

Recipe Exchange

Home on the Range

From chili sauce to spaghetti sauce our recipes this week seem to be quite tasty and timely. We hope you'll try some of them. We're looking forward to receiving some recipes for soups and stews for some of our fall editions - if you have any please send them along to us.

Chocolate Feather Cake

- 1 cup cocoa
- 2 cups sugar
- 3 cups flour
- 2 teaspoons soda
- 1 teaspoon salt
- 2 eggs
- 1 cup soft shortening
- 1 cup hot water
- 1 cup buttermilk
- 2 teaspoons vanilla

Sift dry ingredients together in mixing bowl. Add other ingredients in order given. Bake at 350 degrees for 45 minutes. Makes 3 large layers. A moist chocolate cake.

Mrs. Joe Shirk
Ephrata, Pa.

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Chili Sauce

- 1 basket tomatoes
 - 6 quarts kettle red beets
 - 1½ pound carrots
- Cook and juice tomatoes. Cook red beets and carrots in tomato juice. Add:
- 1 tablespoon paprika
 - ½ cup salt
 - 2 onions
 - 5 cups granulated sugar
 - 3 cups vinegar
 - 2 tablespoons whole allspice
 - 2 tablespoons oregano
 - 2 tablespoons cinnamon

Tie allspice in bag and simmer in chili. Mix well and simmer one hour. Makes 30 pints.

Arlene Weaver
New Holland, Pa.

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Spaghetti Sauce to Can

- ¼ bushel of ripe tomatoes
 - 1 large onion
 - 1 stalk celery
- Grind these last two ingredients (onion and celery) together. Boil until soft and put through food mill.

- ½ teaspoon cloves
- 1 teaspoon celery seed
- 1 teaspoon ground mustard
- ½ teaspoon paprika
- 1 tablespoon salt
- 1½ cup sugar
- 1 cup vinegar
- 3 tablespoons flour or clear jell

Add all ingredients to tomato mixture except flour when it may be added when boiling. Thicken to desire. Makes 14 pints.

Annie Lapp
Pine Grove, Pa.

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Cream Orange Pineapple Salad

- 8½ ounce can crushed pineapple
 - 3 ounces orange jello
 - 3 ounces cream cheese
 - 1 package whipped topping mix
 - 1 carrot grated 1-3 cup
- Drain pineapple reserving juice. Add water to make 1 cup. Heat to boiling. Add cream cheese. Add boiling liquid to jello and cream cheese. Blend with a rotary

beater until smooth. Cool, stirring occasionally. Whip topping and fold into cooled mixture adding carrots and pineapple. Pour into mold. Chill to firm. 8-12 servings.

Lydia Horning
New Holland, Pa.

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Easy Meatball Stroganoff

For meatballs combine 1 pound ground beef, ½ teaspoon salt, ¼ teaspoon pepper, 1 large egg, 1 medium onion minced and ½ teaspoon oregano leaves crushed. Mix ingredients and roll into balls. Brown in a small amount of cooking oil. When meatballs are brown, drain off oil and cover meatballs with one can of cream of mushroom soup diluted with ¼ can of water. Simmer for ½ hours.

Serve meatballs and sauce over buttered noodles.

Mrs. Elayne Connalie
Woody, New York

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September heat wave got you feeling like the last rose of summer? Perk up fast with an impromptu picnic. Pick up the fixings at your delicatessen. Add sparkle to the cold cuts with off-beat relishes. Try cranberry-orange relish with liverwurst. Zip up the skinless franks with apple sauce spiked with horseradish. Chutney or pickled peaches are real taste picker-uppers, too.

Penn State fruit day slated

UNIVERSITY PARK — "Hoop skirt" apple trees, trellis hedgerows, and trees trained to slender spindles will be among featured exhibits for Fruit Day September 4 at the Agricultural Research Center of Penn State University, 10 miles southwest of here on Route 45.

Dwarf apple trees are used in Penn State's experimental orchards. Economic studies rate dwarf apple trees the most profitable for growers with small acreages of suitable sites and adequate finances. While costs of establishing dwarf tree systems are higher than for semi-dwarf and standard systems, trees produce earlier and give higher yields and better quality apples than the other systems.

In charge of a walking tour on September 4 will be Loren D. Tukey, pomologist. He indicated the trellis hedgerows, developed initially for the Penn State over-row harvester, can apply to pick-your-own operations as well as commercial plantings hand picked. Although uncommon in the United States, trellis hedgerows are used widely in Europe.

Slender spindle trees feature a pole supporting the central stem or leader. Such dwarf trees are planted when 2 years old and are designed to produce apples the next year - an instant


orchard. Tukey said this method is noted for early cropping, high yields per acre, and convenience of picking. The slender spindle apple tree, he noted, is used widely in Europe and has attracted the attention of growers in many parts of the world.

The "hoop skirt" apple tree is somewhat like the slender spindle but is a variation developed by Tukey. Most of the crop is located 4 to 5 feet from the ground within easy reach of pickers. As with all dwarf trees, no ladders are needed so pickers can be women and children. The central stem or leader serves as a control

over the skirt. "Hoop skirt" trees require less initial pruning and training than trellis hedgerows and are a little wider than slender spindle trees. This system can be applied to any apple tree, Tukey said.

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Summer it. Broil it. Bake it. Fry it. They're many approaches to preparing taste-tempting meals with sausage. Learn all about them by sending 25 cents in coin and your name and address to: Dept. FSC, 6733 West 65th St., Chicago, Ill. 60638 for your copy of the "Sausage Sampler" booklet.



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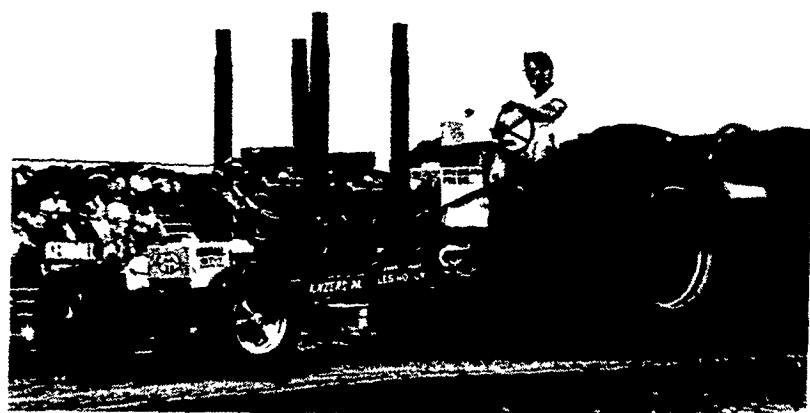
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