

# LADIES, HAVE YOU HEARD?



By Doris Thomas, Extension Home Economist

**Common Sense Energy Saving Tips**  
Cleanliness is a great energy saver. Filters are dirt and grime collectors and should be kept clean. Clogged filters will make appliances such as furnace, air-conditioner or clothes dryer work overtime to push the air through them. The same principle is true of overfull vacuum cleaner bags. Not only is energy wasted, continually overworking the motors will

shorten their life. Sparkling clean reflector pans under surface units and ovens are less likely to waste cooking heat. A good refrigerator and freezer seal that keeps cold air in, warm air out, is dependent on clean gaskets, free from soil and grease build-up. Other "energy-clean" ideas to get the greatest effect from your light bulb, keep them see-through clean. Also remember, clean windows let in more of the sun's light.

Repair leaky faucets to eliminate wasteful loss of water. By rescheduling certain activities to the low-demand or off-peak periods, you can help relieve the energy shortage. The high-use period is from 8:00 a.m. to 8:00 p.m. Monday through Friday. If you schedule your laundering, dishwashing and bathing into the slack period, the impact of the energy shortage can be reduced.

Each one of these ideas may represent a very small savings in energy, however, when added together and multiplied by the millions of homes in the world, the savings can be astounding. We need to reprogram ourselves into an energy

saving style of living and help our young people learn how to save energy. It is tomorrow's generation and all future generations, who are going to feel the full impact of the energy crunch.

Using an appliance to its full capacity makes dollar sense and energy sense. For example, a full wash load makes optimum use of hot wash water and heat for drying. It also means appliances are used less often so they will last longer. The same principle is true for dishwashers.

Let your ironing wait for a one-time job, also, start with the coolest setting and work up to the hottest.

Keep in mind that refrigerators and freezers use less energy when full than they do when only partially filled. Fill your oven when you use it and then freeze the extra to help keep your freezer full. This not only saves mechanical energy, but human energy as well, and it is so nice to have extra food on hand already prepared for quick meals or unexpected guests.

Develop the "turn-off" habit. This starts with turning off the lights and television when not in use, however, that is just the beginning.

Other good "turn-off" habits include: stopping the dishwasher at the end of the rinse cycle and partially opening the door to allow the dishes to air dry. Turning off the oven 15 to 30 minutes before the food is done, allows the food to finish cooking with residual heat.

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# Farm Women Societies

## Berks Co. Society 1

For the April meeting, eighteen members and one guest of the Berks Co. Society of Farm Women 1 visited the Hamburg State School. Members were met by Miss Springate, who is in charge of Volunteer Services at the School. Through her members learned about the different degrees of retardation and the needs of the children in custody at the school. Many of the needs are supplied by volunteer help. After the very interesting orientation

discourse she gave members a tour of a few wards comparing the severely retarded and the lesser degrees of retardation.

After the tour the group had a short business meeting. Thank you notes were received from Betty

Drey, the Snyder Family, and the Cancer Society.

The next meeting, on May 14, will be held at the Pikeville Sportsmen Club to celebrate the 35 anniversary. The time will be 7:30.

June meeting will be held at Grace Schaeffer's instead of Joanne Penkauskas's.

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Manufacturer liquidating - color wood Early American Dining Room Suites w-Herculon seats. Colors are - yellow - red - blue & green. Real sharp, don't miss this deal. Reg. \$339.95. OUR PRICE \$159.95.

Manufacturer made up book cases - end tables - desks - bars & bar stools for famous name brand - on our floor now under wholesale - don't miss this deal.

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15 - STEREO COMPONENTS - AM-FM stereo - turntable - 12 speaker system - walnut cabinet & speakers - 200 watt IPP. Reg. \$309.95. OUR PRICE \$149.95.

6 - 4 channel STEREO COMPONENTS - complete. Reg. \$349.95. OUR PRICE \$189.95.

Many 4 channel stereo components & stereo components & consoles of every shape, size & flavor to choose from. Hundreds.

14 - solid state 23" & 25" COLOR T.V.'s refused from dealer in Cleveland. 23" - reg. \$589.95 OUR PRICE \$449.95. 25" - reg. \$709.00 OUR PRICE \$509.00.

3 - COLOR PORTABLE T.V.'s 13" - reg. \$329.95. OUR PRICE \$239.95. 18" & 19" all sold under wholesale.

9 - STEREO COMPONENT 8 track - T-T - AM-FM stereo & speakers Reg. \$349.95. OUR PRICE \$139.95.

TAPES - reg. \$4.98 OUR PRICE \$2.00 ea.

21 - sets BOX SPRINGS & MATTRESSES - extra firm reg. \$299.95 OUR PRICE \$149.95 set. We also have twin, queen & king size (guarantee)

11 - RECLINERS - reg. \$179.95. OUR PRICE \$79.95 Herculon & Nagh. Many more to choose from.

Hundreds of dining room sets of tables, chairs, hutches - refused from local & surrounding areas - all flavors.

Grandfather & Grandmother Clocks.

Manufacturer contacted us on bedroom suites they couldn't sell to store due to business being a little slow - sold to us at great savings on floor now at great savings. 6 - Sofas - reg. \$329.95. OUR PRICE \$99.95. 5 - Chairs - reg. \$149.95. OUR PRICE \$39.95. 4 - 12" Gas Chain Saw - reg. \$179.95 OUR PRICE \$95.00.

4 - Bunk Bed Sets - Reg. \$289.95 OUR PRICE \$149.95. 9 - Bunk Bed Sets - reg. \$339.95 OUR PRICE \$179.95.

Liquidating for local firm 10 sofa & chair sets Early American reg. \$569.95. OUR PRICE \$265.00.

Local appliance dealer went out of business - we purchased their T.V. stock - combos & portables - on floor at great savings.

50 - End tables and cocktail sets refused from area dealers - brand new - on our floor now - 40 percent to 50 percent off.

16 - Hide-a-Beds - Reg. \$369.95. OUR PRICE \$179.95

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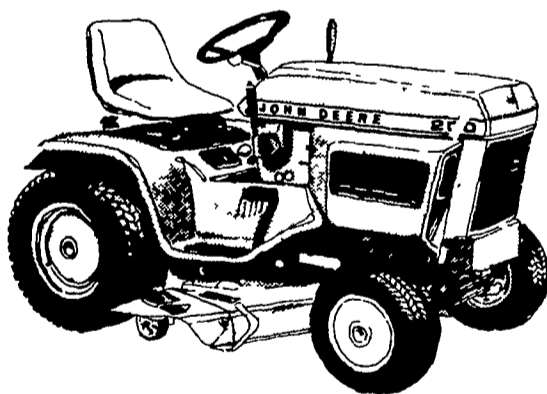
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