

Farm Life

(Continued from Page 38)

1/4 cup sugar
1 teaspoon salt

3 1/4 tablespoons melted shortening

Measure 4 1/2 cups Occident Bread Flour into the above mixture. Beat well for 3 minutes. Add another 4 1/2 cups flour (Add 1 cup at a time and blend with spatula. The last cup should be spread out on cutting board and used in kneading the bread.) Knead for 5 minutes. Put back into large bowl. Cover and let rise for 1/2 hour. Punch down and rise another 1/2 hour. Punch down and turn dough around and rise it another 1/2 hour. Knead a bit and shape into loaves. Place into pans and prick each with fork several times, cover with damp cloth and raise loaves for about 2 hours. Bake 30 minutes at 350 degrees. Remove from oven and brush with butter. Let stand in pans for a few minutes. Place on cooling rack. This recipe will make four one pound loaves. (The Occident Bread Flour is purchased at C.O. Nolt's Mill, Bird-in-Hand.)

Apple Butter (Oven Method)

7 pounds apples (16 cups sauce)

3 pounds brown sugar

1 cup vinegar or cider

2 tablespoons powdered cinnamon or 1 cup of crushed pineapple

Cook apples until soft and press through a sieve. Add remaining ingredients and put into oven.

Bake 3 hours at 350 degrees. Stir occasionally. Pour into jars and seal. Makes 5 quarts.

Homemade Ice Cream
(6 quarts vanilla)

Into large mixing bowl put:

2 1/2 cups sugar

8 eggs

Beat until thick and lemon colored.

Add:

1 can evaporated milk

1 can condensed milk

1 pt. heavy cream

Mix well and add:

1 1/2 qt. whole milk

4 teaspoons vanilla

This recipe is very smooth and creamy.

Lasagne

1 large box lasagne noodles

2 1/2 lb. ground beef

1 large onion (sauteed)

1 pt. tomato paste

2 qt. tomato juice (thickened and sweetened)

1/2 teaspoon oregano

1/2 teaspoon parsley

1 bay leaf

1 teaspoon crushed basil

1 lb. Mozzarella cheese

1 small box cottage cheese

Cook noodles. Brown ground beef and sautee onion. Mix all of the ingredients except noodles and cheese and simmer 1 hour. Use large cake pan, 13 x 9 x 2 1/2. Put sauce in bottom. Then 2 layers of noodles. Then sauce, cheeses. Continue alternate layers of noodles. Then sauce, cheeses. Sprinkle with Parmesan cheese. Bake at 375 degrees for one hour.

Chicken A La King

1/4 cup chopped onion

2 tablespoons chopped green pepper

3 tablespoons butter

3 tablespoons flour

1 can Campbell's chicken broth

1/4 cup milk

2 tablespoons chopped pimento

1 1/2 cups cooked cubed chicken

In sauce pan, cook onion and pepper in butter until tender. Blend in flour. Cook a few minutes, stirring constantly. Remove from heat. Stir in the broth and milk, a little at a time. Cook, stirring until thickened, add remaining ingredients. Heat, Stir often. May be served over toast or in prepared patty shells. Pastry recipe follows:

Pastry (2 Double Crusts)

3 cups flour

1 teaspoon salt

1 1/4 cups shortening

1 egg, well beaten

5 tablespoons water

1 tablespoon vinegar

Cut shortening into the flour and salt. Combine egg, water, and vinegar. Pour liquid into flour mixture all at one time. Blend with spoon until moistened.

This is an easy crust to handle and can be re-rolled without toughening. Keeps in refrigerator 2 weeks.

Chow Chow

1 qt. carrots

2 qt. celery

1 qt. soup beans

1 qt. pickles

2 qt. yellow beans

2 qt. corn

1 qt. limas

15 peppers

SYRUP:

3 qt. vinegar

2 oz. whole mustard

2 tablespoons celery seed

3 qt. sugar

1 teaspoon turmeric

1/2 oz. ground mustard

Boil vegetables separately until soft. Make syrup, combine vegetables and pour syrup over them, bring to boil and fill jars

Chicken Barbecue Sauce

1/4 pt. cooking oil

1 pt. vinegar

1 pt. water

4 oz salt

2 tablespoons Worcestershire sauce

Soak cut up barbecue pieces in sauce 1/2 hr. before placing on grill. Fry over charcoal 1 1/2 hrs. basting with the sauce occasionally.

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York County 4-H Pig Round-Up at the Sechrist Auction Stewartstown.

4-H Home Economics Leaders meeting on judging 1:00 p.m. at the Lancaster Farm and Home Center. Dessert buffet.

Tuesday, July 8

Mt. Joy Cooking Club meeting at the United Methodist Church in Mt. Joy 11:00 a.m.
Penn Willow 4-H Club

meeting and skating party.
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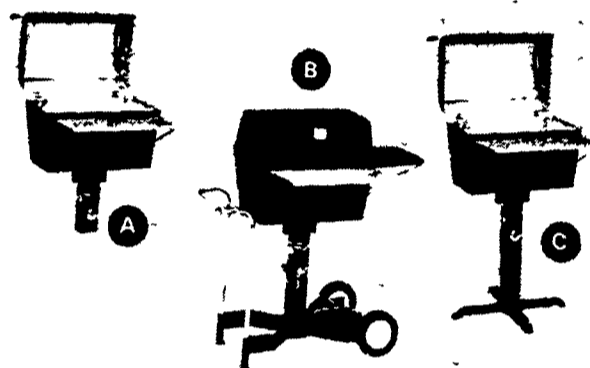
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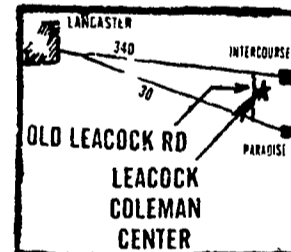
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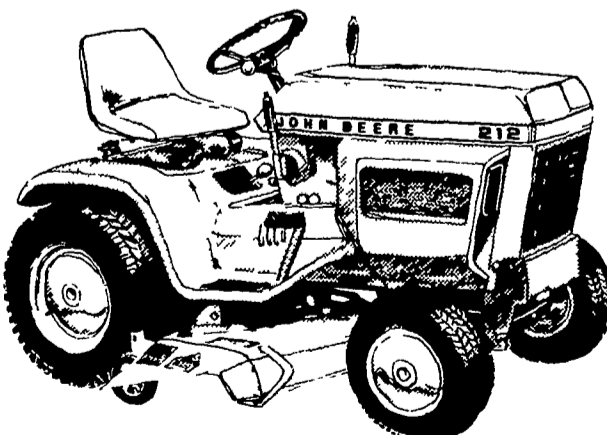
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