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Want to Find a New Recipe? **Read** Home on the Range.

DID YOU KNOW? By Jamie THE FIRST WOMAN TO SWIM COOK STRAIT IN NEW ZEALAND WAS LYNNE COX THIS 18-YEAR OLD CALIFORNIAN MADE THE TRIP IN 12 **HOURS.** ROUGH SEAS BETWEEN THE NORTH AND SOUTH ISLANDS CAUSED HER TO SWIM ABOUT 20 MILES INSTEAD OF 13. AT ONE STAGE, IT TOOK HER 1/2 HOUR TO GO 400 YARDS BECAUSE OF STRONG CURRENTS IN 1973 MISS COX SET THE WOMEN'S MARK FOR SWIMMING THE ENGLISH CHANNEL 9 HOURS, 36 MINUTES. OVER 41 MILLION GALS. OF WATER PLUNGE OVER THE HOT LINE WAS FIRST USED IN 1967 HORSESHOE FALLS WHEN FIGHTING ERUPTED EVERY HOUR! BETWEEN ISRAEL AND ARABS

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