12-Lancaster Farming, Saturday, August 23, 1975

York teams take four first places

Editor's Note: County's 4-H Achievement August, with four first place participants Dav University Park did con- us a week ago from the siderably better than was University's Extension reported in last week's issue. Service office made no They came through the mention of that fact.

York activities, held in mid at teams. Results furnished to

With 60 4-H'ers participating, York County had one of the largest groups of qualifiers for the 4-H Achievement Days which [Continued on Page 22]



Straight shooting all the way down the line earned these archers the first place team title at the 4-H Achievement Days held earlier this month at the Penn State campus. The York County team made a clean

sweep of the contest, with Susan Jones, left, as high individual, with team mates, Jeff Wise, center, and Karl Daugherty placing third and second, respectively. Shown with the, team is Lee Jinks, state 4-H leader.

York County 4-H members were first place winners in the Dairy Judging Contest held at State 4-H Achievement Days. From left are: Cinrly Rutter, high individual in the

contest, York; Paul Knight, Airville. Cindy Knight 11th individual, Airville and Leonard Greek, 8th individual. Delta; and Lee Jinks, State 4-H Leader.

ThousandsVie for Recipe Prizes

calories

granulated sugar substitute thousands of recipes in a contest that required only the use of white and/or brown Sugartwin

Twenty-five women from 18 states were selected as winners and each received a beautiful cluded Date nut cake, stuffed four-piece silver coffee service cabbage, caraway green beans, valued at \$350

and tastes like sugar but has 91 roons

American women love to per cent fewer calories and is a cook and bake—but they hate calories

Contestants were asked to Sugartwin, the low calorie submit recipes in any category - pies, cookies, cakes, beverages, non-dessert items, topmade by Alberto-Culver Com- ages, non-dessert items, top-pany, proved this by attracting dripk made with Successful drink made with Sugartwin. Culinary creativity was welcomed. Recipes were judged for originality, taste and overall appeal.

> The 25 winning recipes inorange julius, chewy Cheddar

Recipes in any category were cut-ups, mock pecan pie, broweligible as long as they were mies, a wide variety of cookies, made with Sugartwin, which nut bread, pork balls in sauernot only looks, pours, measures kraut nest and coconut maca-



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