

As individuals move up the income scale, they eat more fruits, vegetables, protein (in the form of meat and milk), processed, and exotic foods. They move up the nutritional scale from starches to fats to proteins. These people are better nourished. The variety of

foods gives them more vitamins and trace minerals. Eating becomes an experience. After food needs are met, they can use the rest of their income for other things. They can dress better and have better houses or apartments.

Ida's Notebook



Ida Risser

we part, we realize that it is more than just another social event.

Guernsey field day set

xxx
This year we've helped our neighbors raise some ducks. Although neither one of us was entirely satisfied with the conditions under which this happened.

You see, our front porch was open under the floor boards and appeared to be an ideal nesting area. Eventually 31 ducklings emerged with their mothers and waddled to a small pond in the meadow. All the traffic across the cement walk wasn't exactly to our liking and we had several drakes sitting in the yard too.

Now that they have hatched, I've finally put up the poultry fencing which I bought early in the spring and never installed. Such a bunch of frustrated ducks you've never seen.

xxx

LITTLE BRITAIN - Lancaster County Guernsey breeders will hold their annual field day at the Robert and Joyce Wagner farm, near here, beginning at 10:30 a.m. on August 12.

The event will start with the judging of three classes of Guernseys, with official judging being done by Al McKay, manager of Bayville Farms, Inc., Virginia Beach, Va.

Young boys and girls will have a chance to win a purebred Guernsey calf, donated by the Wagners.

The Wagner farm is located on Scotts Road, east of Little Britain and north of Pa. Route 272.

COWTOWN RODEO

Rain or Shine

June
July
Aug.

Every Sat. Nite 7:30 P.M.
At Cowtown on Route 40 Woodstown, NJ
(8 mi. E. Del. Mem. Bridge)

Adults \$3.00 Children \$1.00

Sometimes it seems as though everything happens at the same time. The other morning was an example of this occurrence.

Off and on all night, our one dog barked as the other had broken her chain and was running around the buildings. Early in the morning, I discovered her sleeping with the puppy, who was contented for a change, and didn't awaken us - the silence did that. Then, before breakfast was finished, we saw our six pigs had broken out of their pen and discovered the apricot seeds under the trees and were busily crunching away on them. After Philip got the

electric fence working, it took us over half an hour to get them chased into their pen. Pigs can be the most stubborn animals - so I've discovered through the years.

And to top off the morning a neighbor, who picked up Cindy to babysit for her, told us a heifer was out on the road again. After repeatedly jumping the fence, we finally brought the whole bunch home and put a younger group into the upper meadow.

xxx

Summer is the season for family reunions. It is traditional for folks to gather from several states and catch-up on activities. As scattered families gather, it seems the day turns into a talking and eating marathon. Such an array of food - one can't even sample everything.

But the important thing is keeping the ties strong that bind a family together. As

Historically, the income of nonfarm families hovered well above that of farm residents. But during the 1960's that income gap narrowed, partly because income from off-farm sources increased. Between 1960 and 1970, net farm income grew 44 percent. But at the same time, earnings from off-farm sources shot up 105 percent.

America's farm and ranch people have set production records unmatched anywhere in the world. Today's U.S. farm worker is producing two-thirds more per man-hour than in 1960, and over six times as much as in 1930.

SAYS **WHOO OO OO**

BOU-MATIC IS TOPS SEEING IS BELIEVING

Bou-matic PROGRAMMED MILKING IS YOUR ANSWER FOR A 10 TO 20% INCREASED MILK PRODUCTION.

ASK FOR DEMONSTRATION ON BOU-MATIC MILKING

A milking system for any size herd programmed for top results. Less Mastitis, better udder quality, more gentle milking, equals higher milk production.

- PROFESSIONAL INSTALLATION AND SERVICE
- PIPELINE SYSTEMS
- AUTOMATED HERRINGBONES
- AUTOMATED CAROUSELS
- AUTOMATED POLYGONS
- CROWDING GATES
- STIMULATION STALLS
- MILKERS
- AUTOMATIC DETACHERS
- VACUUM PUMPS
- BULK TANKS
- PIPELINE WASHERS
- PRE-COOLERS
- REPLACEMENT PARTS, BOU-MATIC INSTALLATIONS
- AUTOMATED SIDE OPENING STALLS
- PLATE COOLER



COMPLETE
PLANNING
INSTALLATION
SERVICE

SHENK'S FARM SERVICE

501 E. WOODS DRIVE, LITITZ, PA 17543 PHONE (717) 626-1151
ANSWERING SERVICE (717) 733-1224

SOYBEAN ROASTING ON YOUR FARM



For peak feeding value have your soybeans roasted. (To kill toxic enzymes in raw soybeans.)

- 1 Roasted soybean (not just cooked), increases digestibility by 15 percent.
- 2 Increases weight gain for beef & hogs
- 3 Increases butterfat in milk & egg production
- 4 Improves animal health, reduces vet bill
- 5 Eliminates hauling to the mill & back to farm.
- 6 Feed your own grown grain (Not exchanged with others).
7. Beans remain whole. Store for months without losing any feeding value.

CUSTOM SOYBEAN ROASTING DONE IN PA. AND SURROUNDING STATES

DALE L. SCHNUPP

RD2, Lebanon, PA 17042

Phone 717-865-2534

NOTHING ELSE MEASURES UP TO *Ritchie*

There's always water



No matter the weather, you can count on Ritchie Cattle Fountains.

—SUPPLIED BY—

RYDER SUPPLY CO.

R R 8, P O Box 219, Chambersburg, PA 17201 Tel. 717-263-9111