# Junior Cooking Edition

# Home on the Range

Cabbage - in its various forms - is one of the most Dutch, it was soon to become widely used vegetables famous in the New England

around the world. First brought to America by the



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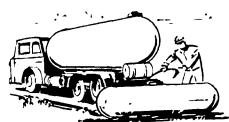
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boiled dinner. Its use in cole slaw and sauerkraut alone has made it a major crop in this country. The early cabbages - in season now are green, conical in shape, and have large curling outer leaves and a rather firm

To cook a cabbage, remove coarse and torn outer leaves and trim the stalk. Either cut the cabbage into several sections, or shred it. Then soak it for a half an hour in salted cold water. After draining, it can be boiled or steamed. When just crisp tender, add butter, salt, and pepper. Or, try sauteeing shredded cabbage in butter, bacon fat, or pork dripping, and then adding a little white wine or stock for



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### Lancaster Farming, Saturday, August 23, 1975—55

braising. Don't oversoak, or it will become soggy. Frozen Custard

Soak two envelopes of gelatine (unflavored) in 1/2 cup cold water. Heat four cups whole milk until hot but not boiling. Remove from heat and add: gelatine, 2 cups sugar, 2 teaspoon vanilla and 1 teaspoon salt. Cool and add 3 cups cream. Put in ice tray and chill in freezer 5-6 hours before freezing. Makes one gallon. Lizzie Esch

New Providence, Pa.

- Ranger Joe Cookies 1 cup shortening
- 1 cup white sugar
- 1 cup brown sugar 2 eggs
- 1 teaspoon vanilla ½ cup chocolate chips
- 1 teaspoon soda
- ½ teaspoon baking powder 2 cups flour
- 2 cups rice cereal
- 2 cups oatmeal
- 1 cup cocoanut
- ½ teaspoon salt ½ cup walnuts

Mix ingredients in the order given and roll into small balls then flatten with a fork. Bake in a moderate

oven for 10 mintues. Rachel Fisher Christiana, Pa.

**Caramel Pudding** 

Place one tablespoon of butter in a pan. Add 1 cup brown sugar and two tablespoons water. Cook till brown. Add one quart of milk. Place a little soda in the milk then beat together 2 tablespoons cornstarch and two eggs, one teaspoon

MAKE

SUMMER FUN TIME. TAKE THE

COOKING

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vanilla and pinch of salt. Stir in cold milk and cook over low heat till thick. When cool add pineapple and peanuts.

Esther Mae Age 8 New Holland

Lovelight Chocolate Cake

2 eggs separated 1½ cups sugar

1% cups sifted cake flour ¾ teaspoon soda % teaspoon salt

one-third cup wesson oil 1 cup buttermilk

½ cup cocoa with hot water Beat egg whites with 1/2 cup sugar. Beat until stiff and fold in cake. Bake at 350 degrees for 30-35 minutes. Mary Ann Shirk

Age 11 Narvon, Pa.

Nut Cake Cream lightly:

1 cup sugar ½ cup shortening Add: 2 beaten egg yolks

1 teaspoon vanilla. Cream the above and sift cups flour,

teaspoons baking powder, ½ teaspoon level teaspoon salt. Add ½ cup milk and other ingredients with 1 cup of nuts. Mix in two beaten egg whites. Bake at 350 degrees for 25-35 minutes.

Icing

½ cup cream

Everybody's Backyard is the Great

1 cup light brown sugar Cook until bubbles form then add ½ cup nuts. Spread while warm.

Warm Morning

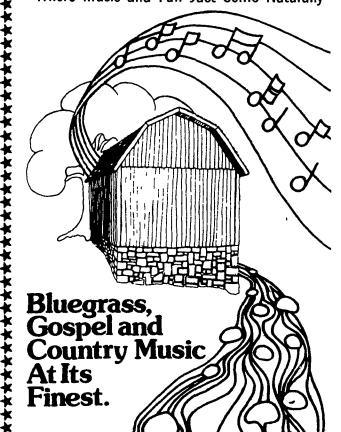
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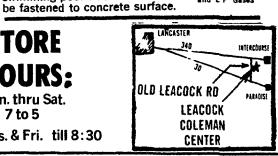
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