

# Junior Cooking Edition

Recipes come in many forms and perhaps one of the most interesting is this one which follows. It is a recipe for a Happy Home which is quite meaningful.

The Junior Cooks even responded to our request for grape nuts recipes and we are sharing one with our

readers this week.

A Happy Home Recipe

- 4 cups of love
- 2 cups of loyalty
- 3 cups of forgiveness
- 1 cup friendship
- 5 spoons of hope
- 2 spoons tenderness
- 4 quarts of faith
- 1 barrel of laughter

Take love and loyalty, mix it thoroughly with faith. Blend it with tenderness, kindness and understanding. Add friendship and love and sprinkle abundantly with laughter. Bake with sunshine. Serve daily with generous helpings.

Annie Smucker  
Age 7  
Lancaster, PA

Mary Ann Drop  
Cookies

- 5 eggs
- 3 cups brown sugar
- ½ cup butter
- ½ cup lard
- 1 cup cream
- 1 tablespoon soda
- 1 tablespoon baking powder
- Mix ingredients and add

flour enough to drop. Bake in a moderate oven until done.  
Mary Stoltzfus  
Age 11  
Kirkwood, PA

xxx

Sponge Cake

- 1½ cups flour
- 1½ cups sugar
- 5 eggs, well beaten separately
- ½ cup cold water
- 1 teaspoon baking powder
- ¼ teaspoon salt
- ¼ teaspoon cream of tartar
- 1 teaspoon vanilla
- Sift dry ingredients together except cream of tartar. Mix it with egg whites. Beat water with egg yolks until thick. Then add sugar and other ingredients. Bake in a tube pan for one hour at 350 degrees.

Elaine Nolt  
Age 10  
Ephrata, PA

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Cottage Cheese

- 1½ gallons sour milk
- 1 teaspoon salt
- ½ cup cream

Heat milk slowly until it is too hot to hold your finger in it. Drain thoroughly in a cloth bag or strainer. Let stand in bag overnight to drain thoroughly. When dry crumble cheese curds and add the salt. When serving add the sweet and mix thoroughly. Makes about 3½

Barbara Wenger  
Age 12  
New Holland, PA

xxx  
Homemade  
Grape Nuts

- 3½ cups graham flour
- 1 cup brown sugar or ¾ cup syrup
- 2 cups buttermilk or sour milk
- 1 teaspoon salt
- 1 teaspoon soda
- Sift flour. Measure and add soda and salt. Sift again. Add sugar to flour and mix thoroughly. Add buttermilk to dry ingredients. Beat until smooth. Spread dough ¼ inch thick on flat greased pans. Bake at 375 for approximately 15 minutes or until crisp and golden brown. Let cool thoroughly and grind through a food chopper. Crisp in oven just before serving.

Barbara Wenger  
Age 12  
New Holland, PA

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Honey Milk Balls

- ½ cup honey
- ½ cup peanut butter
- 1 cup dry milk powder
- ½ cup oatmeal
- ½ rice crisped cereal
- Work together and shape into small balls.

Joyce Hursh  
Mt. Joy, PA

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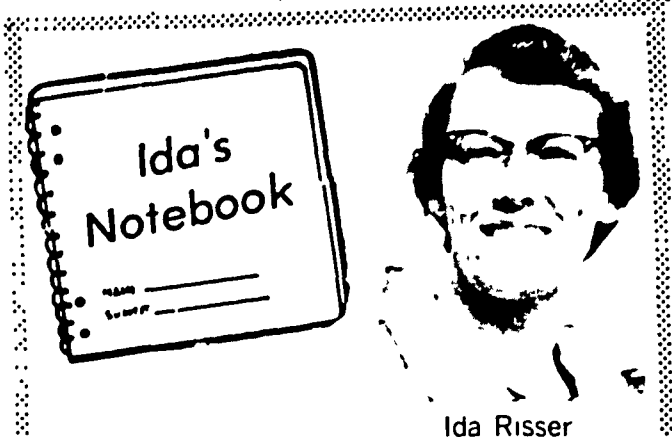
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Ida Risser

School is out, the children are home and we must set up a new schedule of who does what and when. It will take a few days to assign responsibilities but I'm certainly looking forward to help with strawberry picking.

Judy has a summer job with a Lancaster Resort hotel and works six days a week preparing food. So I've lost my one big helper. I'm sure Cindy will try to fill her shoes and prepare our meals as she prefers this work to weeding the garden.

xxx

Last month a big bus drove down our long lane, stopped and out poured 78 kindergartners. The first thing this lively, chattering group saw was three calves tied in a nearby field for them to pet. Some of them quickly ran to the meadow fence to get a closer look at the cow which was bawling loudly to her calf. Some thought all

the calves belonged to her. (We did have twin heifer calves the other day.)

Allen gave small groups a tour of the milking parlor and let them climb the ladder to peer into the 1000 gallon tank. Some inspected a nest of five kittens while others went to watch our pet rabbits. As we have several 4-H pigs, they asked what the different breeds were in the pen and found out how an electric fence operates.

They looked at the garden and thought beans were growing on the pea fences. Some mothers asked what those low plants with white blossoms were in the long rows. They didn't recognize strawberries nor blueberry bushes. When they told me this was a very educational tour for the children I felt like adding and also for the parents but I didn't.

## Lehigh Dairy Club

The Lehigh Dairy Calf Club had their monthly meeting recently at the Farm Credit Office in Fogelsville. The corrected project books were returned to the members.

Speakers for the evening were Mr. Kauffman and Mr. O'Brian from Agway who discussed different types of livestock buildings.

The next meeting will be June 17 at 8:00 p.m. at Ralph Urmy's farm. There will be a demonstration by Daryl Urmy on fitting.

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