

# 4-Hers Kick-off Season With Expo

by Sally Bair  
Farm Feature Writer

The 4-H program no longer is limited just to cows and cooking, and next week 4-H Expo will take over the Watt and Shand Mall at Park City Shopping Center to show what the 3500 4-H members in Lancaster County are doing.

Exhibits, demonstrations and live animals will be used to draw attention to the 4-H program in the County and tell the general public the 4-H story.

Fifteen local clubs will vie for prize money to be awarded by Park City Associates for the exhibits they have designed.

4-H Expo at Park City will officially open Thursday morning, March 13 and conclude on Saturday, March 15.

According to Anne Hinkel, assistant extension home economist, the exhibits will represent a fair cross section of projects available to 4-H members in this county. There will be exhibits telling about the traditional animal projects and cooking and sewing, but some information on newer projects also will be featured.

Penn Willow 4-H Club will stress bicycle safety in their exhibit, featuring bicycles donated for the occasion by the J. C. Penney Company. Another exhibit will feature cake decorating. And one exhibit which will be sure to attract a lot of interest will have live animals - a kid, a lamb and a calf.

A large walk-through exhibit will explain the entire scope of the program by means of a slide presentation and visuals. According to Miss Hinkel there will also be a general information booth to be manned by 4-H'ers and local leaders. At this booth, interested persons can obtain specific information and look over some of the individual project books - and can sign up to become members or leaders.

All day Saturday demonstrations will be given to spark the interest of passers-by. Included will be demonstrations on macrame, crocheting, outdoor cooking, meat buying and photography. A bake sale will also be held on Saturday with proceeds going to the County Council for county projects.

Miss Hinkel said the purpose of 4-H Expo is two-fold. One purpose is to "promote 4-H and show outsiders what it is about and to explain how we try to meet the needs of youth wherever they have needs." But an equally important purpose, she said, "is to expand the limits of our own members and get them working together on a county



Members of the Landisville Klassy Klippers Klub are from left Sandy Arnold, Nancy Weaver and Nancy Mays. Members cut out letters to be used on their exhibit.



Gary Akers (left) and Greg Landis work on the exhibit for the dairy clubs.

the beginning of 4-H, 1900; the McCormick Reaper, 1851; the first railroad in Lancaster, 1834; and others.

With the increased interest in economizing in all areas, the Landisville Klassy Klippers Klub chose to do their exhibit on the economies of home sewing. It will be called "4-H Sewing Makes Cents," and the major theme of the exhibit will be comparing the cost of a home sewn skirt and blouse to a purchased outfit of like style and quality.

Mrs. Earl Mays, Lancaster, organizational leader for the club, said they decided to do this exhibit not to criticize the clothing industry, but to point out some of the advantages of home sewing. "The big thing," she said, "is the price. Sewing your own saves labor which accounts for a large part of the price of a purchased garment." Other advantages of sewing your own, Mrs. Mays said, is "the choice of fabric and color. But the biggest incentive remains the cost."

Mrs. Mays added that her club has grown tremendously in the last few years, reflecting a greater interest in sewing. She said, "We have a lot of nine-year-olds each year, which must mean mothers are interested in having their children learn to sew."

June Grube, Manheim R6, president of the club, explained why the girls took the trouble to make an exhibit for the 4-H Expo. She said, "Yes, it's a lot of work, but it's our responsibility as a club to make county projects go."

If you've been thinking about joining a 4-H club or would like to become a volunteer leaders, make sure you take time to visit Park City next week and get in the spirit. It will be possible to sign up as a member or a leader and it will be a good opportunity to learn about the wide scope of 4-H activities.

4-H Expo will demonstrate how 4-H'ers in Lancaster County are working together "To Make The Best Better."



Lynn Cover (left) and Beth Foltz add some finishing touches to "A Living Windbreak," which is part of their forestry exhibit.

## Country Corner

with: Melissa Piper  
ASSOCIATE EDITOR

### 4-H Kick-off

With spring around the corner, can 4-H season be far behind? 4-Hers in Lancaster County will be beginning their 1975 4-H season with an Expo display at the Park City Shopping Mall March 13-15.

Nearly 20 4-H groups will be telling the story of 4-H by displays and demonstrations that will range from cooking to animal care.

With the many new projects that 4-H offers today, the youth already involved, are hoping to reach other young people in the area who may not be quite so informed on the program.

If you're in the area, I suggest stopping by to see the display as many 4-Hers have put much time and effort into their displays!

### "Almost Heaven"

If you've heard John Denver's folk song "Country Roads" you know that he described West Virginia as "almost heaven." Well the folks down that way are inviting you to see their state first hand while enjoying their annual Mountain Heritage Arts and Crafts Festival which will be held June 6, 7, 8 at Harper's Ferry.

The Festival is unique in that the participants are rigidly screened to provide only the best in the old arts and crafts and to avoid an over abundance of repetition.

Some of the crafts to be demonstrated include vegetable dying, wool spinning, wood carving and apple butter making.

Admission is \$2 per person which includes parking and \$1 for children 6-17. Harper's Ferry is located about 1 hour from Baltimore. For more information write the Mountain Heritage Festival, Jefferson Co Chamber of Commerce, 200 E Washington St. Charles Town, W Va 25414.

event. This will show that there is more to 4-H than just individual clubs working on a local level."

Presently there are nearly 3500 members in 4-H clubs in Lancaster County, with 350 adults serving as volunteer leaders in 76 clubs. There are 5000 projects being taken, with a variety of 100 projects available to 4-H'ers.

Although 4-H week is traditionally celebrated in the fall, Miss Hinkel said it is hoped that 4-H Expo will act as a "kick-off" for spring activities. She said, "Since most of the county clubs are just now getting organized, this will serve as an incentive to get new members and leaders, and get them involved in the program from the beginning as we approach the more active time of the year."

One exhibit which is sure to attract interest is called "A Living Forest," and was designed by Lynn Cover and Beth Foltz, members of the Mountville 4-H Community Club with the assistance of their leader, Leroy Reitz, RD Washington Boro.

Beth and Lynn are the only members taking the project and they said they chose it because they enjoy growing things. They have learned to identify trees without leaves, as well as learning about the various aspects of the forest. Their club requested that they prepare the exhibit for Expo because this forestry project is unique in the County.

The exhibit is divided into several parts and shows "A Living Forest," "A Living Windbreak," and "A Living Calendar."

The girls have constructed a miniature forest in an aquarium which shows the distinct layers found in the forest - including the canopy, the understory, shrubs and herbs, which is both flowers and grass. They also will show the floor of the forest, both the top soil and sub soil.

Lynn described the purpose of using a windbreak around your home or farm, saying that it conserves fuel, attracts birds, slows down the wind and beautifies your property. She added that a windbreak should be on the north or west sides of a home for maximum effectiveness. The third part of this exhibit is a cross section of a branch of the old sycamore tree located near the Centerville Road, reportedly the oldest living tree in the state.

The concentric circles which designate the age of a tree will be easily visible, and important historical dates over the past 200 years will be noted on the cross section. Among dates to be included on the growth of the tree are the introduction of hybrid corn, 1933; World War I, 1918;