

Gardening renews heritage

For anyone who is a garden enthusiast, the bicentennial is an opportunity to renew, strengthen and enrich our gardening heritage. We have many fine gardens that have come down to us from the past. These were in general the gardens of the well-to-do who had the means and the leisure time needed to develop and care for them.

At no time in our history has the interest in gardening - and the means to indulge it - been available to so many people as it is today. Gardens planted now in the spirit of the bicentennial can enrich our lives, the lives of our children and even our children's children.

A bicentennial garden may be anything that you want it to be. It may be a garden of the past, modified and changed to fit the needs of our time. It may be a garden of 1976 based around a patio, a balcony or a rock garden. You can also commemorate the bicentennial by planting a tree. This would be particularly appropriate since a tree lives for many years and throughout its lifespan will remind you of the oc-

casian for which it was planted.

If I were to select one feature or early colonial gardens which is particularly situated for today, I would choose the kitchen garden. This was a utilitarian garden then, providing food for the table and a supply of herbs for the numerous home remedies used for minor ailments.

The kitchen garden was usually laid out in a formal geometric pattern, with walks dividing the area into beds for easy maintenance and access. It was located close to the house for convenience. It was enclosed by a fence to keep out meandering livestock and also to provide shelter for early and tender plants.

A well laid out kitchen garden is just as valuable today as it was in colonial times and it makes an attractive addition to the landscape. Choose an area which has full sun and good drainage. Enclose it with some kind of fence. This can be as simple or elaborate as you like, depending on the general style of the surrounding area.

Divide the garden into beds with walks. These may be some kind of brick or stone, but they don't have to be. The beds should be a minimum of three feet wide to a maximum of six feet. Length will depend on the size of the garden. The beds should be raised and surrounded by an edging of wood or brick. Mulching them will greatly reduce maintenance.

Herbs, flowers and even dwarf fruit trees can be planted in the outside beds. The inside bed or beds are devoted to vegetables. Properly laid out, this kind of garden is an attractive addition to the landscape. It has a permanent framework that gives it year-round interest. It is truly a garden to be proud of, and one which can yield a great deal of pleasure over the years.

Plans for laying out a small kitchen garden, as well as a fact sheet on growing herbs, are available by writing the Delaware Cooperative Extension Service, Mail Room, Agricultural Hall, University of Delaware, Newark, DE 19711.

Braising Poultry

To braise whole poultry, preheat oven to 450 degrees, F for young birds, 325 degrees for more mature ones. Season and brush ready to cook poultry with butter and other fat. Place poultry on a rack in a roaster or heavy pan and cover tightly. Poultry is done when leg joints move easily and flesh on legs is soft and pliable. To brown, uncover for the last thirty minutes of cooking.

Inspect fields

Sustained crop yields are a primary goal of conservation planning, states Karl Hellerick, Soil Conservation Service. Fields that have erosion or have excessive water do not give top yields. Last month, as well as last year, storms caused extensive erosion and water ponding problems for Lebanon County landusers.

Hellerick recommends that landusers tour their properties to see the damages.

Drainageways that have become gullies need to have sod reestablished. Sod waterways with subsurface drainage is one alternative

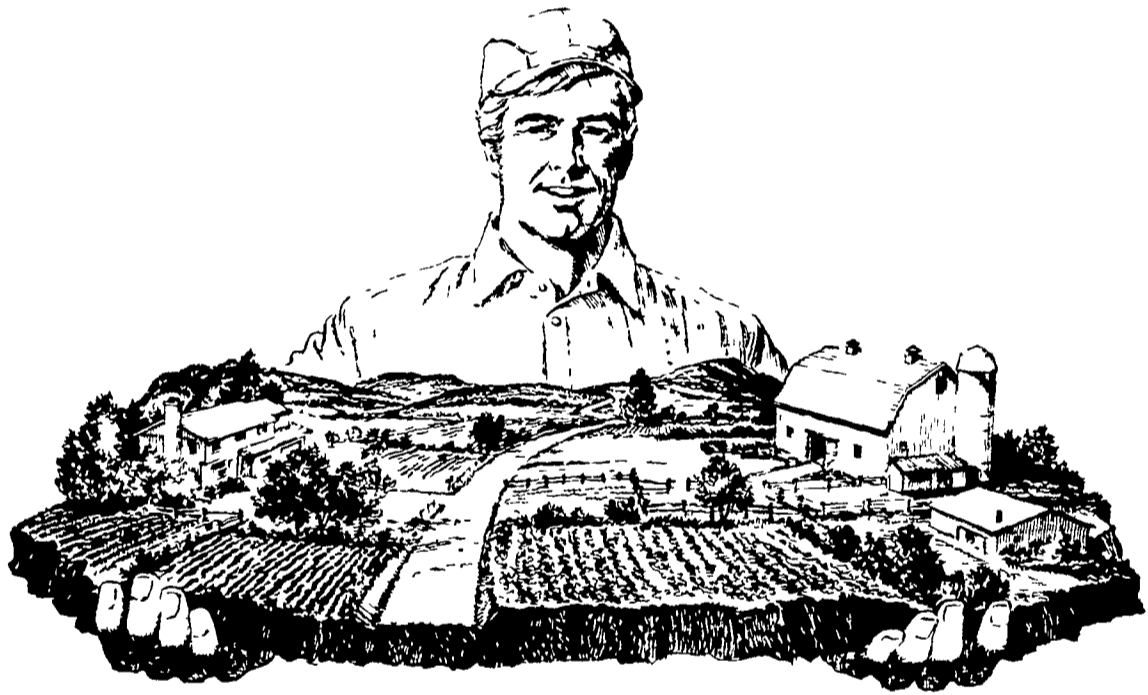
for this excess water disposal problem.

Conservation planning considers the goals and the soil resources, Hellerick states. Each landuser needs to look around his property, whether it be a lot, shopping center, or farm and see what his conservation needs are.

Malnutrition

Severe malnutrition can lower the body's defenses enough so that death can result from common illnesses. Such malnutrition is not common in the United States, but in developing countries, small children are badly damaged by kwashiorkor, inadequate protein, and marasmus, insufficient food of any kind.

HELPING PEOPLE WITH . . . COMPLETE FARM FINANCING THAT'S FARM CREDIT'S JOB



Farm Credit has helped raise the productivity on hundreds of farms. These loans have put time-saving machinery in their fields, labor-saving equipment in their barns and more efficient buildings on their land. Farm Credit's sole reason for existence is to produce a ready source of financing for any sound farm need. Let us serve you.



FOR MORE INFORMATION, CONTACT
YOUR LOCAL COUNTY OFFICE.



STIHL THE WORLD'S LEADER IN CHAIN SAWS MODELS FROM 2 to 16 H.P.

STIHL 020 AVP ELECTRONIC

FREE DEMONSTRATION
Chain Saw — Concrete & Metal Saw Rentals

A & B SALES & SERVICE
2 Miles South of Route 23 Along 772 thru Monterey RD1 Ronks, PA

DAVE'S ENGINE SERVICE
In Rear of Stauffer's Machine Shop
1/4 Mile South of Murreli on Pleasant Valley Road RD3, Ephrata, PA

STOLTZFUS WOODWORK
RD Gap, PA Box 183
1 Mile North Rt 897 From Gap





PLAN NOW TO ATTEND APPRECIATION DAY SALE AND OPEN HOUSE

SATURDAY, MARCH 27

RED ROSE FEED & FARM SUPPLY
DIVISION OF CARNATION
QUARRYVILLE, PA

