

Peanut Butter Has Variety of Uses

Peanut butter is more than a sandwich spread, and now is the time to discover how much more than a sandwich spread it is. Extension specialists at The Pennsylvania State University suggest using peanut butter with appetizers, soups, main dishes, vegetable dishes, sauces, dressings, breads, cakes, pies, cookies, desserts, frostings, and confectionary delights. In addition to that old standby, peanut butter and jelly sandwiches, you can make creative dishes with peanut butter.

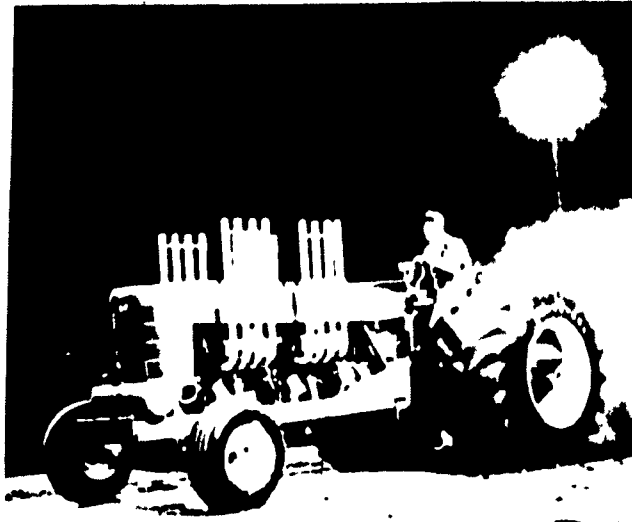
Beans and peanut butter together mean a doubly protein-rich luncheon dish. Stir peanut butter into cold baked beans and heat, or serve as is. Heap into toasted

hot dog buns, if you like, and garnish with pickle relish.

For an appetizer, stir crisp bacon crumbles and mashed banana into peanut butter and serve on brown bread or crackers.

To make a peanutty milk shake add two tablespoons of peanut butter and one teaspoon of sugar or honey to a cup of reconstituted nonfat dry milk, and shake well.

Biscuits and muffins are delicious when you make them with peanut butter. Put some peanut butter in biscuits in place of part of the fat. Peanut butter muffins call for one-third cup peanut butter, worked into two cups of flour. Reduce the fat called for in your recipe by one-half, according to the Extension specialists.



One of the entrants in last Saturday night's tractor pull competition at the Buck Track, in Southern Lancaster County.

Buck Tractor Pull Results

Buck Tractor Pullers held a competition last Saturday night, May 31, at the track in Buck. Winning drivers in that competition, their addresses, tractors and distances are listed below.

12,000-lb. Super Stock

1 - Michael Wright, New Freedom, Pa., I.H. 1066, 268'8"; 2 - Thomas Bedgar, Freeland, Md., I.H. 806, 212'10"; 3 - Amos Stauffer, Ephrata, Pa., DEUTZ 8006, 158'4".

5,000-Super Stock

1 - Curtis Stoltz, Lebanon, Pa., Leyland 384, Full Pull; 2 - Charles Welsh, Gap, Pa., Case 800, 269'11"; 3 - Dale Smoker, Cochranville, Pa., A.C. 180, 260'5".

9,000-lb. Super Stock

1 - Michael Wright, New Freedom, Pa., I.H. 1066, 271'10"; 2 - Thomas Savage, Damascus, Md., J.D. 4010, 222'0"; 3 - Thomas Bedgar, Freeland, Md., I.H. 806, 207'4".

7,000-lb. Modified

1 - Glenn Darnell, Laytonsville, Md., Cockshutt 40-2-427 Chevys, 272'8"; 2 - Lester Landis, Lititz, Pa.,

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The invitation, "Come over for a bowl of soup," is one of the big things in today's entertainment scene. Started last winter, it is continuing throughout the year because it is a casual way of entertaining; it's less expensive than many other foods, and it's homey and friendly. Most popular soups are those which are chowder or chowder-like-thick, rich, creamy with milk or cheese because they are filling and satisfying, thus taking the place of a main dish.



It was once thought that a necklace made of seeds from a plant called Job's Tears could cure sore throat and diphtheria.

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