

**Recipe Exchange. . .**

# Home on the Range

This week we are featuring another corn bread recipe. If you have a family favorite recipe for the same dish please send it along.

We have been receiving a number of requests for recipes, especially desserts that use a sugar substitute, for health as well as monetary reasons. We would appreciate receiving any of your recipes that feature a sugar substitute either in liquid or powdered form.

**Corn Bread**

- 1/2 cup sugar
- 1/2 cup lard
- 2 eggs
- 1 cup corn meal
- 2 cups flour
- 1/2 teaspoon salt
- 1 1/2 teaspoons soda
- 1 1/2 cups buttermilk

Mix sugar, lard and eggs

adding corn meal salt and soda. Add flour alternately with milk. Bake at 375 degrees for 30-35 minutes or until tooth pick comes out clean.

Julia Stauffer  
New Holland

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**Grandmother's Gingerbread**  
1/2 cup brown sugar  
1/2 cup vegetable shortening  
2 eggs

- 1/4 cup molasses
- 1/4 cups sifted flour
- 1/4 teaspoon salt
- 1/4 teaspoon baking powder
- 1 teaspoon baking soda
- 1 1/4 teaspoon ginger
- 1 teaspoon cinnamon
- 1/4 teaspoon ground cloves
- 1/2 cup hot water

In a large bowl combine brown sugar, shortening, eggs and molasses. Blend

well. Combine flour, salt, soda and baking powder and spices gradually blend into molasses mixture. Blend in hot water, pour batter into greased and floured 9x9x2 inch baking pan. Bake at 350 degrees for 25-30 minutes. Serve warm with citrus fluff.

Millie Danile  
Wildwood, Florida

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**Cranberry Salad**  
1 pound of cranberries  
4 oranges add the rind of 1 peel  
4 apples unpeeled  
4 cups sugar

Grind the fruit with a little coarse meat grinder. Add sugar and mix well.

Edna Hurst  
Denver

xxx

**Graham Cracker Fluff**  
Filling:

Soak 1 package of gelatine in one-third cup water. Mix 1/2 cup sugar, 3/4 cup rich milk and 2 egg yolks. Cook for one minute, stirring all the time. Remove from heat, add gelatine and 1 teaspoon vanilla. Chill until mixture begins to thicken. Then add 2 stiffly beaten egg whites and 1 cup cream whipped.

Crumbs:  
Melt 1 1/2 tablespoon butter and 3 tablespoons brown sugar together. Mix with

crushed graham crackers. Line bottom of dish with 1/2 crumbs and pour in pudding cover with remaining crumbs. Chill.

Edna Hurst  
Denver

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**Date Balls**  
1 cup chopped dates  
1 cup sugar  
1/4 pound butter  
1/4 teaspoon salt  
2 eggs, beaten

Mix all ingredients in saucepan. Cook until slightly thickened or 10 minutes. Remove from heat and add 1/4 cup chopped nuts and 2 cups rice cereal. Cool and shape into balls, roll in fine coconut.

Mrs. Noah Hurst  
Leola

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**Chocolate Cookies**  
4 eggs  
4 cups brown sugar  
2 cups cocoa  
2 cups butter  
2 cups milk  
6 cups flour  
4 teaspoons soda  
4 teaspoons vanilla

Beat eggs and sugar, cocoa, butter and stir. Add flour, soda, vanilla and milk. Drop by teaspoons and bake. (No baking instructions included)

Mrs. Mable Hoover  
Leola

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**Tropical Pudding**  
3 eggs, beaten  
3 tablespoons flour  
3/4 cup sugar  
approximately 1 cup

## Outgrown Shoes

Unlike other articles of clothing, shoes can't be altered to fit. Mrs. Ruth Ann Wilson, Extension clothing and textiles specialist at The Pennsylvania State University, explains that shoes normally stretch and conform to the shape of the foot after several wearings. And once molded to a foot, the shoe won't remold to another. Forcing a child's foot to conform to the shape of a shoe will only cause problems in later years.

- pineapple juice
- 1/2 cup water
- Cook all ingredients together until thick. Cool thoroughly and add:
- 4 sliced bananas
- 1 cup miniature marshmallows
- 1 cup pineapple tidbits, optional
- 1/2 cup walnuts, optional

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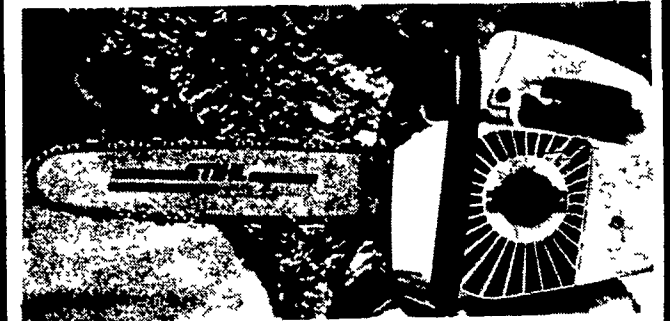
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