



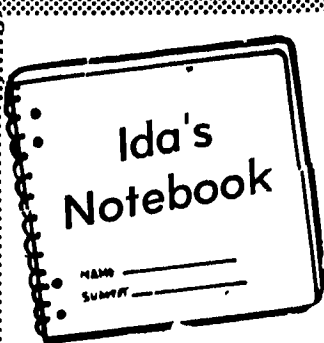
Canned pear syrup, molasses and aromatic spices flavor a sweet and pungent sauce for a hearty entree of meatballs and canned Bartlett pears. The meatballs, a savory mixture of seasoned beef and pork, simmer briefly in the spicy sauce. The canned pear halves are added to gently heat through, and the entree is ready to serve over steaming hot rice.

Pacific Coast canned Bartlett pears are always an appealing addition to a meat platter, and are especially ideal for dressing up less-expensive cuts. Delicate and pleasing in flavor, they adapt easily to a wide range of exciting menu ideas.

Spiced Meatballs And Pears

- | | |
|-------------------------------------|-------------------------------------|
| 1 (29 oz.) can Bartlett pear halves | 1/2 cup chopped Sweet Spanish onion |
| 1/4 cup molasses | 1/2 cup dry bread crumbs |
| 1/4 cup vinegar | 1/2 cup milk |
| 1 teaspoon whole cloves | 1 egg |
| 1 stick cinnamon | 1 1/2 teaspoons salt |
| 1/4 teaspoon salt | 1/4 teaspoon pepper |
| 1 pound ground beef | 1/4 teaspoon nutmeg |
| 1/2 pound ground pork | 1 tablespoon cornstarch |

Drain pears, reserving syrup. Simmer pear syrup, molasses, vinegar, cloves, cinnamon and 1/4 teaspoon salt for 10 minutes. Combine remaining ingredients except cornstarch. Shape into balls and fry in hot oil until browned on all sides and cooked through. Pour pear syrup mixture over meatballs and cook over low heat 5 minutes. Thicken liquid with cornstarch dissolved in 1 tablespoon cold water. Add canned pear halves and heat through. Serve over hot steamed rice. Makes 6 servings.



Ida Risser

As far as I'm concerned, you'll be reading this article on Washington's Birthday or Feb. 22. Now I know, the banks were closed Feb. 17, to celebrate his special day so that many people could have a three day weekend.

Sometimes I ponder how the three day weekends are used — to make household repairs, to travel and visit or just eat, sleep and watch television. It is surprising that Valentine's Day wasn't moved to a Monday also.

Long ago I became the first full time female employee for a farm cooperative. Even after working there for eight years, there were only six girls among the 75 employees. Now those were ideal working conditions and we enjoyed all the attention

we got; long before women's "lib."

Cooperatives have played an important part in the lives of several of my children too. My daughter was given a trip to Michigan when she was fifteen and won in a milk co-op competition. Both of my sons have taken tests which enabled them to participate in state and national co-op meetings.

Cooperation is important in completing a family project or building a barn. Just after a co-op meeting recently, we had a chance to practice what we preach as a farmer was unable to start his car. Before he had a chance to worry about getting home another car drove up and with jumper cables, he was soon on his way.

Last month I had an opportunity to practice cooperation also, as I took bologna to a butcher to be sliced and overwhelmed him with almost 400 lbs. Since he was alone in his shop, I put on a butcher apron and helped "skin them" or rather cut and pull the muslin bags off the 18 lb. bolognas. In a short time I was headed home with the

wonderful task ahead of wrapping the meat for the freezer.

IMPORTED FOODS

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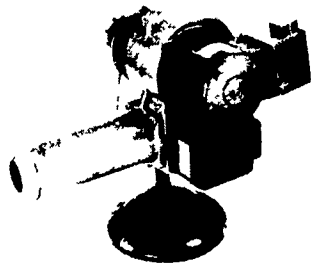
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