

### Beef in demand

Alaskan pipeline construction workers want their steaks, no doubt about it. Recently, when 30 workers showed up for lunch and were told the steaks had run out, they went on a rampage, caused \$3,000 damage to the mess hall, injured two foodservice workers. Popular method of eating at the job site is to reheat precooked meat - using a blowtorch!

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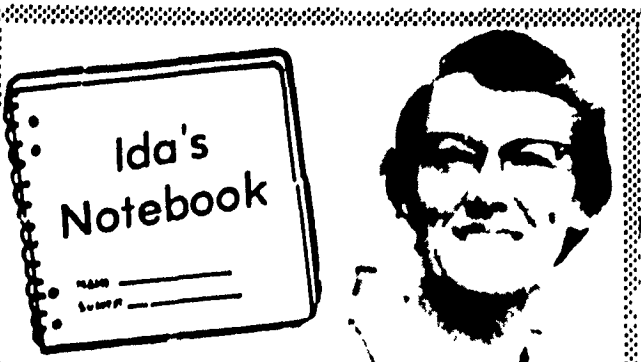
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Ida Risser

It seems the pleasures of our childhoods were more simple than those enjoyed by today's youth. Yesterday I heard a lady describe her family's schedule of eating an early dinner and getting up at a certain time each summer morning in order to be at the swimming pool and take part in their activities. It sounded like a real chore. My six sisters and I didn't swim every day nor even every week but when we had an especially hot day a dip in the creek or just sitting in a cool, rippling stream was a treat. Depending on how secluded a spot we chose, just an old dress was sufficient coverage. Even our great aunt enjoyed sitting on the rocks with her feet in the cold water. Our first bathing suits were all wool and changing to other materials was unpleasant as they

didn't hold body warmth as well.

Oh, memories of the old swimming hole!

xxx

Recently I read a letter written by a woman who deplored the fact that everyone thought she had a "green" thumb because of her abundant supply of vegetables. Now, she knew that her thumb was "black" from all the hard work which went into her garden. Most of us farm wives would agree with her, I'm sure.

The other day when I was picking a box of cherry tomatoes, I remembered something that happened years ago when I put some along the road to sell. They were quickly bought by a neighbor girl and then just as quickly returned. It seems the mother thought they were sour cherries - in

### Farm Calendar Women

Saturday, August 23  
Society 5 meeting at 1:30 p.m.  
Society 4 meeting at 1:30 p.m. for an outdoor meeting at Sico Park in Mt. Joy.  
Monday, August 25  
Society 5 meeting at Berks County 7:30 p.m.  
Wednesday, August 27  
Society 24 meeting at 7:30 p.m.  
Thursday, August 28  
Society 11 meeting for an anniversary luncheon at the Robert Fulton Inn. Dues will be collected.

xxx

Trick or treaters work up mighty hearty appetites. If the hobgoblins are descending on your house to party this Halloween, you'll want plenty of tasty, nourishing food on the table. For trickery with the treats try these ideas created by home economists for Union Carbide's Food Science Institute.

August? Some people simply are not very knowledgeable when it comes to growing food.

### nursing as a career

(Continued from Page 52)

how well they did because they did not raise prices over previous years and still made a nice profit, "despite inflation." Cathy was a member of the Board.

"I never realized before all the work involved in running a business. But I learned that you make profits by patronizing your business."

Cathy's activities are not limited to 4-H. She is a 1975 graduate of Daniel Boone High School and was editor of the school yearbook last year. She was also a basketball statistician, which she says "wasn't hard, but you had to concentrate." She was a member of the Y-teens and the student council. She is also a member of St. Paul's Lutheran Church Douglassville.

In September Cathy will enter the University of Pennsylvania Hospital School of Nursing. She said she chose nursing because "I like working with people, and nursing is a profession you can really work with people." She said she did not choose a home economics-related field because "I don't want to be a school teacher and I didn't want to go into extension work because it is a 24-hour job. Later I want a family."

Cathy says she enjoys living on a farm and much prefers country life to city life, although her mother pointed out with a laugh that she'll soon get to see the other side when she enters nursing school.

Her views on the outlook for dairying are that "farmers must band together. Any other group joins together and is strong, but every farmer is in competition with every other farmer. The dairy industry could be one of the strongest unions and could get anything done, if the farmers could just get together," Cathy said.

In her spare time, what little there is, Cathy enjoys sewing and making crafts. She also likes baking and cooking, and says her favorite milk recipe is rice pudding.

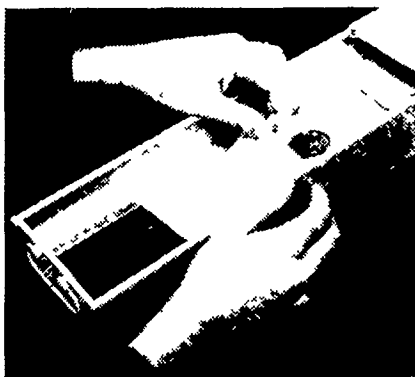
She works part time on a near-by golf course in the snack bar, and is already at work promoting the dairy industry by dispensing a drink which is half chocolate milk and half cola. She says everyone thinks it's very refreshing!

If she continues to put that kind of promotional ability to use for the dairy industry, Cathy Yanos will be a big asset to the Berks County dairymen.

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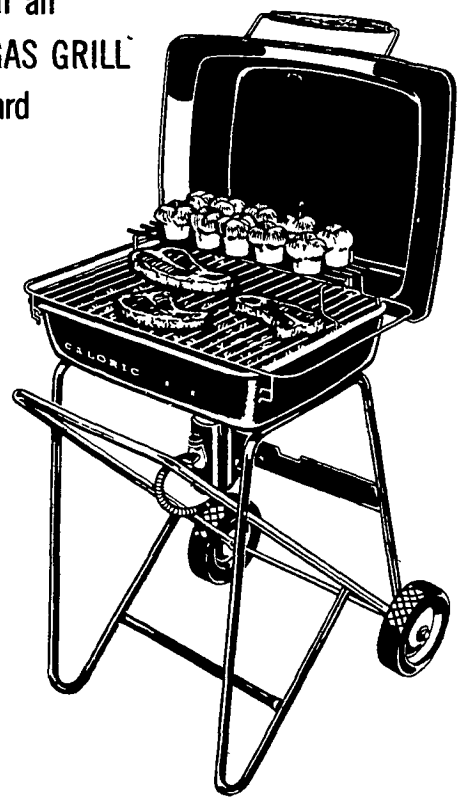
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