

# Homemakers'

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season. For a whole new look, she advised, "look in your closet, take the skirt, make a vest, add a blouse; or take that skirt and add a T-shirt or tunic." She emphasized the fact that women are no longer being dictated to as far as fashion is concerned, pointing out that in regards to style, length, etc., "today anything goes." She mentioned, however, that in home sewing, innerfacing is important in the proper construction of a garment. Suggesting that the ladies consider for example, the foundation of a building, she pointed out that if a solid foundation is not there, "it will fall apart and it's the same with a garment." Demonstrating with samples of clothing and accessories, she went on to illustrate how the new fusible innerfacings (different from the old iron-ons by the fact that they are applied with heat, steam and pressure) are properly applied, accomplishing a finished, professional look. In addition to showing how the innerfacings are used in traditionally innerfaced garment sections, her demonstration included some less well-known uses such as reinforcing a fly front on slacks to prevent puckering, applying laces and appliques without the need for top stitching; and adding body without affecting the stretchability of kint, U-neck shirt openings. Before ending her talk, Rebecca invited the ladies to come up during the break and examine the samples on display and ask any

questions they might have.

Before lunch was served, the group enjoyed "Easy Listening" performed by Mrs. Carol Bressler, vocalist, and Ms. Beverly Perella, pianist. Their program included a Bicentennial composition of folk, country western, spiritual and patriotic songs. During lunch the ladies were treated to a show of spring fashions courtesy of John Wanamakers department store, after which Mrs. Fay B. Strickler, home economist of the Berks County Cooperative Extension Service, addressed the group, commenting that it was the largest crowd ever for a Spring Homemakers Day since she has been serving in the County.

As part of the afternoon program, Mrs. Rebecca Buckwalter spoke to the group on herbcraft. Relating her subject to the Bicentennial theme, she pointed out that early American colonists learned much about herbs from the Indians who used as many as 59 drugs made from herbs. Mrs. Buckwalter owns and operates a shop called "Herbcraft" which is located in Lancaster.

Wrapping up Wednesday's program was Dr. Dortha Kleppinger, a clinician at Planned Parenthood Center of Berks County, who outlined a technique which has been used in Germany for the past 30 years to diagnose problems of the liver, spleen, gall bladder and other body parts in the abdomen area but which is

## Seedlings offered for sale in Chester Co.

Arbor Day is recognized as the day to plant trees. The day was originated to foster interest in forest preservation and to reforest wasted land. This year Arbor Day was celebrated April 30.

On the two days following, the Chester County Conservation District, due to the great response by area residents, will repeat the Tree Seedling Sale held April 24, last week.

As long as supplies hold out, seedlings will be sold at the Downingtown Farmer's Market during regular business hours on April 30 and May 1, which are 12 noon to 10 p.m. on Friday and 10 a.m. until sold out on Saturday.

The Chester County National Secretary's Association will be doing a repeat, only this time, will locate at the Oxford Mall at

the A & P store. This will also be held on Friday evening, April 30 and Saturday May 1, starting around 9 a.m. There had been no previous sale in the Oxford area. Joyce Denilen is chairman.

Weblo Pack No. 104 will take their seedlings to the Super Sunday Celebration in West Chester on Sunday, May 1. They will be available on Market St. during festivities. Joe March, pack leader, is in charge.

The varieties available will be blue spruce, norway spruce and austrian pine. Seedlings will sell for 15 cents each, 10 for \$1.50.

Groups that are doing the selling, retain profits from the sales to further their own programs which are usually conservation oriented. They request buyers to bring a container of some kind for their trees. Planting in-

now being used for the non-surgical sterilization of women. She also cautioned the women about over-reaction to the bad publicity which has been given to the birth control pill, and urged the mothers present to educate their children about

sex, pointing out that the number of illegitimate births is the highest ever. Dr. Kleppinger concluded her talk with a discussion of breast cancer, emphasizing the importance of monthly self-examination and annual medical checkups.

structions are available in printed form to buyers. If further details are needed, you may watch your local papers for advertising pertaining to the sales or call the District office at 696-5126.

have a nice weekend...

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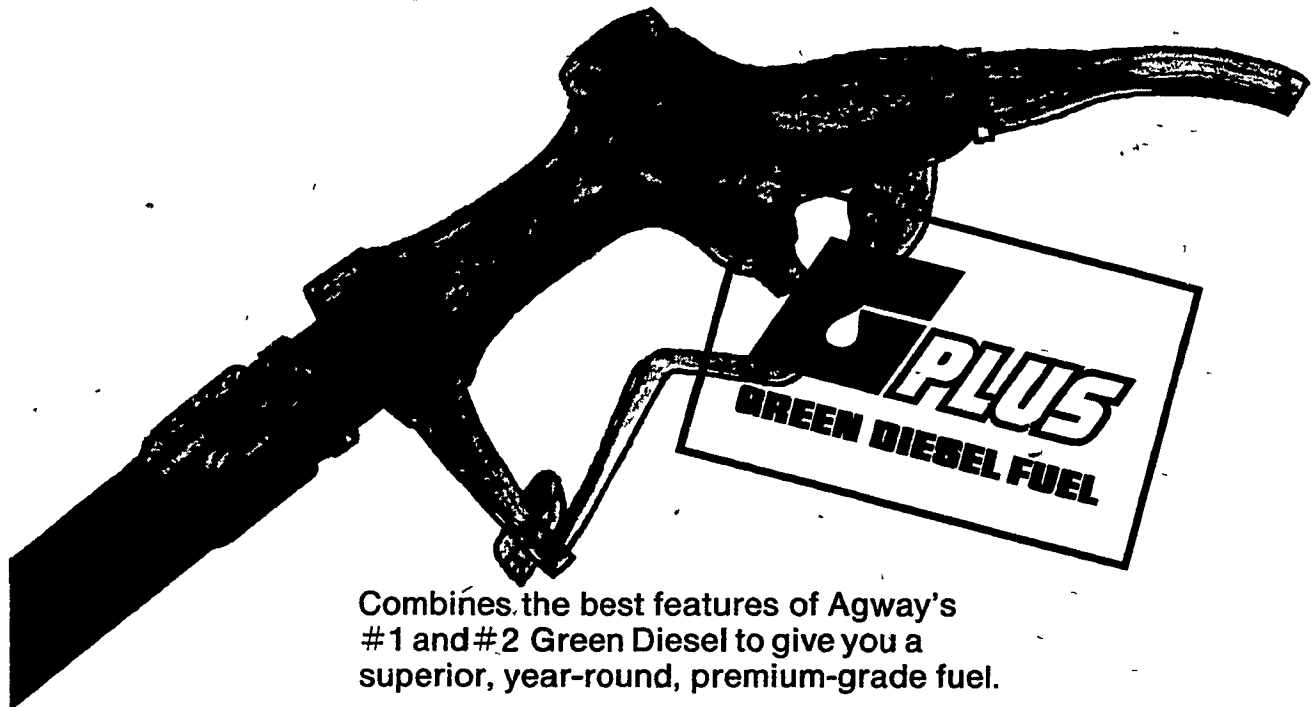
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