H members throughout the Old Line State.

The 4-H program is the youth education arm of the statewide Cooperative Extension Service, headquartered on the University of Maryland campus at College Park.

Voter registration is the second major Bicentennial Year project resulting from the Maryland 4-H Continental Congress, which met one weekend last November at the State House in Annapolis.

Prelude to the voter registration project was a statewide horseback trail ride late last month from all corners of Maryland, which carried artifacts from every county and Baltimore city. These artifacts were placed in a time capsule on July 31 at the University of Maryland campus in College Park, with instructions that the capsule not be opened until the year 2000.

The voter registration campaign was selected because it permits 4-H members to do something patriotic and useful for their state and nation in this Bicentennial presidential election year, commented Richard R. Angus, state Extension 4-H and youth leader at the University of Maryland.

Carroll county 4-H members actually began their voter registration drive on July 4 during the county's Bicentennial celebration at the Farm Museum in

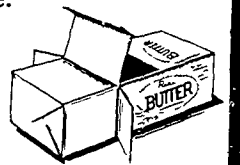
Westminster. Their action plan is serving as a model for the rest of the state.

The Carroll county campaign has been under the direction of Jennifer L. Dashiell of Westminster, 4-H and youth agent in the county for the University of Maryland - Eastern Shore. Miss Dashiell is also serving as coordinator for the statewide 4-H voter registration project.

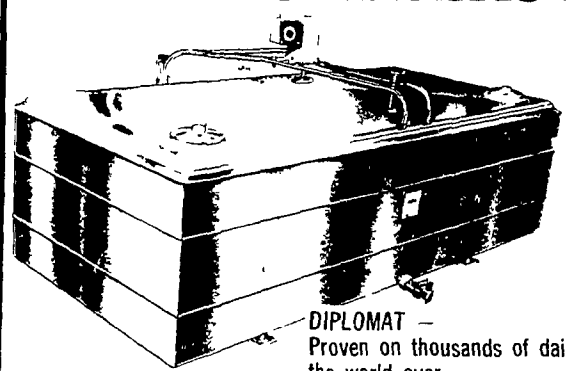
4-H voter information booths will be located at some 12 county fairs being

held throughout the state during August and at the Maryland State Fair in Timonium, set for Aug. 29-Sept. 7.

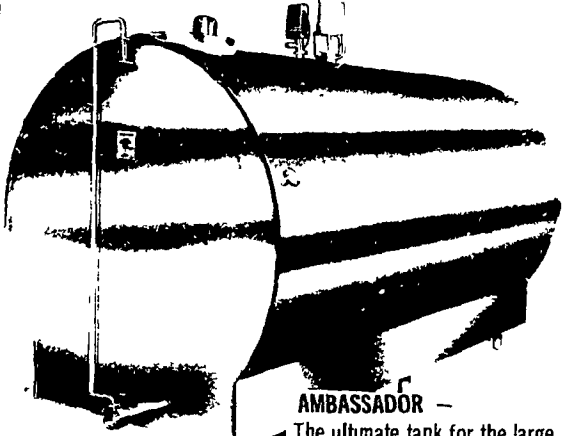
These booths will offer information pamphlets on voter eligibility and cards which can be sent to the State Board of Election Laws in Annapolis for a form that will permit voter registration by mail. These post cards must be mailed before Sept. 12 in order to assure completion of voter registration by the Oct. 4 deadline.



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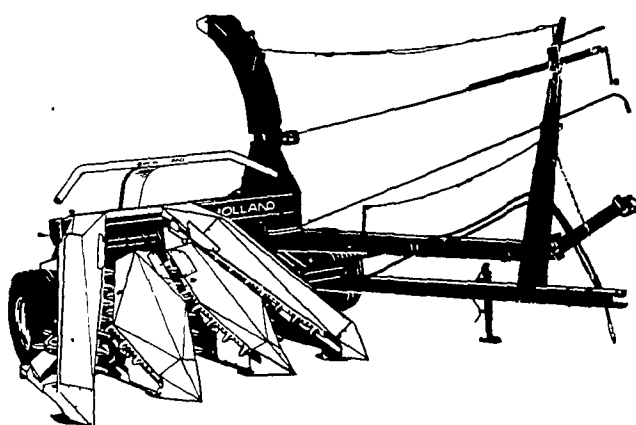
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