

# Peach grower's wife

[Continued from Page 50]

is popular for its ease in canning mechanics but it does lack the flavor of many other peaches.

The Belle of Georgia, the last of the four older varieties Carol mentioned, is the most popular white peach. It is small in size but very sweet.

"There is no other peach as sweet as the Belle of Georgia," says Carol. "When the Belle is in season, the aroma in the store room is almost too sweet to stand!" she adds.

The Belle is a good bearer, but orchards do not raise many of them because the white peach is an oddity for most customers. They may buy several baskets of yellow peaches and one, if any, of the white peach.

"The white peach is like the purple cabbage," quipped Carol Groff. "Purple cabbage tastes the same as green; it's the color that bothers people."

In the case of the white Belle of Georgia peach, the taste is sweeter than the yellow peach.

Some newer varieties of peaches are the Sun High, "a really good canner and producer"; the Loring, much like the Sun High; and the Red Skin family — the late Red Skin

bears in September for those who put off canning until the last minute.

For the shopper who is buying peaches, Carol Groff gives this information. The early yellow peaches are all clingstones and for ease in pitting must be allowed to set for several days before use. Peaches are at their lowest prices usually during the peak of production when the supply is the greatest. The early and late varieties are usually higher in price when the demand is greater than the supply.

In the storeroom at Groff's Orchard is a bulletin board for recipe exchanges.

"Many customers hurry over to it to see what is new but few remember to bring their own favorite recipes to put up," Carol remarked. She gives two recipes that are her favorites:

### Peach Roll

- 3 cups peaches, sliced
- 2 cups flour
- 3 tablespoons shortening
- 1 cup sour milk
- 3 teaspoons baking powder

Mix the flour, shortening, baking powder and milk together and roll into a rectangle. Cover with peaches and sprinkle with sugar and cinnamon. Roll into a long roll, slice, and place in a baking dish. Cover with the following syrup:

- 1 cup water
- 1 cup sugar
- 1 tablespoon flour

Bake in 400-degree F oven for 10 minutes. Reduce to 375 degrees F and bake as a pie. Serve warm with milk like dumplings.

### Sour Cream Peach Pie

One unbaked pie shell  
Fill shell with one layer of fresh halved peaches.  
Add pieces between the halves.

- Beat:
- 2 eggs
  - 1 cup sour cream
  - 1 cup sugar
  - ½ teaspoon vanilla

Pour sour cream mixture over peaches. Bake at 425 degrees F for 15 minutes. Turn back oven to 375 degrees F for 30 minutes.

When freezing peaches for her family of four, which consists of Carl and her two daughters — Debra, four-years-old, and Kristen, seven-weeks-old — Carol does not use preservatives except in the instance of white peaches which otherwise will turn brown when they thaw. She slices the peaches and sprinkles sugar over them as if she

[Continued on Page 52]

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